

Evan M Forman

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1068640/publications.pdf>

Version: 2024-02-01

173
papers

10,980
citations

41344

49
h-index

34986

98
g-index

193
all docs

193
docs citations

193
times ranked

10752
citing authors

#	ARTICLE	IF	CITATIONS
1	The empirical status of cognitive-behavioral therapy: A review of meta-analyses. <i>Clinical Psychology Review</i> , 2006, 26, 17-31.	11.4	2,558
2	The Assessment of Present-Moment Awareness and Acceptance. <i>Assessment</i> , 2008, 15, 204-223.	3.1	647
3	The psychotherapy dose-response effect and its implications for treatment delivery services.. <i>Clinical Psychology: Science and Practice</i> , 2002, 9, 329-343.	0.9	559
4	A Randomized Controlled Effectiveness Trial of Acceptance and Commitment Therapy and Cognitive Therapy for Anxiety and Depression. <i>Behavior Modification</i> , 2007, 31, 772-799.	1.6	494
5	mHealth: A Mechanism to Deliver More Accessible, More Effective Mental Health Care. <i>Clinical Psychology and Psychotherapy</i> , 2014, 21, 427-436.	2.7	398
6	History of Multiple Suicide Attempts as a Behavioral Marker of Severe Psychopathology. <i>American Journal of Psychiatry</i> , 2004, 161, 437-443.	7.2	273
7	A comparison of acceptance- and control-based strategies for coping with food cravings: An analog study. <i>Behaviour Research and Therapy</i> , 2007, 45, 2372-2386.	3.1	239
8	Assessing Children's Emotional Security in the Interparental Relationship: The Security in the Interparental Subsystem Scales. <i>Child Development</i> , 2002, 73, 544-562.	3.0	177
9	A new look at the science of weight control: How acceptance and commitment strategies can address the challenge of self-regulation. <i>Appetite</i> , 2015, 84, 171-180.	3.7	164
10	An Open Trial of an Acceptance-Based Behavioral Intervention for Weight Loss. <i>Cognitive and Behavioral Practice</i> , 2009, 16, 223-235.	1.5	154
11	The mind your health project: A randomized controlled trial of an innovative behavioral treatment for obesity. <i>Obesity</i> , 2013, 21, 1119-1126.	3.0	143
12	Children's Patterns of Preserving Emotional Security in the Interparental Subsystem. <i>Child Development</i> , 2002, 73, 1880-1903.	3.0	123
13	A Pilot Study of Acceptance and Commitment Therapy for Promotion of Physical Activity. <i>Journal of Physical Activity and Health</i> , 2011, 8, 516-522.	2.0	120
14	Acceptance-based versus standard behavioral treatment for obesity: Results from the mind your health randomized controlled trial. <i>Obesity</i> , 2016, 24, 2050-2056.	3.0	120
15	Acceptance and Commitment Therapy as a Novel Treatment for Eating Disorders. <i>Behavior Modification</i> , 2013, 37, 459-489.	1.6	116
16	Review of Smartphone Applications for the Treatment of Eating Disorders. <i>European Eating Disorders Review</i> , 2015, 23, 1-11.	4.1	114
17	Using Session-by-Session Measurement to Compare Mechanisms of Action for Acceptance and Commitment Therapy and Cognitive Therapy. <i>Behavior Therapy</i> , 2012, 43, 341-354.	2.4	109
18	Acceptance and Commitment Therapy Versus Cognitive Therapy for the Treatment of Comorbid Eating Pathology. <i>Behavior Modification</i> , 2010, 34, 175-190.	1.6	103

