

# Tatjana Van Strien

## List of Publications by Year in descending order

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Version: 2024-02-01

105  
papers

9,715  
citations

47006

47  
h-index

37204

96  
g-index

107  
all docs

107  
docs citations

107  
times ranked

6194  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | The Dutch Eating Behavior Questionnaire (DEBQ) for assessment of restrained, emotional, and external eating behavior. <i>International Journal of Eating Disorders</i> , 1986, 5, 295-315.      | 4.0 | 2,719     |
| 2  | The predictive validity of the Dutch Restrained Eating Scale. <i>International Journal of Eating Disorders</i> , 1986, 5, 747-755.  | 4.0 | 328       |
| 3  | Assessment of emotional, externally induced and restrained eating behaviour in nine to twelve-year-old obese and non-obese children. <i>Behaviour Research and Therapy</i> , 1997, 35, 863-873. | 3.1 | 301       |
| 4  | The children's DEBQ for assessment of restrained, emotional, and external eating in 7- to 12-year-old children. <i>International Journal of Eating Disorders</i> , 2008, 41, 72-81.             | 4.0 | 292       |
| 5  | Causes of Emotional Eating and Matched Treatment of Obesity. <i>Current Diabetes Reports</i> , 2018, 18, 35.  | 4.2 | 252       |
| 6  | Relations between negative affect, coping, and emotional eating. <i>Appetite</i> , 2007, 48, 368-376.   | 3.7 | 251       |
| 7  | Emotional Eating, Rather Than Lifestyle Behavior, Drives Weight Gain in a Prospective Study in 1562 Employees. <i>Journal of Occupational and Environmental Medicine</i> , 2011, 53, 1287-1293. | 1.7 | 225       |
| 8  | Eating style, overeating, and overweight in a representative Dutch sample. Does external eating play a role?. <i>Appetite</i> , 2009, 52, 380-387.  | 3.7 | 216       |
| 9  | Validation of the eating disorders inventory in a nonclinical population using transformed and untransformed responses. <i>International Journal of Eating Disorders</i> , 1994, 15, 387-393.   | 4.0 | 200       |
| 10 | Emotional eating as a mediator between depression and weight gain. <i>Appetite</i> , 2016, 100, 216-224.  | 3.7 | 184       |
| 11 | The Stice model of overeating: Tests in clinical and non-clinical samples. <i>Appetite</i> , 2005, 45, 205-213.   | 3.7 | 168       |
| 12 | Possible pathways between depression, emotional and external eating. A structural equation model. <i>Appetite</i> , 2009, 53, 245-248.  | 3.7 | 167       |
| 13 | Gender differences in the association between alexithymia and emotional eating in obese individuals. <i>Journal of Psychosomatic Research</i> , 2006, 60, 237-243.                              | 2.6 | 152       |
| 14 | Effects of distress, alexithymia and impulsivity on eating. <i>Eating Behaviors</i> , 2007, 8, 251-257.   | 2.0 | 141       |
| 15 | Eating style, overeating and weight gain. A prospective 2-year follow-up study in a representative Dutch sample. <i>Appetite</i> , 2012, 59, 782-789.   | 3.7 | 141       |
| 16 | Emotional, external, restrained eating and overweight in Dutch adolescents. <i>Scandinavian Journal of Psychology</i> , 2007, 48, 23-32.  | 1.5 | 140       |
| 17 | Depression, emotional eating and long-term weight changes: a population-based prospective study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 28.     | 4.6 | 139       |
| 18 | Tendency toward overeating and restraint as predictors of food consumption. <i>Appetite</i> , 2003, 40, 291-298.  | 3.7 | 129       |

