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List of Publications by Year in descending order

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104
papers

980
citations

567281

15
h-index

610901

24
g-index

111
all docs

111
docs citations

111
times ranked

831
citing authors

#	ARTICLE	IF	CITATIONS
1	A Systematic Review of Salt Reduction Initiatives Around the World: A Midterm Evaluation of Progress Towards the 2025 Global Non-Communicable Diseases Salt Reduction Target. <i>Advances in Nutrition</i> , 2021, 12, 1768-1780.	6.4	116
2	The prevalence of dental caries among Egyptian children and adolescences and its association with age, socioeconomic status, dietary habits and other risk factors. <i>A cross-sectional study</i> . <i>F1000Research</i> , 2019, 8, 8.	1.6	78
3	Review of the nutrition situation in the Eastern Mediterranean Region. <i>Eastern Mediterranean Health Journal</i> , 2018, 24, 77-91.	0.8	43
4	Knowledge, Attitudes, and Practices Related to Dietary Supplementation, before and during the COVID-19 Pandemic: Findings from a Cross-Sectional Survey in the Lebanese Population. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8856.	2.6	38
5	Inventory on the dietary assessment tools available and needed in africa: a prerequisite for setting up a common methodological research infrastructure for nutritional surveillance, research, and prevention of diet-related non-communicable diseases. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 37-61.	10.3	31
6	Food Consumption Patterns and Nutrient Intakes of Children and Adolescents in the Eastern Mediterranean Region: A Call for Policy Action. <i>Nutrients</i> , 2020, 12, 3345.	4.1	31
7	Unhealthy Dietary Habits and Obesity: The Major Risk Factors Beyond Non-Communicable Diseases in the Eastern Mediterranean Region. <i>Frontiers in Nutrition</i> , 2022, 9, 817808.	3.7	25
8	Improving Nutrition Information in the Eastern Mediterranean Region: Implementation of Front-of-Pack Nutrition Labelling. <i>Nutrients</i> , 2020, 12, 330.	4.1	23
9	The potential impact of age, gender, body mass index, socioeconomic status and dietary habits on the prevalence of dental caries among Egyptian adults: a cross-sectional study. <i>F1000Research</i> , 2019, 8, 243.	1.6	22
10	An Overview on Acute Malnutrition and Food Insecurity among Children during the Conflict in Yemen. <i>Children</i> , 2019, 6, 77.	1.5	22
11	Assessment of salt concentration in bread commonly consumed in the Eastern Mediterranean Region. <i>Eastern Mediterranean Health Journal</i> , 2018, 24, 18-24.	0.8	21
12	Salt intake reduction strategies in the Eastern Mediterranean Region. <i>Eastern Mediterranean Health Journal</i> , 2018, 24, 1172-1180.	0.8	21
13	Exploring the Impact of Crises on Food Security in Lebanon: Results from a National Cross-Sectional Study. <i>Sustainability</i> , 2021, 13, 8753.	3.2	20
14	Implementation of WHO Recommended Policies and Interventions on Healthy Diet in the Countries of the Eastern Mediterranean Region: From Policy to Action. <i>Nutrients</i> , 2020, 12, 3700.	4.1	19
15	Comparison of appropriateness of Nutri-Score and other front-of-pack nutrition labels across a group of Moroccan consumers: awareness, understanding and food choices. <i>Archives of Public Health</i> , 2021, 79, 71.	2.4	18
16	Review of the nutrition situation in the Eastern Mediterranean Region. <i>Eastern Mediterranean Health Journal</i> , 2018, 24, 77-91.	0.8	17
17	Assessment of the Baby Friendly Hospital Initiative Implementation in the Eastern Mediterranean Region. <i>Children</i> , 2018, 5, 41.	1.5	15
18	Nutritional value of the Middle Eastern diet: analysis of total sugar, salt, and iron in Lebanese traditional dishes. <i>F1000Research</i> , 2020, 9, 1254.	1.6	15