#	ARTICLE	IF	CITATIONS
19	Executive Functioning in Overweight Individuals with and without Loss of Control Eating. <i>European Eating Disorders Review</i> , 2014, 22, 373-377.	4.1	96
20	Acceptance based behavior therapy for social anxiety disorder through videoconferencing. <i>Journal of Anxiety Disorders</i> , 2013, 27, 389-397.	3.2	95
21	Efficacy of an acceptance-based behavioral intervention for weight gain prevention in young adult women. <i>Journal of Contextual Behavioral Science</i> , 2014, 3, 45-50.	2.6	94
22	Project HELP: a Remotely Delivered Behavioral Intervention for Weight Regain after Bariatric Surgery. <i>Obesity Surgery</i> , 2017, 27, 586-598.	2.1	92
23	A Randomized Controlled Trial of Acceptance-Based Behavior Therapy and Cognitive Therapy for Test Anxiety: A Pilot Study. <i>Behavior Modification</i> , 2011, 35, 31-53.	1.6	88
24	Long-Term Follow-Up of a Randomized Controlled Trial Comparing Acceptance and Commitment Therapy and Standard Cognitive Behavior Therapy for Anxiety and Depression. <i>Behavior Therapy</i> , 2012, 43, 801-811.	2.4	87
25	Empirically Supported Treatment: Recommendations for a New Model. <i>Clinical Psychology: Science and Practice</i> , 2015, 22, 317-338.	0.9	85
26	Could training executive function improve treatment outcomes for eating disorders?. <i>Appetite</i> , 2015, 90, 187-193.	3.7	81
27	Comparison of acceptance-based and standard cognitive-based coping strategies for craving sweets in overweight and obese women. <i>Eating Behaviors</i> , 2013, 14, 64-68.	2.0	80
28	Do executive functioning deficits underpin binge eating disorder? A comparison of overweight women with and without binge eating pathology. <i>International Journal of Eating Disorders</i> , 2015, 48, 677-683.	4.0	80
29	Challenges and opportunities in internet-mediated telemental health.. <i>Professional Psychology: Research and Practice</i> , 2012, 43, 1-8.	1.0	78
30	Medial prefrontal cortex hyperactivation during social exclusion in borderline personality disorder. <i>Psychiatry Research - Neuroimaging</i> , 2010, 181, 233-236.	1.8	77
31	Treatment of Social Anxiety Disorder Using Online Virtual Environments in Second Life. <i>Behavior Therapy</i> , 2013, 44, 51-61.	2.4	76
32	Ecological Momentary Assessment of Dietary Lapses Across Behavioral Weight Loss Treatment: Characteristics, Predictors, and Relationships with Weight Change. <i>Annals of Behavioral Medicine</i> , 2017, 51, 741-753.	2.9	75
33	The Drexel defusion scale: A new measure of experiential distancing. <i>Journal of Contextual Behavioral Science</i> , 2012, 1, 55-65.	2.6	74
34	Family Instability and Young Adolescent Maladjustment: The Mediating Effects of Parenting Quality and Adolescent Appraisals of Family Security. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2003, 32, 94-105.	3.4	73
35	Return of the JITAI: Applying a Just-in-Time Adaptive Intervention Framework to the Development of m-Health Solutions for Addictive Behaviors. <i>International Journal of Behavioral Medicine</i> , 2017, 24, 673-682.	1.7	69
36	Core Schemas and Suicidality in a Chronically Traumatized Population. <i>Journal of Nervous and Mental Disease</i> , 2008, 196, 71-74.	1.0	66

