

Nour Makarem

List of Publications by Year in descending order

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43
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#	ARTICLE	IF	CITATIONS
1	Consumption of Sugars, Sugary Foods, and Sugary Beverages in Relation to Cancer Risk: A Systematic Review of Longitudinal Studies. <i>Annual Review of Nutrition</i> , 2018, 38, 17-39.	10.1	84
2	Evening chronotype is associated with poor cardiovascular health and adverse health behaviors in a diverse population of women. <i>Chronobiology International</i> , 2020, 37, 673-685.	2.0	76
3	Sleep Regularity and Cardiometabolic Health: Is Variability in Sleep Patterns a Risk Factor for Excess Adiposity and Glycemic Dysregulation?. <i>Current Diabetes Reports</i> , 2020, 20, 38.	4.2	65
4	Measures of Poor Sleep Quality Are Associated With Higher Energy Intake and Poor Diet Quality in a Diverse Sample of Women From the Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2020, 9, e014587.	3.7	60
5	Sleep Duration and Blood Pressure: Recent Advances and Future Directions. <i>Current Hypertension Reports</i> , 2019, 21, 33.	3.5	56
6	Effects of Inadequate Sleep on Blood Pressure and Endothelial Inflammation in Women: Findings From the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2018, 7, .	3.7	52
7	Consumption of Sugars, Sugary Foods, and Sugary Beverages in Relation to Adiposity-Related Cancer Risk in the Framingham Offspring Cohort (1991–2013). <i>Cancer Prevention Research</i> , 2018, 11, 347-358.	1.5	50
8	Cardiovascular Disease Disparities in Sexual Minority Adults: An Examination of the Behavioral Risk Factor Surveillance System (2014-2016). <i>American Journal of Health Promotion</i> , 2019, 33, 576-585.	1.7	48
9	Association of sleep characteristics with cardiovascular health among women and differences by race/ethnicity and menopausal status: findings from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Sleep Health</i> , 2019, 5, 501-508.	2.5	45
10	Effect of Sleep Disturbances on Blood Pressure. <i>Hypertension</i> , 2021, 77, 1036-1046.	2.7	39
11	Variability in Sleep Patterns: an Emerging Risk Factor for Hypertension. <i>Current Hypertension Reports</i> , 2020, 22, 19.	3.5	38
12	A Mediterranean Dietary Pattern Predicts Better Sleep Quality in US Women from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Nutrients</i> , 2020, 12, 2830.	4.1	29
13	Carbohydrate nutrition and risk of adiposity-related cancers: results from the Framingham Offspring cohort (1991–2013). <i>British Journal of Nutrition</i> , 2017, 117, 1603-1614.	2.3	28
14	Variability in Daily Eating Patterns and Eating Jetlag Are Associated With Worsened Cardiometabolic Risk Profiles in the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2021, 10, e022024.	3.7	23
15	Habitual Nightly Fasting Duration, Eating Timing, and Eating Frequency are Associated with Cardiometabolic Risk in Women. <i>Nutrients</i> , 2020, 12, 3043.	4.1	20
16	Sleep, Sedentary Behavior, Physical Activity, and Cardiovascular Health: MESA. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 724-731.	0.4	20
17	Evening Chronotype Is Associated with Poorer Habitual Diet in US Women, with Dietary Energy Density Mediating a Relation of Chronotype with Cardiovascular Health. <i>Journal of Nutrition</i> , 2021, 151, 1150-1158.	2.9	18
18	Sleep and circadian rhythms: pillars of health—a Keystone Symposia report. <i>Annals of the New York Academy of Sciences</i> , 2021, 1506, 18-34.	3.8	18