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19	Tackling Childhood Stunting in the Eastern Mediterranean Region in the Context of COVID-19. <i>Children</i> , 2020, 7, 239.	1.5	14
20	Nutrition Assessment of Under-Five Children in Sudan: Tracking the Achievement of the Global Nutrition Targets. <i>Children</i> , 2021, 8, 363.	1.5	14
21	Fat Intake Reduction Strategies among Children and Adults to Eliminate Obesity and Non-Communicable Diseases in the Eastern Mediterranean Region. <i>Children</i> , 2018, 5, 89.	1.5	13
22	Tea Consumption Reduces Iron Bioavailability from NaFeEDTA in Nonanemic Women and Women with Iron Deficiency Anemia: Stable Iron Isotope Studies in Morocco. <i>Journal of Nutrition</i> , 2021, 151, 2714-2720.	2.9	13
23	Saudi Arabia's Healthy Food Strategy: Progress & Hurdles in the 2030 Road. <i>Nutrients</i> , 2021, 13, 2130.	4.1	12
24	Prevalence of periodontal diseases and its correlation with different risk factors among an adult Egyptian population: a cross-sectional study. <i>F1000Research</i> , 2019, 8, 1740.	1.6	12
25	Are Countries of the Eastern Mediterranean Region on Track towards Meeting the World Health Assembly Target for Anemia? A Review of Evidence. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2449.	2.6	11
26	COVID-19 home isolation and food consumption patterns: Investigating the correlates of poor dietary diversity in Lebanon: a cross-sectional study. <i>F1000Research</i> , 2022, 11, 110.	1.6	11
27	Review of the Nutrition Situation in Jordan: Trends and Way Forward. <i>Nutrients</i> , 2022, 14, 135.	4.1	11
28	Dietary Diversity in the Eastern Mediterranean Region Before and During the COVID-19 Pandemic: Disparities, Challenges, and Mitigation Measures. <i>Frontiers in Nutrition</i> , 2022, 9, 813154.	3.7	11
29	Salt Reduction Initiatives in the Eastern Mediterranean Region and Evaluation of Progress towards the 2025 Global Target: A Systematic Review. <i>Nutrients</i> , 2021, 13, 2676.	4.1	10
30	The occurrence of periodontal diseases and its correlation with different risk factors among a convenient sample of adult Egyptian population: a cross-sectional study. <i>F1000Research</i> , 2019, 8, 1740.	1.6	10
31	A Systematic Review of Trans Fat Reduction Initiatives in the Eastern Mediterranean Region. <i>Frontiers in Nutrition</i> , 2021, 8, 771492.	3.7	10
32	Households' Food Insecurity and Their Association With Dietary Intakes, Nutrition-Related Knowledge, Attitudes and Practices Among Under-five Children in Gaza Strip, Palestine. <i>Frontiers in Public Health</i> , 2022, 10, 808700.	2.7	10
33	Food Insecurity, Dietary Diversity, and Coping Strategies in Jordan during the COVID-19 Pandemic: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2252.	4.1	10
34	Trend of Iodine Status in the Eastern Mediterranean Region and Impact of the Universal Salt Iodization Programs: a Narrative Review. <i>Biological Trace Element Research</i> , 2020, 198, 390-402.	3.5	9
35	Development of a Lebanese food exchange system based on frequently consumed Eastern Mediterranean traditional dishes and Arabic sweets. <i>F1000Research</i> , 2021, 10, 12.	1.6	9
36	Enabling Food Environment in Kindergartens and Schools in Iran for Promoting Healthy Diet: Is It on the Right Track?. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4114.	2.6	9