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|----|---|-----|-----------|
| 19 | Moderation of distress-induced eating by emotional eating scores. <i>Appetite</i> , 2012, 58, 277-284.  | 3.7 | 128       |
| 20 | Parental behaviour and adolescents' emotional eating. <i>Appetite</i> , 2007, 49, 223-230.  | 3.7 | 113       |
| 21 | On the relationship between emotional and external eating behavior. <i>Addictive Behaviors</i> , 1995, 20, 585-594.   | 3.0 | 103       |
| 22 | Restraint, tendency toward overeating and ice cream consumption. <i>International Journal of Eating Disorders</i> , 2000, 28, 333-338.  | 4.0 | 95        |
| 23 | Restrained eating and BMI: A longitudinal study among adolescents.. <i>Health Psychology</i> , 2008, 27, 753-759.   | 1.6 | 94        |
| 24 | Perceived parental control of food intake is related to external, restrained and emotional eating in 7-12-year-old boys and girls. <i>Appetite</i> , 2007, 49, 618-625.                                 | 3.7 | 91        |
| 25 | Construct validation of the Restraint Scale in normal-weight and overweight females. <i>Appetite</i> , 2007, 49, 109-121.   | 3.7 | 90        |
| 26 | Exposure to slim images in mass media: Television commercials as reminders of restriction in restrained eaters.. <i>Health Psychology</i> , 2008, 27, 401-408.  | 1.6 | 89        |
| 27 | Validity of self-reported weight and height and predictors of weight bias in female college students. <i>Appetite</i> , 2008, 50, 386-389.  | 3.7 | 87        |
| 28 | Relations between dietary restraint, depressive symptoms, and binge eating: A longitudinal study. <i>International Journal of Eating Disorders</i> , 2006, 39, 700-707.                                 | 4.0 | 86        |
| 29 | The dieting dilemma in patients with newly diagnosed type 2 diabetes: Does dietary restraint predict weight gain 4 years after diagnosis?. <i>Health Psychology</i> , 2007, 26, 105-112.                | 1.6 | 78        |
| 30 | Dietary restraint and body mass change. A 3-year follow up study in a representative Dutch sample. <i>Appetite</i> , 2014, 76, 44-49.   | 3.7 | 78        |
| 31 | Cortisol reactivity and distress-induced emotional eating. <i>Psychoneuroendocrinology</i> , 2013, 38, 677-684.   | 2.7 | 70        |
| 32 | The predictive validity of the DEBQ's external eating scale for eating in response to food commercials while watching television. <i>International Journal of Eating Disorders</i> , 2012, 45, 257-262. | 4.0 | 69        |
| 33 | Emotional, external and restrained eating behaviour and BMI trajectories in adolescence. <i>Appetite</i> , 2013, 67, 81-87.   | 3.7 | 68        |
| 34 | Eating behavior, personality traits and body mass in women. <i>Addictive Behaviors</i> , 1985, 10, 333-343.   | 3.0 | 66        |
| 35 | Counterregulation in female obese emotional eaters: Schachter, Goldman, and Gordon's (1968) test of psychosomatic theory revisited. <i>Eating Behaviors</i> , 2003, 3, 329-340.                         | 2.0 | 66        |
| 36 | Emotional eating in adolescents: A gene (SLC6A4/5-HTT) x Depressive feelings interaction analysis. <i>Journal of Psychiatric Research</i> , 2010, 44, 1035-1042.  | 3.1 | 66        |