#	ARTICLE	IF	CITATIONS
37	Can evaluative conditioning decrease soft drink consumption?. <i>Appetite</i> , 2016, 105, 60-70.	3.7	66
38	Perceptions of the feasibility and acceptability of a smartphone application for the treatment of binge eating disorders: Qualitative feedback from a user population and clinicians. <i>International Journal of Medical Informatics</i> , 2015, 84, 808-816.	3.3	65
39	The development and validation of the food craving acceptance and action questionnaire (FAQ). <i>Eating Behaviors</i> , 2011, 12, 182-187.	2.0	60
40	A Pilot Study Examining the Initial Effectiveness of a Brief Acceptance-Based Behavior Therapy for Modifying Diet and Physical Activity Among Cardiac Patients. <i>Behavior Modification</i> , 2012, 36, 199-217.	1.6	60
41	Assessing children's appraisals of security in the family system: the development of the Security in the Family System (SIFS) scales. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2005, 46, 900-916.	5.2	59
42	Behavioral avoidance mediates the relationship between anxiety and depressive symptoms among social anxiety disorder patients. <i>Journal of Anxiety Disorders</i> , 2008, 22, 1205-1213.	3.2	59
43	Mindfulness and its relationship with eating disorders symptomatology in women receiving residential treatment. <i>Eating Behaviors</i> , 2013, 14, 13-16.	2.0	57
44	An open trial of videoconference-mediated exposure and ritual prevention for obsessive-compulsive disorder. <i>Journal of Anxiety Disorders</i> , 2014, 28, 460-462.	3.2	57
45	Slowing down and taking a second look: Inhibitory deficits associated with binge eating are not food-specific. <i>Appetite</i> , 2016, 96, 555-559.	3.7	57
46	Mindful decision making and inhibitory control training as complementary means to decrease snack consumption. <i>Appetite</i> , 2016, 103, 176-183.	3.7	55
47	Exploring frontal asymmetry using functional near-infrared spectroscopy: a preliminary study of the effects of social anxiety during interaction and performance tasks. <i>Brain Imaging and Behavior</i> , 2013, 7, 140-153.	2.1	54
48	The Psychotherapy Dose-Response Effect and Its Implications for Treatment Delivery Services. <i>Clinical Psychology: Science and Practice</i> , 2002, 9, 329-343.	0.9	51
49	A randomized trial of a reconciliation workshop with and without PTSD psychoeducation in Burundian sample. <i>Journal of Traumatic Stress</i> , 2010, 23, 305-312.	1.8	50
50	A Pilot Study of an Acceptance-Based Behavioral Intervention for Weight Regain After Bariatric Surgery. <i>Obesity Surgery</i> , 2016, 26, 2433-2441.	2.1	50
51	OnTrack: development and feasibility of a smartphone app designed to predict and prevent dietary lapses. <i>Translational Behavioral Medicine</i> , 2019, 9, 236-245.	2.4	50
52	Caution: The Differences Between CT and ACT May Be Larger (and Smaller) Than They Appear. <i>Behavior Therapy</i> , 2013, 44, 218-223.	2.4	47
53	Does impulsivity predict outcome in treatment for binge eating disorder? A multimodal investigation. <i>Appetite</i> , 2016, 105, 172-179.	3.7	47
54	Pain Intensity, Psychological Inflexibility, and Acceptance of Pain as Predictors of Functioning in Adolescents with Juvenile Idiopathic Arthritis: A Preliminary Investigation. <i>Journal of Clinical Psychology in Medical Settings</i> , 2011, 18, 291-298.	1.4	46

#	ARTICLE	IF	CITATIONS
55	Randomized controlled trial of OnTrack, a just-in-time adaptive intervention designed to enhance weight loss. <i>Translational Behavioral Medicine</i> , 2019, 9, 989-1001.	2.4	46
56	Efficacy of environmental and acceptance-based enhancements to behavioral weight loss treatment: The ENACT trial. <i>Obesity</i> , 2017, 25, 866-872.	3.0	45
57	The independent and interacting effects of hedonic hunger and executive function on binge eating. <i>Appetite</i> , 2015, 89, 16-21.	3.7	44
58	Acceptance-based behavior therapy to promote HIV medication adherence. <i>AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV</i> , 2011, 23, 1660-1667.	1.2	42
59	Acceptance-based exposure therapy for public speaking anxiety. <i>Journal of Contextual Behavioral Science</i> , 2012, 1, 66-72.	2.6	42
60	Enhancing physical activity promotion in midlife women with technology-based self-monitoring and social connectivity: A pilot study. <i>Journal of Health Psychology</i> , 2016, 21, 1548-1555.	2.3	41
61	Computerized neurocognitive training for improving dietary health and facilitating weight loss. <i>Journal of Behavioral Medicine</i> , 2019, 42, 1029-1040.	2.1	40
62	Implicit internalization of the thin ideal as a predictor of increases in weight, body dissatisfaction, and disordered eating. <i>Eating Behaviors</i> , 2011, 12, 207-213.	2.0	39
63	Popular self-help books for anxiety, depression, and trauma: How scientifically grounded and useful are they?. <i>Professional Psychology: Research and Practice</i> , 2008, 39, 537-545.	1.0	37
64	The BestFIT trial: A SMART approach to developing individualized weight loss treatments. <i>Contemporary Clinical Trials</i> , 2016, 47, 209-216.	1.8	37
65	Promising technological innovations in cognitive training to treat eating-related behavior. <i>Appetite</i> , 2018, 124, 68-77.	3.7	37
66	Application of Machine Learning to Predict Dietary Lapses During Weight Loss. <i>Journal of Diabetes Science and Technology</i> , 2018, 12, 1045-1052.	2.2	37
67	Empirically supported treatment: Recommendations for a new model.. <i>Clinical Psychology: Science and Practice</i> , 2015, 22, 317-338.	0.9	36
68	Acceptance-based behavioral treatment for weight control: a review and future directions. <i>Current Opinion in Psychology</i> , 2015, 2, 87-90.	4.9	35
69	Executive functioning and dietary intake: Neurocognitive correlates of fruit, vegetable, and saturated fat intake in adults with obesity. <i>Appetite</i> , 2017, 111, 79-85.	3.7	35
70	Measuring the Ability to Tolerate Activity-Related Discomfort: Initial Validation of the Physical Activity Acceptance Questionnaire (PAAQ). <i>Journal of Physical Activity and Health</i> , 2015, 12, 717-726.	2.0	34
71	Internet-Delivered Acceptance-Based Cognitive-Behavioral Intervention for Social Anxiety Disorder With and Without Therapist Support: A Randomized Trial. <i>Behavior Modification</i> , 2017, 41, 583-608.	1.6	34
72	The role of therapist experiential avoidance in predicting therapist preference for exposure treatment for OCD. <i>Journal of Contextual Behavioral Science</i> , 2015, 4, 21-29.	2.6	31

