

# Tim Gard

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/11471580/publications.pdf>

Version: 2024-02-01

21  
papers

6,191  
citations

430874

18  
h-index

713466

21  
g-index

21  
all docs

21  
docs citations

21  
times ranked

5621  
citing authors

#	ARTICLE	IF	CITATIONS
1	How Does Mindfulness Meditation Work? Proposing Mechanisms of Action From a Conceptual and Neural Perspective. <i>Perspectives on Psychological Science</i> , 2011, 6, 537-559.	9.0	2,031
2	Mindfulness practice leads to increases in regional brain gray matter density. <i>Psychiatry Research - Neuroimaging</i> , 2011, 191, 36-43.	1.8	1,222
3	Investigation of mindfulness meditation practitioners with voxel-based morphometry. <i>Social Cognitive and Affective Neuroscience</i> , 2008, 3, 55-61.	3.0	426
4	Interoception, contemplative practice, and health. <i>Frontiers in Psychology</i> , 2015, 6, 763.	2.1	348
5	Moving Beyond Mindfulness: Defining Equanimity as an Outcome Measure in Meditation and Contemplative Research. <i>Mindfulness</i> , 2015, 6, 356-372.	2.8	310
6	The potential effects of meditation on age-related cognitive decline: a systematic review. <i>Annals of the New York Academy of Sciences</i> , 2014, 1307, 89-103.	3.8	286
7	Potential self-regulatory mechanisms of yoga for psychological health. <i>Frontiers in Human Neuroscience</i> , 2014, 8, 770.	2.0	264
8	Allostatic Self-efficacy: A Metacognitive Theory of Dyshomeostasis-Induced Fatigue and Depression. <i>Frontiers in Human Neuroscience</i> , 2016, 10, 550.	2.0	256
9	Neural mechanisms of symptom improvements in generalized anxiety disorder following mindfulness training. <i>NeuroImage: Clinical</i> , 2013, 2, 448-458.	2.7	233
10	Pain Attenuation through Mindfulness is Associated with Decreased Cognitive Control and Increased Sensory Processing in the Brain. <i>Cerebral Cortex</i> , 2012, 22, 2692-2702.	2.9	217
11	Computational Psychosomatics and Computational Psychiatry: Toward a Joint Framework for Differential Diagnosis. <i>Biological Psychiatry</i> , 2017, 82, 421-430.	1.3	131
12	Effects of a yoga-based intervention for young adults on quality of life and perceived stress: The potential mediating roles of mindfulness and self-compassion. <i>Journal of Positive Psychology</i> , 2012, 7, 165-175.	4.0	110
13	Effects of Mindfulness-Based Cognitive Therapy on Body Awareness in Patients with Chronic Pain and Comorbid Depression. <i>Frontiers in Psychology</i> , 2016, 7, 967.	2.1	110
14	Fluid intelligence and brain functional organization in aging yoga and meditation practitioners. <i>Frontiers in Aging Neuroscience</i> , 2014, 6, 76.	3.4	76
15	Strengthened Hippocampal Circuits Underlie Enhanced Retrieval of Extinguished Fear Memories Following Mindfulness Training. <i>Biological Psychiatry</i> , 2019, 86, 693-702.	1.3	43
16	Greater widespread functional connectivity of the caudate in older adults who practice kripalu yoga and vipassana meditation than in controls. <i>Frontiers in Human Neuroscience</i> , 2015, 9, 137.	2.0	42
17	Mindfulness-Based Stress Reduction, Fear Conditioning, and The Uncinate Fasciculus: A Pilot Study. <i>Frontiers in Behavioral Neuroscience</i> , 2016, 10, 124.	2.0	38
18	A Randomized Controlled Pilot Study on Mindfulness-Based Cognitive Therapy for Unipolar Depression in Patients With Chronic Pain. <i>Journal of Clinical Psychiatry</i> , 2018, 79, 26-34.	2.2	23

#	ARTICLE	IF	CITATIONS
19	Hippocampal circuits underlie improvements in self-reported anxiety following mindfulness training. <i>Brain and Behavior</i> , 2020, 10, e01766.	2.2	14
20	Metabolic Syndrome in Dutch Patients With Bipolar Disorder. primary care companion for CNS disorders, <i>The</i> , 2018, 20, .	0.6	8
21	Different neural correlates of facing pain with mindfulness: Contributions of strategy and skill. <i>Physics of Life Reviews</i> , 2014, 11, 564-566.	2.8	3