

Fiona Yan-Yee Ho

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1172103/publications.pdf>

Version: 2024-02-01

33
papers

1,642
citations

361413

20
h-index

414414

32
g-index

35
all docs

35
docs citations

35
times ranked

2524
citing authors

#	ARTICLE	IF	CITATIONS
1	Self-administered acupressure for insomnia disorder: A randomized controlled trial. <i>Phytomedicine</i> , 2022, 99, 153993.	5.3	9
2	Assessing dietary, exercise, and non-pharmacological modalities within psychiatric hospitals. <i>General Hospital Psychiatry</i> , 2022, 76, 31-35.	2.4	0
3	Lifestyle medicine for anxiety symptoms: A meta-analysis of randomized controlled trials. <i>Journal of Affective Disorders</i> , 2022, 310, 354-368.	4.1	13
4	Lifestyle medicine for depression: A meta-analysis of randomized controlled trials. <i>Journal of Affective Disorders</i> , 2021, 284, 203-216.	4.1	43
5	The efficacy of integrated cognitive behavioral therapy (CBT) and acupressure versus CBT for insomnia: a three-arm pilot randomized controlled trial. <i>Sleep Medicine</i> , 2021, 87, 158-167.	1.6	6
6	Sleep and Mood Disturbances during the COVID-19 Outbreak in an Urban Chinese Population in Hong Kong: A Longitudinal Study of the Second and Third Waves of the Outbreak. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8444.	2.6	18
7	Effects of a group-based lifestyle medicine for depression: A pilot randomized controlled trial. <i>PLoS ONE</i> , 2021, 16, e0258059.	2.5	5
8	Smartphone-delivered multicomponent lifestyle medicine intervention for depressive symptoms: A randomized controlled trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 970-984.	2.0	12
9	Insomnia identity and its correlates in adolescents. <i>Sleep and Breathing</i> , 2020, 24, 717-724.	1.7	4
10	Treating depression with a smartphone-delivered self-help cognitive behavioral therapy for insomnia: study protocol for a parallel group randomized controlled trial. <i>Trials</i> , 2020, 21, 843.	1.6	7
11	Prevalence of sleep disturbances during COVID-19 outbreak in an urban Chinese population: a cross-sectional study. <i>Sleep Medicine</i> , 2020, 74, 18-24.	1.6	68
12	The effect of self-help cognitive behavioral therapy for insomnia on depressive symptoms: An updated meta-analysis of randomized controlled trials. <i>Journal of Affective Disorders</i> , 2020, 265, 287-304.	4.1	37
13	Massage therapy for the treatment of attention deficit/hyperactivity disorder (ADHD) in children and adolescents: A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , 2019, 42, 389-399.	2.7	23
14	Self-administered acupressure for insomnia disorder: a pilot randomized controlled trial. <i>Journal of Sleep Research</i> , 2018, 27, 220-231.	3.2	28
15	A population-based 2-year longitudinal study of insomnia disorder in a Chinese population in Hong Kong. <i>Psychology, Health and Medicine</i> , 2018, 23, 505-510.	2.4	5
16	Predictors of Daytime Consequences of Insomnia: The Roles of Quantitative Criteria and Nonrestorative Sleep. <i>Psychopathology</i> , 2018, 51, 262-268.	1.5	4
17	Effects of Zero-time Exercise on inactive adults with insomnia disorder: a pilot randomized controlled trial. <i>Sleep Medicine</i> , 2018, 52, 118-127.	1.6	16
18	Psychometric Comparison of the Full and Abbreviated Versions of the Dysfunctional Beliefs and Attitudes about Sleep Scale. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 821-828.	2.6	27

#	ARTICLE	IF	CITATIONS
19	The Efficacy and Cost-Effectiveness of Stepped Care Prevention and Treatment for Depressive and/or Anxiety Disorders: A Systematic Review and Meta-Analysis. <i>Scientific Reports</i> , 2016, 6, 29281.	3.3	97
20	The Experience of Chronic Insomnia in Chinese Adults: A Study Using Focus Groups and Insomnia Experience Diaries. <i>Behavioral Sleep Medicine</i> , 2016, 14, 406-428.	2.1	22
21	Cognitive-behavioral therapy for sleep disturbances in treating posttraumatic stress disorder symptoms: A meta-analysis of randomized controlled trials. <i>Clinical Psychology Review</i> , 2016, 43, 90-102.	11.4	151
22	Self-help cognitive-behavioral therapy for insomnia: A meta-analysis of randomized controlled trials. <i>Sleep Medicine Reviews</i> , 2015, 19, 17-28.	8.5	185
23	Predictors of dropout from internet-based self-help cognitive behavioral therapy for insomnia. <i>Behaviour Research and Therapy</i> , 2015, 73, 19-24.	3.1	39
24	Cross-cultural and comparative epidemiology of insomnia: the Diagnostic and Statistical Manual (DSM), International Classification of Diseases (ICD) and International Classification of Sleep Disorders (ICSD). <i>Sleep Medicine</i> , 2015, 16, 477-482.	1.6	158
25	Comparison of scoring methods for the Brief Insomnia Questionnaire in a general population sample. <i>Journal of Psychosomatic Research</i> , 2015, 78, 34-38.	2.6	12
26	Sleep-wake disturbance in interepisode bipolar disorder and high-risk individuals: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2015, 20, 46-58.	8.5	214
27	Validity and reliability of the Brief Insomnia Questionnaire in the general population in Hong Kong. <i>Journal of Psychosomatic Research</i> , 2014, 76, 374-379.	2.6	20
28	Weekly brief phone support in self-help cognitive behavioral therapy for insomnia disorder: Relevance to adherence and efficacy. <i>Behaviour Research and Therapy</i> , 2014, 63, 147-156.	3.1	76
29	Assessment of fatigue using the Multidimensional Fatigue Inventory in patients with major depressive disorder. <i>Comprehensive Psychiatry</i> , 2014, 55, 1671-1678.	3.1	34
30	The use of conventional and complementary therapies for insomnia among Hong Kong Chinese: A telephone survey. <i>Complementary Therapies in Medicine</i> , 2014, 22, 894-902.	2.7	45
31	Prescription of Chinese Herbal Medicine and Selection of Acupoints in Pattern-Based Traditional Chinese Medicine Treatment for Insomnia: A Systematic Review. <i>Evidence-based Complementary and Alternative Medicine</i> , 2012, 2012, 1-16.	1.2	55
32	Acupressure, reflexology, and auricular acupressure for insomnia: A systematic review of randomized controlled trials. <i>Sleep Medicine</i> , 2012, 13, 971-984.	1.6	110
33	Chinese herbal medicine for insomnia: A systematic review of randomized controlled trials. <i>Sleep Medicine Reviews</i> , 2012, 16, 497-507.	8.5	99