#	ARTICLE	IF	CITATIONS
73	The Effects of a Brief Acceptance-Based Behavioral Treatment Versus Traditional Cognitive-Behavioral Treatment for Public Speaking Anxiety. <i>Behavior Modification</i> , 2016, 40, 748-776.	1.6	31
74	Can the artificial intelligence technique of reinforcement learning use continuously-monitored digital data to optimize treatment for weight loss?. <i>Journal of Behavioral Medicine</i> , 2019, 42, 276-290.	2.1	28
75	Long-Term Follow-up of the Mind Your Health Project: Acceptance-Based versus Standard Behavioral Treatment for Obesity. <i>Obesity</i> , 2019, 27, 565-571.	3.0	28
76	Digital self-monitoring: Does adherence or association with outcomes differ by self-monitoring target?. <i>Obesity Science and Practice</i> , 2020, 6, 126-133.	1.9	28
77	Understanding the overlap and differences in terms describing patterns of maladaptive avoidance and intolerance of negative emotional states. <i>Personality and Individual Differences</i> , 2020, 158, 109859.	2.9	28
78	Suicidality and Psychosis: Beyond Depression and Hopelessness. <i>Suicide and Life-Threatening Behavior</i> , 2004, 34, 77-86.	1.9	27
79	Randomized controlled trial of acceptance and commitment therapy versus traditional cognitive behavior therapy for social anxiety disorder: Symptomatic and behavioral outcomes. <i>Journal of Contextual Behavioral Science</i> , 2018, 9, 88-96.	2.6	27
80	A Brief Report on the Assessment of Distress Tolerance: Are We Measuring the Same Construct?. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2016, 34, 87-99.	1.7	26
81	Developing an Acceptance-Based Behavioral Treatment for Binge Eating Disorder: Rationale and Challenges. <i>Cognitive and Behavioral Practice</i> , 2017, 24, 1-13.	1.5	26
82	The Importance of Theory in Cognitive Behavior Therapy: A Perspective of Contextual Behavioral Science. <i>Behavior Therapy</i> , 2013, 44, 580-591.	2.4	24
83	Using ecological momentary assessment to better understand dietary lapse types. <i>Appetite</i> , 2018, 129, 198-206.	3.7	24
84	Symptom comparison across multiple solicitation methods among Burundians with traumatic event histories. <i>Journal of Traumatic Stress</i> , 2008, 21, 231-234.	1.8	23
85	Attending to Dissociation: Assessing Change in Dissociation and Predicting Treatment Outcome. <i>Journal of Trauma and Dissociation</i> , 2008, 9, 301-319.	1.9	23
86	The discrepancy between implicit and explicit attitudes in predicting disinhibited eating. <i>Eating Behaviors</i> , 2014, 15, 164-170.	2.0	23
87	Not so fast: The impact of impulsivity on weight loss varies by treatment type. <i>Appetite</i> , 2017, 113, 193-199.	3.7	23
88	Relationship between ethane and ethylene diffusion inside ZIF-11 crystals confined in polymers to form mixed-matrix membranes. <i>Journal of Membrane Science</i> , 2020, 593, 117440.	8.2	23
89	Refining an algorithm-powered just-in-time adaptive weight control intervention: A randomized controlled trial evaluating model performance and behavioral outcomes. <i>Health Informatics Journal</i> , 2020, 26, 2315-2331.	2.1	23
90	A Clinician-Controlled Just-in-time Adaptive Intervention System (CBT+) Designed to Promote Acquisition and Utilization of Cognitive Behavioral Therapy Skills in Bulimia Nervosa: Development and Preliminary Evaluation Study. <i>JMIR Formative Research</i> , 2021, 5, e18261.	1.4	23