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37	Fatty Acids Quality in Middle Eastern Traditional Dishes, Arabic Sweets and Market Foods Frequently Consumed in Lebanon. <i>Nutrients</i> , 2021, 13, 2462.	4.1	8
38	Assessment of salt concentration in bread commonly consumed in the Eastern Mediterranean Region. <i>Eastern Mediterranean Health Journal</i> , 2018, 24, 18-24.	0.8	8
39	Meta-Analysis and Systematic Review of Micro- and Macro-Nutrient Intakes and Trajectories of Macro-Nutrient Supply in the Eastern Mediterranean Region. <i>Nutrients</i> , 2021, 13, 1515.	4.1	7
40	Maintaining Essential Nutrition Services to Underfive Children in Yemen: A Programmatic Adaptation Amidst the COVID-19 Pandemic. <i>Children</i> , 2021, 8, 350.	1.5	7
41	Vitamin D Insufficiency and Deficiency in the Eastern Mediterranean Region (EMR)â€™ Misconceptions in Public Health Practice: A Scoping Review 2019-2020. <i>Journal of Nutritional Science and Vitaminology</i> , 2020, 66, 389-395.	0.6	7
42	Food Marketing to Children in Iran: Regulation that Needs Further Regulation. <i>Current Research in Nutrition and Food Science</i> , 2021, 9, 722-744.	0.8	7
43	Assessment of the knowledge, attitudes and practices of Lebanese shoppers towards food labeling: The first steps in the Nutri-score roadmap. <i>F1000Research</i> , 0, 11, 84.	1.6	7
44	Correlates of Sub-Optimal Feeding Practices among under-5 Children amid Escalating Crises in Lebanon: A National Representative Cross-Sectional Study. <i>Children</i> , 2022, 9, 817.	1.5	7
45	Trend and Causes of Overweight and Obesity among Pre-School Children in Kuwait. <i>Children</i> , 2021, 8, 524.	1.5	6
46	Impact evaluation of soft drink taxes as part of nutrition policies in Gulf Cooperation Council countries: Bahrain, Kuwait, Oman, Qatar, Saudi Arabia and United Arab Emirates. <i>F1000Research</i> , 0, 9, 1287.	1.6	6
47	Impact of sin taxes on consumption volumes of sweetened beverages and soft drinks in Saudi Arabia. <i>F1000Research</i> , 2020, 9, 1117.	1.6	6
48	Leveraging the Food System in the Eastern Mediterranean Region for Better Health and Nutrition: A Case Study from Oman. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7250.	2.6	5
49	Study of Clinical and Biological Characteristics of Moroccan Covid-19 Patients With and Without Olfactory and/or Gustatory Dysfunction. <i>Frontiers in Physiology</i> , 2020, 11, 595005.	2.8	5
50	A Household-Based Survey of Iodine Nutrition in Moroccan Children Shows Iodine Sufficiency at the National Level But Risk of Deficient Intakes in Mountainous Areas. <i>Children</i> , 2021, 8, 240.	1.5	5
51	Assessment of Micronutrient Situation among Reproductive-Age Women (15â€“49) and Under-Five Children in Sudan. <i>Nutrients</i> , 2021, 13, 2784.	4.1	5
52	Impact of sin taxes on consumption volumes of sweetened beverages and soft drinks in Saudi Arabia. <i>F1000Research</i> , 2020, 9, 1117.	1.6	5
53	Rapid assessment of marketing of unhealthy foods to children in mass media, schools and retail stores in Oman. <i>Eastern Mediterranean Health Journal</i> , 2019, 25, 820-827.	0.8	5
54	Ultra-Processed Foods Are the Major Sources of Total Fat, Saturated and Trans-Fatty Acids among Tunisian Preschool and School Children: A Cross-Sectional Study. <i>Children</i> , 2022, 9, 126.	1.5	5