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|----|--|-----|-----------|
| 37 | Validation of the Dutch EDI-2 in One Clinical and Two Nonclinical Populations1. <i>European Journal of Psychological Assessment</i> , 2003, 19, 66-84.   | 3.0 | 66        |
| 38 | The concurrent validity of a classification of dieters with low versus high susceptibility toward failure of restraint. <i>Addictive Behaviors</i> , 1997, 22, 587-597.  | 3.0 | 64        |
| 39 | The validity of Dietary Restraint Scales: Comment on Stice et al. (2004).. <i>Psychological Assessment</i> , 2006, 18, 89-94.  | 1.5 | 62        |
| 40 | Success and failure in the measurement of restraint: Notes and data. , 1999, 25, 441-449.  |     | 59        |
| 41 | Parental control and the dopamine D2 receptor gene (DRD2) interaction on emotional eating in adolescence. <i>Appetite</i> , 2010, 54, 255-261.   | 3.7 | 59        |
| 42 | Ice-cream consumption, tendency toward overeating, and personality. <i>International Journal of Eating Disorders</i> , 2000, 28, 460-464.  | 4.0 | 58        |
| 43 | Eating styles and energy intake in young women. <i>Appetite</i> , 2009, 53, 119-122.   | 3.7 | 58        |
| 44 | Relationship between eating styles and temperament in an Anorexia Nervosa, Healthy Control, and Morbid Obesity female sample. <i>Appetite</i> , 2014, 76, 76-83.   | 3.7 | 57        |
| 45 | The Effect of Television Viewing on Adolescentsâ€™ Snacking: Individual Differences Explained by External, Restrained and Emotional Eating. <i>Journal of Adolescent Health</i> , 2006, 39, 448-451.                               | 2.5 | 55        |
| 46 | Intake of energy is best predicted by overeating tendency and consumption of fat is best predicted by dietary restraint: A 4-year follow-up of patients with newly diagnosed Type 2 diabetes. <i>Appetite</i> , 2008, 50, 544-547. | 3.7 | 54        |
| 47 | The Mindful Eating Behavior Scale: Development and Psychometric Properties in a Sample of Dutch Adults Aged 55 Years and Older. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 1277-1290.e4.                | 0.8 | 51        |
| 48 | The bold and the beautiful. Influence of body size of televised media models on body dissatisfaction and actual food intake. <i>Appetite</i> , 2008, 51, 530-537.  | 3.7 | 50        |
| 49 | The effects of TV commercials using less thin models on young women's mood, body image and actual food intake. <i>Body Image</i> , 2009, 6, 270-276.   | 4.3 | 50        |
| 50 | Dietary restraint: Intention versus behavior to restrict food intake. <i>Appetite</i> , 2007, 49, 100-108.   | 3.7 | 49        |
| 51 | The mediation effect of emotional eating between depression and body mass index in the two European countries Denmark and Spain. <i>Appetite</i> , 2016, 105, 500-508.   | 3.7 | 49        |
| 52 | Depression and eating styles are independently associated with dietary intake. <i>Appetite</i> , 2019, 134, 103-110.   | 3.7 | 49        |
| 53 | On the relationship between dieting and ?obese? and bulimic eating patterns. , 1996, 19, 83-92.  |     | 47        |
| 54 | Restraint Scale, its sub-scales concern for dieting and weight fluctuation. <i>Personality and Individual Differences</i> , 2002, 33, 791-802.   | 2.9 | 47        |