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19	Mediterranean diet components are linked to greater endothelial function and lower inflammation in a pilot study of ethnically diverse women. <i>Nutrition Research</i> , 2020, 75, 77-84.	2.9	17
20	Gender Differences in Associations Between Stress and Cardiovascular Risk Factors and Outcomes. , 2018, 2, 111-122.	0.8	15
21	Longitudinal dimensions of alcohol consumption and dietary intake in the Framingham Heart Study Offspring Cohort (1971â€“2008). <i>British Journal of Nutrition</i> , 2021, 125, 685-694.	2.3	13
22	Associations of Whole and Refined Grain Intakes with Adiposity-Related Cancer Risk in the Framingham Offspring Cohort (1991â€“2013). <i>Nutrition and Cancer</i> , 2018, 70, 776-786.	2.0	12
23	Go Red for Women Strategically Focused Research Network: Summary of Findings and Network Outcomes. <i>Journal of the American Heart Association</i> , 2021, 10, e019519.	3.7	8
24	Associations of weight cycling with cardiovascular health using American Heart Associationâ€™s Lifeâ€™s Simple 7 in a diverse sample of women. <i>Preventive Medicine Reports</i> , 2019, 16, 100991.	1.8	7
25	Investigating the associations between childhood trauma and cardiovascular health in midlife. <i>Journal of Traumatic Stress</i> , 2022, 35, 409-423.	1.8	7
26	Diet, Food Insecurity, and CVD Risk in Sexual and Gender Minority Adults. <i>Current Atherosclerosis Reports</i> , 2022, 24, 41-50.	4.8	7
27	Associations of chronotype and sleep patterns with metabolic syndrome in the Hispanic community health study/study of Latinos. <i>Chronobiology International</i> , 2022, 39, 1087-1099.	2.0	6
28	Quantity, Quality, and Timing of Carbohydrate Intake and Blood Pressure. <i>Current Nutrition Reports</i> , 2019, 8, 270-280.	4.3	5
29	Abstract 36: The Role of Sleep as a Cardiovascular Health Metric: Does It Improve Cardiovascular Disease Risk Prediction? Results From The Multi-Ethnic Study of Atherosclerosis. <i>Circulation</i> , 2020, 141, .	1.6	4
30	Staying Physically Active Is Associated with Better Mental Health and Sleep Health Outcomes during the Initial Period of COVID-19 Induced Nation-Wide Lockdown in Jordan. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 776.	2.6	4
31	Variable Eating Patterns: A Potential Novel Risk Factor for Systemic Inflammation in Women. <i>Annals of Behavioral Medicine</i> , 2023, 57, 93-97.	2.9	4
32	The Relation between Polyphenols and Body Composition in US Hispanics/Latinos: Results from the Hispanic Community Health Study/Study of Latinos (HCHS/SOL) Study of Latinos Nutrition and Physical Activity Assessment Study (SOLNAS). <i>Current Developments in Nutrition</i> , 2017, 1, e001115.	0.3	2
33	Abstract P281: Psychosocial Factors Are Strongly Associated With Sleep Disturbances and Evening Chronotype Among Diverse Women: Evidence From the AHA Go Red for Women Strategically Focused Research Network. <i>Circulation</i> , 2019, 139, .	1.6	2
34	Abstract 073: A Mediterranean Diet Pattern Is Associated With Lower Risk Of Adverse Pregnancy Outcomes In US Women: Results From The NuMoM2b Cohort. <i>Circulation</i> , 2022, 145, .	1.6	2
35	0144 Identification of sleep factors related to blood pressure in emergency medicine healthcare workers. <i>Sleep</i> , 2022, 45, A64-A66.	1.1	2
36	Abstract 037: History Of Weight Cycling Is Prospectively Associated With Shorter And Poorer Quality Sleep, And Higher Sleep Apnea Risk In Diverse Us Women: Results From The AHA Go Red For Women Strategically Focused Research Network. <i>Circulation</i> , 2021, 143, .	1.6	1

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37	Sustained Mild Sleep Restriction Increases Blood Pressure in Women. Hypertension, 2021, 77, e50-e52.	2.7	1
38	Abstract 13175: Social Jet Lag in Eating Patterns as a Marker of Meal Timing Variability is Associated With Elevated Cardiometabolic Risk in the AHA Go Red for Women Strategically Focused Research Network. Circulation, 2020, 142, .	1.6	1
39	Abstract MP20: Evening Chronotype is Associated With Poor Cardiovascular Health and Adverse Health Behaviors in a Diverse Population of Women. Circulation, 2020, 141, .	1.6	1
40	Abstract 14153: Actigraphy-Derived Rest-Activity Patterns Are Associated With Blood Pressure Level and Hypertension: A Prospective Analysis of the Multi-Ethnic Study of Atherosclerosis (MESA). Circulation, 2020, 142, .	1.6	1
41	Abstract P199: Sleep Health Varies By Immigration Status And Acculturation Level In Women: Results From The American Heart Association Go Red For Women Strategically Focused Research Network. Circulation, 2021, 143, .	1.6	0
42	Abstract MP16: Reallocating Sedentary Behavior With Sleep or Physical Activity is Associated With Favorable Cardiovascular Health in the Multi-Ethnic Study of Atherosclerosis: MESA. Circulation, 2020, 141, .	1.6	0
43	Abstract MP29: Chronotype is Associated With Diet Quality and Energy Intake, and Dietary Energy Density Mediates a Relation of Chronotype With Cardiovascular Health in a Diverse Sample of US Women. Circulation, 2020, 141, .	1.6	0