#	ARTICLE	IF	CITATIONS
91	Delivering exposure and ritual prevention for obsessive-compulsive disorder via videoconference: Clinical considerations and recommendations. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2013, 2, 137-145.	1.5	22
92	Microscopic diffusion of pure and mixed methane and carbon dioxide in ZIF-11 by high field diffusion NMR. <i>Microporous and Mesoporous Materials</i> , 2017, 248, 158-163.	4.4	22
93	A Survey of Bariatric Surgery Patients' Interest in Postoperative Interventions. <i>Obesity Surgery</i> , 2016, 26, 332-338.	2.1	21
94	The Implicit Relational Assessment Procedure As a Measure of Self-Esteem. <i>Psychological Record</i> , 2010, 60, 679-698.	0.9	19
95	Ecological momentary assessment of self-attitudes in response to dietary lapses. <i>Health Psychology</i> , 2018, 37, 148-152.	1.6	19
96	Executive Functioning as a Predictor of Weight Loss and Physical Activity Outcomes. <i>Annals of Behavioral Medicine</i> , 2019, 53, 909-917.	2.9	17
97	Using virtual reality to train inhibitory control and reduce binge eating: A proof-of-concept study. <i>Appetite</i> , 2021, 157, 104988.	3.7	17
98	Acceptance and Commitment Therapy for eating disorders: Clinical applications of a group treatment. <i>Journal of Contextual Behavioral Science</i> , 2013, 2, 85-94.	2.6	16
99	The role of negative reinforcement eating expectancies in the relation between experiential avoidance and disinhibition. <i>Eating Behaviors</i> , 2016, 21, 129-134.	2.0	15
100	A multimodal investigation of impulsivity as a moderator of the relation between momentary elevations in negative internal states and subsequent dietary lapses. <i>Appetite</i> , 2018, 127, 52-58.	3.7	15
101	Anomalous Relationship between Molecular Size and Diffusivity of Ethane and Ethylene inside Crystals of Zeolitic Imidazolate Framework-11. <i>Journal of Physical Chemistry C</i> , 2019, 123, 16813-16822.	3.1	15
102	Rethinking emotional eating: Retrospective and momentary indices of emotional eating represent distinct constructs. <i>Appetite</i> , 2021, 167, 105604.	3.7	15
103	Cultural Factors in Traumatic Stress. , 0, , 221-244.		14
104	Guided Internet-Based Self-Help Intervention for Social Anxiety Disorder With Videoconferenced Therapist Support. <i>Cognitive and Behavioral Practice</i> , 2016, 23, 239-255.	1.5	14
105	Examination of Nutrition Literacy and Quality of Self-monitoring in Behavioral Weight Loss. <i>Annals of Behavioral Medicine</i> , 2018, 52, 809-816.	2.9	14
106	Pilot Test of an Acceptance-Based Behavioral Intervention to Promote Physical Activity During Weight Loss Maintenance. <i>Behavioral Medicine</i> , 2018, 44, 77-87.	1.9	14
107	Promotion of physical activity during weight loss maintenance: A randomized controlled trial. <i>Health Psychology</i> , 2021, 40, 178-187.	1.6	14
108	Acceptance-Versus Change-Based Pain Management. <i>Behavior Modification</i> , 2012, 36, 37-48.	1.6	13