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55	Understanding the complexities of prevalence of trans fat and its control in food supply in Pakistan. <i>Journal of Clinical Hypertension</i> , 2020, 22, 1338-1346.	2.0	4
56	Unbalanced intakes of sodium and potassium among Tunisian adults: A cross-sectional study. <i>Food Science and Nutrition</i> , 2021, 9, 2234-2246.	3.4	4
57	Effectiveness of Community Nutrition-Specific Interventions on Improving Malnutrition of Children under 5 Years of Age in the Eastern Mediterranean Region: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7844.	2.6	4
58	Enacting the Code by effective national laws influence trends in exclusive breastfeeding: An analytical study from the Eastern Mediterranean Region. <i>Indian Journal of Child Health</i> , 2021, 8, 12-19.	0.1	4
59	Implementation of the International Code of Marketing of Breastmilk Substitutes in the Eastern Mediterranean Region. <i>Eastern Mediterranean Health Journal</i> , 2018, 24, 25-32.	0.8	4
60	Impact of Bariatric Surgery on the Healthy Eating Index, Binge Eating Behavior and Food Craving in a Middle Eastern Population: A Lebanese Experience. <i>Healthcare (Switzerland)</i> , 2021, 9, 1416.	2.0	4
61	A new global policy framework for adolescent nutrition?. <i>Lancet, The</i> , 2021, , .	13.7	4
62	Assessment of the knowledge, attitudes and practices of Lebanese shoppers towards food labeling: The first steps in the Nutri-score roadmap. <i>F1000Research</i> , 0, 11, 84.	1.6	4
63	Shifting to a Sustainable Dietary Pattern in Iranian Population: Current Evidence and Future Directions. <i>Frontiers in Nutrition</i> , 2021, 8, 789692.	3.7	4
64	Aflatoxin B1 Occurrence in Children under the Age of Five's Food Products and Aflatoxin M1 Exposure Assessment and Risk Characterization of Arab Infants through Consumption of Infant Powdered Formula: A Lebanese Experience. <i>Toxins</i> , 2022, 14, 290.	3.4	4
65	Marketing of Food and Beverages to Children in the Eastern Mediterranean Region: A Situational Analysis of the Regulatory Framework. <i>Frontiers in Nutrition</i> , 0, 9, .	3.7	4
66	Timing and types of fluids and foods first introduced in a representative sample of toddlers attending day care programs across Lebanon: Are parents following international recommendations?. <i>Journal of Pediatric Nursing</i> , 2021, , .	1.5	3
67	Preschoolers' and Mothers Dietary Practices and Compliance with the 24-h Movement Guidelines: Results of Oman's National Nutrition Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8867.	2.6	3
68	Analysis of Fat Content with Special Emphasis on Trans Isomers in Frequently Consumed Food Products in Egypt: The First Steps in the Trans Fatty Acid Elimination Roadmap. <i>Nutrients</i> , 2021, 13, 3087.	4.1	3
69	Implementing the national strategy of salt reduction in Morocco: the baker's perspective. <i>Pan African Medical Journal</i> , 2020, 37, 337.	0.8	3
70	Impact evaluation of national nutrition policies to address obesity through implementation of sin taxes in Gulf Cooperation Council countries: Bahrain, Saudi Arabia, Oman, United Arab Emirates, Kuwait and Qatar. <i>F1000Research</i> , 0, 9, 1287.	1.6	3
71	Food consumption patterns among children and adolescents and their correlation with overweight/obesity in Egypt: A cross-sectional study. <i>Nursing and Public Health</i> , 2020, 10, 149-157.	0.2	3
72	Adherence to the United States Department of Agriculture Dietary Recommendations Pre- and During the Coronavirus Disease-19 Pandemic Among Pregnant Women in Arab Countries. <i>Frontiers in Nutrition</i> , 2022, 9, 824305.	3.7	3

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73	Prevalence of iodine deficiency among Moroccan women of reproductive age. Archives of Public Health, 2022, 80, .	2.4	3
74	Satisfaction with code implementation and Baby-friendly practices in the Eastern Mediterranean region: Health professional perspectives from 15 countries. Indian Journal of Child Health, 2020, 8, 60-69.	0.1	2
75	Regional disparities in prevalence of obesity among school-aged children in Egypt: A country case study from The Eastern Mediterranean Region. Indian Journal of Child Health, 2021, 8, 262-268.	0.1	2
76	Young Children Feeding Practices: An Update from the Sultanate of Oman. Children, 2021, 8, 818.	1.5	2
77	In-depth Analysis of Mortality in Relation to Malnutrition in Children Under-five of Age in the Eastern Mediterranean Region. Journal of Nutrition & Weight Loss, 2018, 03, .	0.0	2
78	Iraq Is Moving Forward to Achieve Global Targets in Nutrition. Children, 2022, 9, 215.	1.5	2
79	Malnutrition, Mortality and Breastfeeding Practices in the Eastern Mediterranean Region: A Review of the Current Status. Pediatric Care (Wilmington, Del), 2018, 04, .	0.1	1
80	The threshold of salt taste recognition among a sample of Moroccan population. Nutrition and Food Science, 2020, ahead-of-print, .	0.9	1
81	Antenatal Multiple Micronutrient Supplementation in the State of Palestine: A Protocol for Implementation and Evaluation. Current Developments in Nutrition, 2021, 5, 1316.	0.3	1
82	Assessment of Vitamin A Supplementation Practices in Countries of the Eastern Mediterranean Region: Evidence to Implementation. Journal of Nutritional Science and Vitaminology, 2021, 67, 1-12.	0.6	1
83	Non-Conjugated-Industrially-Produced-Trans Fatty in Lebanese Foods: The Case of Elaidic and Linolelaidic Acids. Nutrients, 2021, 13, 3664.	4.1	1
84	Continuous Skin-to-skin Care Assists Breastfeeding Mothers to Adapt to Sleep Patterns of Night feeds: A Caseâ€“control Follow-up Study. Indian Journal of Child Health, 2020, 7, 480-486.	0.1	1
85	The Effect of Cesarean Delivery on Child Survival and Early Breastfeeding Practices: Global Data from 103 Provinces in the Eastern Mediterranean Region. International Journal of Scientific Research and Management, 2020, 8, 293-304.	0.1	1
86	Overweight Increases the Risk of Right Ventricular Dysfunction in the non-Breastfed Infants. International Journal of Scientific Research and Management, 2020, 8, 411-420.	0.1	1
87	Implementation of the International Code of Marketing of Breastmilk Substitutes in the Eastern Mediterranean Region. Eastern Mediterranean Health Journal, 2018, 24, 25-32.	0.8	1
88	The Analysis of Trends of Preschool Child Stunting, Wasting and Overweight in the Eastern Mediterranean Region: Still More Effort Needed to Reach Global Targets 2025. Journal of Tropical Pediatrics, 2022, 68, .	1.5	1
89	The threshold of sweet taste recognition among a sample of Moroccan population. Nutrition and Food Science, 2022, 52, 45-60.	0.9	1
90	Enhancing nutrition specific interventions through public health policies and public-private partnerships in the Eastern Mediterranean Region: a desk review. F1000Research, 0, 10, 17.	1.6	0

