

# Marleen Gillebaart

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/11706557/publications.pdf>

Version: 2024-02-01

33  
papers

1,826  
citations

394421

19  
h-index

454955

30  
g-index

34  
all docs

34  
docs citations

34  
times ranked

1816  
citing authors

#	ARTICLE	IF	CITATIONS
1	Make it a habit: how habit strength, goal importance and self-control predict hand washing behaviour over time during the COVID-19 pandemic. <i>Psychology and Health</i> , 2022, 37, 1528-1546.	2.2	8
2	Eating behavior and food purchases during the COVID-19 lockdown: A cross-sectional study among adults in the Netherlands. <i>Appetite</i> , 2021, 157, 105002.	3.7	208
3	Under pressure: Nudging increases healthy food choice in a virtual reality supermarket, irrespective of system 1 reasoning. <i>Appetite</i> , 2021, 160, 105116.	3.7	20
4	Study Protocol of the Ten Years Up Project: Mapping the Development of Self-Regulation Strategies in Young Adults Over Time. <i>Frontiers in Psychology</i> , 2021, 12, 729609.	2.1	0
5	The effects of nudges on purchases, food choice, and energy intake or content of purchases in real-life food purchasing environments: a systematic review and evidence synthesis. <i>Nutrition Journal</i> , 2020, 19, 103.	3.4	44
6	Self-Control Interventions. , 2020, , 586-598.		5
7	Snacks and The City: Unexpected Low Sales of an Easy-Access, Tasty, and Healthy Snack at an Urban Snacking Hotspot. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7538.	2.6	3
8	Reducing cardiometabolic risk in adults with a low socioeconomic position: protocol of the Supreme Nudge parallel cluster-randomised controlled supermarket trial. <i>Nutrition Journal</i> , 2020, 19, 46.	3.4	11
9	The snack that has it all: People's associations with ideal snacks. <i>Appetite</i> , 2020, 152, 104722.	3.7	16
10	“Don’t Mind If I Do” The Role of Behavioral Resistance in Self-Control’s Effects on Behavior. <i>Frontiers in Psychology</i> , 2020, 11, 396.	2.1	5
11	How to Form Good Habits? A Longitudinal Field Study on the Role of Self-Control in Habit Formation. <i>Frontiers in Psychology</i> , 2020, 11, 560.	2.1	28
12	Just do it: Engaging in self-control on a daily basis improves the capacity for self-control.. <i>Motivation Science</i> , 2020, 6, 309-320.	1.6	60
13	Cueing healthier alternatives for take-away: a field experiment on the effects of (disclosing) three nudges on food choices. <i>BMC Public Health</i> , 2019, 19, 974.	2.9	21
14	Distinguishing between self-control and perceived control over the environment to understand disadvantaged neighbourhood health and lifestyle outcomes. <i>Psychology and Health</i> , 2019, 34, 1282-1293.	2.2	5
15	Meta-analytic evidence for ambivalence resolution as a key process in effortless self-control. <i>Journal of Experimental Social Psychology</i> , 2019, 85, 103846.	2.2	13
16	The relation between family meals and health of infants and toddlers: A review. <i>Appetite</i> , 2018, 127, 97-109.	3.7	44
17	Improving cardiometabolic health through nudging dietary behaviours and physical activity in low SES adults: design of the Supreme Nudge project. <i>BMC Public Health</i> , 2018, 18, 899.	2.9	25
18	Towards the measurement of food literacy with respect to healthy eating: the development and validation of the self perceived food literacy scale among an adult sample in the Netherlands. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 54.	4.6	93

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19	The "Operational"™ Definition of Self-Control. <i>Frontiers in Psychology</i> , 2018, 9, 1231.	2.1	64
20	Whatever happened to self-control? A proposal for integrating notions from trait self-control studies into state self-control research.. <i>Motivation Science</i> , 2018, 4, 39-49.	1.6	83
21	Healthy diet: Health impact, prevalence, correlates, and interventions. <i>Psychology and Health</i> , 2017, 32, 907-941.	2.2	172
22	Lessons learned from trait self-control in well-being: making the case for routines and initiation as important components of trait self-control. <i>Health Psychology Review</i> , 2017, 11, 89-99.	8.6	86
23	Self-control Predicts Exercise Behavior by Force of Habit, a Conceptual Replication of Adriaanse et al. (2014). <i>Frontiers in Psychology</i> , 2017, 8, 190.	2.1	75
24	Positioning self-control in a dual-systems framework. , 2017, , 35-46.		3
25	Self-Control Success Revealed: Greater Approach Motivation Towards Healthy versus Unhealthy Food. <i>Applied Cognitive Psychology</i> , 2016, 30, 846-853.	1.6	0
26	Effects of Trait Self-Control on Response Conflict About Healthy and Unhealthy Food. <i>Journal of Personality</i> , 2016, 84, 789-798.	3.2	67
27	Effortless Self-Control: A Novel Perspective on Response Conflict Strategies in Trait Self-Control. <i>Social and Personality Psychology Compass</i> , 2015, 9, 88-99.	3.7	185
28	Why are people with high self-control happier? The effect of trait self-control on happiness as mediated by regulatory focus. <i>Frontiers in Psychology</i> , 2014, 5, 722.	2.1	141
29	Effortless inhibition: habit mediates the relation between self-control and unhealthy snack consumption. <i>Frontiers in Psychology</i> , 2014, 5, 444.	2.1	165
30	Unraveling Effects of Novelty on Creativity. <i>Creativity Research Journal</i> , 2013, 25, 280-285.	2.6	18
31	Mere exposure revisited: The influence of growth versus security cues on evaluations of novel and familiar stimuli.. <i>Journal of Experimental Psychology: General</i> , 2012, 141, 699-714.	2.1	29
32	Veiled Emotions. <i>Social Psychological and Personality Science</i> , 2012, 3, 266-273.	3.9	68
33	Novelty Categorization Theory. <i>Social and Personality Psychology Compass</i> , 2010, 4, 736-755.	3.7	60