

# Rodrigo R Fernandes

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1079429/publications.pdf>

Version: 2024-02-01

10  
papers

197  
citations

1307594

7  
h-index

1372567

10  
g-index

10  
all docs

10  
docs citations

10  
times ranked

337  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Pyramid Resistance-Training System with Different Repetition Zones on Cardiovascular Risk Factors in Older Women: A Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6115.	2.6	13
2	Influence of Handgrip Stabilization During Isokinetic Knee Strength Assessment in Older Women. <i>Perceptual and Motor Skills</i> , 2020, 127, 671-683.	1.3	4
3	Effects of Protein Intake Beyond Habitual Intakes Associated With Resistance Training on Metabolic Syndrome-Related Parameters, Isokinetic Strength, and Body Composition in Older Women. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 545-552.	1.0	7
4	Effect of whey protein supplementation combined with resistance training on body composition, muscular strength, functional capacity, and plasma-metabolism biomarkers in older women with sarcopenic obesity: A randomized, double-blind, placebo-controlled trial. <i>Clinical Nutrition ESPEN</i> , 2019, 32, 88-95.	1.2	61
5	Effects of pre- or post-exercise whey protein supplementation on oxidative stress and antioxidant enzymes in older women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1101-1108.	2.9	18
6	Effects of higher habitual protein intake on resistance-training-induced changes in body composition and muscular strength in untrained older women: A clinical trial study. <i>Nutrition and Health</i> , 2019, 25, 103-112.	1.5	8
7	Effect of whey protein supplementation combined with resistance training on cellular health in pre-conditioned older women: A randomized, double-blind, placebo-controlled trial. <i>Archives of Gerontology and Geriatrics</i> , 2019, 82, 232-237.	3.0	9
8	Effects of Whey Protein Supplementation Pre- or Post-Resistance Training on Muscle Mass, Muscular Strength, and Functional Capacity in Pre-Conditioned Older Women: A Randomized Clinical Trial. <i>Nutrients</i> , 2018, 10, 563.	4.1	54
9	Effect of protein intake beyond habitual intakes following resistance training on cardiometabolic risk disease parameters in pre-conditioned older women. <i>Experimental Gerontology</i> , 2018, 110, 9-14.	2.8	14
10	Effect of Conjugated Linoleic Acid Associated With Aerobic Exercise on Body Fat and Lipid Profile in Obese Women: A Randomized, Double-Blinded, and Placebo-Controlled Trial. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2016, 26, 135-144.	2.1	9