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91	UNDERSTANDING THE COMPLEXITIES OF THE PREVALENCE AND CONTROL OF TRANS FAT IN THE FOOD SUPPLY IN PAKISTAN. <i>Journal of Hypertension</i> , 2021, 39, e277.	0.5	0
92	A review of the emerging pandemic of obesity in preschool children in Egypt: Exclusive breastfeeding is protective. <i>Indian Journal of Child Health</i> , 2021, 8, 289-296.	0.1	0
93	Assessment of Industrially Produced Trans Fatty Acids in Traditional Dishes, Arabic Sweets, and Market Food Products and Its Risks on Non-communicable Diseases in Lebanon. <i>Frontiers in Nutrition</i> , 2021, 8, 727548.	3.7	0
94	The Regional assessment of the implementation of wheat flour fortification in the Eastern Mediterranean Region. <i>International Journal of Scientific Research and Management</i> , 2019, 7, .	0.1	0
95	Conflict, Nutritional Status and Patterns of Young Child Feeding. <i>International Journal of Scientific Research and Management</i> , 2019, 7, .	0.1	0
96	Infant Feeding and Cardiovascular Disease: A multi-staged analysis from global to country data. <i>International Journal of Scientific Research and Management</i> , 2019, 7, .	0.1	0
97	NOURISHING CARE FOR EARLY CHILD DEVELOPMENT IN EASTERN MEDITERRANEAN REGION THROUGH EARLY CHILD NUTRITION: A CASE STUDIES FROM SIX COUNTRIES. <i>Indian Journal of Child Health</i> , 2020, 07, 193-200.	0.1	0
98	Early Breastfeeding Practices Promote Effective Parenting: An Analytical Study in Countries exposed to Conflict in the Middle East. , 2020, , 1-8.		0
99	An in-depth multidimensional review of hypertension in adolescents in relation to obesity: Risk approach management is the solution. <i>Indian Journal of Child Health</i> , 2021, 8, 352-358.	0.1	0
100	Passive Smoking is Associated with Risk of Early Onset of Cardiac Dysfunction. <i>International Journal of Scientific Research and Management</i> , 2020, 8, 421-429.	0.1	0
101	Echocardiography of the right ventricle in infancy: Do early feeding practices make a difference?. <i>Indian Journal of Child Health</i> , 2020, 7, 431-436.	0.1	0
102	Children are victims of industrialization and commercialization of early feeding practices: A review of obesity in preschool children in Egypt. <i>Journal of Clinical Images and Medical Case Reports</i> , 2021, 2, .	0.0	0
103	Association of Household Food Insecurity With Dietary Intakes and Nutrition-Related Knowledge, Attitudes, and Practices Among School-Aged Children in Gaza Strip, Palestine. <i>Frontiers in Nutrition</i> , 0, 9, .	3.7	0
104	Prevalence and Correlates of Anemia among Adolescents Living in Hodeida, Yemen. <i>Children</i> , 2022, 9, 977.	1.5	0