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|----|--|-----|-----------|
| 55 | Side effects of television food commercials on concurrent nonadvertised sweet snack food intakes in young children. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 1328-1333.   | 4.7 | 47        |
| 56 | Internal Structure and Measurement Invariance of the Dutch Eating Behavior Questionnaire (DEBQ) in a (Nearly) Representative Dutch Community Sample. <i>European Eating Disorders Review</i> , 2016, 24, 503-509.                                      | 4.1 | 47        |
| 57 | Eating styles in major depressive disorder: Results from a large-scale study. <i>Journal of Psychiatric Research</i> , 2018, 97, 38-46.  | 3.1 | 46        |
| 58 | Is desire to eat in response to positive emotions an "obese" eating style: Is Kumperspeck for some people a misnomer?. <i>Appetite</i> , 2016, 100, 225-235.   | 3.7 | 45        |
| 59 | Sex differences in young adults' snack food intake after food commercial exposure. <i>Appetite</i> , 2011, 56, 255-260.  | 3.7 | 40        |
| 60 | Hunger, inhibitory control and distress-induced emotional eating. <i>Appetite</i> , 2014, 79, 124-133.   | 3.7 | 40        |
| 61 | Is comfort food actually comforting for emotional eaters? A (moderated) mediation analysis. <i>Physiology and Behavior</i> , 2019, 211, 112671.  | 2.1 | 40        |
| 62 | Measuring thinpiration and fear of fat indirectly. A matter of approach and avoidance. <i>Appetite</i> , 2011, 56, 451-455.  | 3.7 | 39        |
| 63 | Maternal behaviors and restrained eating and body dissatisfaction in young children. <i>International Journal of Eating Disorders</i> , 2009, 42, 54-61.   | 4.0 | 38        |
| 64 | Perceived parental food controlling practices are related to obesogenic or leptogenic child life style behaviors. <i>Appetite</i> , 2009, 53, 151-154.   | 3.7 | 35        |
| 65 | A systematic review and secondary data analysis of the interactions between the serotonin transporter 5-HTTLPR polymorphism and environmental and psychological factors in eating disorders. <i>Journal of Psychiatric Research</i> , 2017, 84, 62-72. | 3.1 | 35        |
| 66 | Absence of a disinhibition effect of alcohol on food consumption. <i>Eating Behaviors</i> , 2003, 4, 323-332.  | 2.0 | 32        |
| 67 | The direct effect of thin ideal focused adult television on young girls' ideal body figure. <i>Body Image</i> , 2011, 8, 26-33.  | 4.3 | 27        |
| 68 | Dieting, dissatisfaction with figure, and sex role orientation in women. <i>International Journal of Eating Disorders</i> , 1989, 8, 455-462.  | 4.0 | 26        |
| 69 | Watching your weight? The relations between watching soaps and music television and body dissatisfaction and restrained eating in young girls. <i>Psychology and Health</i> , 2009, 24, 1035-1050.   | 2.2 | 24        |
| 70 | Longitudinal relationships between fathers', mothers', and adolescents' restrained eating. <i>Appetite</i> , 2009, 52, 461-468.  | 3.7 | 24        |
| 71 | Maternal encouragement to be thin moderates the effect of commercials on children's snack food intake. <i>Appetite</i> , 2010, 55, 117-123.  | 3.7 | 24        |
| 72 | Predictors of Outcome for Cognitive Behaviour Therapy in Binge Eating Disorder. <i>European Eating Disorders Review</i> , 2015, 23, 219-228.   | 4.1 | 24        |

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|----|--|-----|-----------|
| 73 | Are Most Dieters Unsuccessful? An Alternative Interpretation of the Confounding of Success and Failure in the Measurement of Restraint. <i>European Journal of Psychological Assessment</i> , 1997, 13, 186-194. | 3.0 | 23        |
| 74 | Mediation of emotional and external eating between dieting and food intake or BMI gain in women. <i>Appetite</i> , 2020, 145, 104493.  | 3.7 | 22        |
| 75 | Increased body satisfaction after exposure to thin ideal children's television in young girls showing thin ideal internalisation. <i>Psychology and Health</i> , 2012, 27, 603-617.                              | 2.2 | 21        |
| 76 | How do life style factors relate to general health and overweight?. <i>Appetite</i> , 2012, 58, 265-270.   | 3.7 | 21        |
| 77 | Inner Body and Outward Appearance: The Relationships Between Appearance Orientation, Eating Disorder Symptoms, and Internal Body Awareness. <i>Eating Disorders</i> , 2005, 13, 479-490.                         | 3.0 | 20        |
| 78 | Susceptibility for thin ideal media and eating styles. <i>Body Image</i> , 2008, 5, 70-79.   | 4.3 | 20        |
| 79 | Undereating or eliminating overeating?. <i>American Psychologist</i> , 2008, 63, 202-203.  | 4.2 | 20        |
| 80 | Dialectical behavior therapy adapted for binge eating compared to cognitive behavior therapy in obese adults with binge eating disorder: a controlled study. <i>Journal of Eating Disorders</i> , 2020, 8, 27.   | 2.7 | 19        |
| 81 | Overeating and sex-role orientation in women. <i>International Journal of Eating Disorders</i> , 1988, 7, 89-99.   | 4.0 | 18        |
| 82 | Effects of Emotional Eating and Short Sleep Duration on Weight Gain in Female Employees. <i>Journal of Occupational and Environmental Medicine</i> , 2014, 56, 659-666.  | 1.7 | 18        |
| 83 | The association of eating styles with weight change after an intensive combined lifestyle intervention for children and adolescents with severe obesity. <i>Appetite</i> , 2016, 99, 82-90.                      | 3.7 | 18        |
| 84 | Intuitive Eating. <i>European Journal of Psychological Assessment</i> , 2020, 36, 19-31.   | 3.0 | 18        |
| 85 | Comparison of the Eating Disorder Inventory (EDI) in the Netherlands, Austria and Italy. <i>European Eating Disorders Review</i> , 2008, 16, 472-479.  | 4.1 | 17        |
| 86 | Predicting distress-induced eating with self-reports: Mission impossible or a piece of cake?. <i>Health Psychology</i> , 2010, 29, 343-343.  | 1.6 | 17        |
| 87 | Parenting quality in infancy and emotional eating in adolescence: Mediation through emotion suppression and alexithymia. <i>Appetite</i> , 2019, 141, 104339.  | 3.7 | 15        |
| 88 | Exposure to slim images in mass media: Television commercials as reminders of restriction in restrained eaters.. <i>Psychology of Popular Media Culture</i> , 2011, 1, 48-59.                                    | 2.4 | 13        |
| 89 | How Do Physical Activity, Sports, and Dietary Restraint Relate to Overweight-Associated Absenteeism?. <i>Journal of Occupational and Environmental Medicine</i> , 2010, 52, 858-864.                             | 1.7 | 12        |
| 90 | Depressive Symptoms and Emotional Eating: Mediated by Mindfulness?. <i>Mindfulness</i> , 2019, 10, 670-678.  | 2.8 | 12        |

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| 91  | Dialectical behavior therapy compared to cognitive behavior therapy in binge eating disorder: An effectiveness study with 6-month follow-up. <i>International Journal of Eating Disorders</i> , 2022, 55, 902-913. | 4.0 | 12        |
| 92  | Similarities and reciprocal influences in eating behavior within sibling pairs: A longitudinal study. <i>Eating Behaviors</i> , 2007, 8, 464-473.  | 2.0 | 11        |
| 93  | In defense of psychosomatic theory: A critical analysis of Allison and Heshka's critical analysis. <i>International Journal of Eating Disorders</i> , 1995, 17, 299-304.   | 4.0 | 10        |
| 94  | Season of birth, the dopamine D4 receptor gene and emotional eating in males and females. Evidence of a genetic plasticity factor?. <i>Appetite</i> , 2015, 90, 51-57.   | 3.7 | 10        |
| 95  | Eating less than required versus eating less than desired. The criterion problem in the validity studies of Williamson et al. (2007). <i>Appetite</i> , 2008, 50, 548-549.   | 3.7 | 9         |
| 96  | Psychometric Properties of the Dutch Version of the Eating Disorder Inventory-3. <i>SAGE Open</i> , 2013, 3, 215824401350841.  | 1.7 | 9         |
| 97  | Application of three different coaching strategies through a virtual coach for people with emotional eating: a vignette study. <i>Journal of Eating Disorders</i> , 2021, 9, 13.                                   | 2.7 | 9         |
| 98  | Duration of breastfeeding is associated with emotional eating through its effect on alexithymia in boys, but not girls. <i>Appetite</i> , 2019, 132, 97-105.   | 3.7 | 6         |
| 99  | Parent-Infant Attachment Insecurity and Emotional Eating in Adolescence: Mediation through Emotion Suppression and Alexithymia. <i>Nutrients</i> , 2021, 13, 1662.   | 4.1 | 5         |
| 100 | Restrained Eating is Related to Augmented Overweight-Associated Absenteeism in a Prospective Study. <i>Journal of Occupational and Environmental Medicine</i> , 2011, 53, 663-668.                                 | 1.7 | 2         |
| 101 | Dieting and Overeating. , 2020, , 1237-1257.   |     | 2         |
| 102 | Gender-schematic processing: An extended replication of the Larsen and Seidman study. <i>European Journal of Personality</i> , 1994, 8, 59-74.   | 3.1 | 1         |
| 103 | Emotional Eating Scale. , 2015, , 1-7.   |     | 1         |
| 104 | Emotional Eating Scale. , 2017, , 338-344.   |     | 0         |
| 105 | Dieting and Overeating. , 2019, , 1-21.  |     | 0         |