#	ARTICLE	IF	CITATIONS
109	A pilot study of an acceptance-based behavioral treatment for binge eating disorder. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 1-7.	2.6	13
110	Are individuals with loss of control eating more prone to dietary lapse in behavioural weight loss treatment? An ecological momentary assessment study. <i>European Eating Disorders Review</i> , 2018, 26, 259-264.	4.1	13
111	The project REBOOT protocol: Evaluating a personalized inhibitory control training as an adjunct to cognitive behavioral therapy for bulimia nervosa and binge eating disorder. <i>International Journal of Eating Disorders</i> , 2020, 53, 1007-1013.	4.0	13
112	Personalization Paradox in Behavior Change Apps. <i>Proceedings of the ACM on Human-Computer Interaction</i> , 2021, 5, 1-21.	3.3	13
113	Is physical activity a risk or protective factor for subsequent dietary lapses among behavioral weight loss participants?. <i>Health Psychology</i> , 2020, 39, 240-244.	1.6	13
114	Player Modeling via Multi-Armed Bandits. , 2020, , .		13
115	The association between negative affect and physical activity among adults in a behavioral weight loss treatment. <i>Psychology of Sport and Exercise</i> , 2020, 47, 101507.	2.1	12
116	Counselor Surveillance of Digital Self-Monitoring Data: A Pilot Randomized Controlled Trial. <i>Obesity</i> , 2020, 28, 2339-2346.	3.0	12
117	Assessing the valuing process in Acceptance and Commitment Therapy: Experts' review of the current status and recommendations for future measure development. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 225-233.	2.6	11
118	Change in domain-specific but not general psychological flexibility relates to greater weight loss in acceptance-based behavioral treatment for obesity. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 59-65.	2.6	11
119	Weight-Related Information Avoidance Prospectively Predicts Poorer Self-Monitoring and Engagement in a Behavioral Weight Loss Intervention. <i>Annals of Behavioral Medicine</i> , 2021, 55, 103-111.	2.9	11
120	The relationship of alcohol use to weight loss in the context of behavioral weight loss treatment. <i>Appetite</i> , 2016, 99, 105-111.	3.7	10
121	Trusting homeostatic cues versus accepting hedonic cues: A randomized controlled trial comparing two distinct mindfulness-based intervention components. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 409-417.	2.6	10
122	Cognitive and Self-regulatory Mechanisms of Obesity Study (COSMOS): Study protocol for a randomized controlled weight loss trial examining change in biomarkers, cognition, and self-regulation across two behavioral treatments. <i>Contemporary Clinical Trials</i> , 2018, 66, 20-27.	1.8	10
123	A Randomized Controlled Trial of CBT+: A Clinician-Controlled, Just-In-Time, Adjunctive Intervention for Bulimia-Spectrum Disorders. <i>Behavior Modification</i> , 2023, 47, 551-572.	1.6	10
124	The relationship between dorsolateral prefrontal activation and speech performance-based social anxiety using functional near infrared spectroscopy. <i>Brain Imaging and Behavior</i> , 2017, 11, 797-807.	2.1	9
125	The association between previous success with weight loss through dietary change and success in a lifestyle modification program. <i>Journal of Behavioral Medicine</i> , 2018, 41, 152-159.	2.1	9
126	Gender differences in the effect of gamification on weight loss during a daily, neurocognitive training program. <i>Translational Behavioral Medicine</i> , 2021, 11, 1015-1022.	2.4	9

#	ARTICLE	IF	CITATIONS
127	Lifestyle Modification for the Treatment of Obesity. , 2014, , 147-155.		9
128	Rumination Derails Reinforcement Learning With Possible Implications for Ineffective Behavior. Clinical Psychological Science, 2022, 10, 714-733.	4.0	9
129	The psychotherapy dose effect in naturalistic settings revisited: Response to Gray.. Clinical Psychology: Science and Practice, 2003, 10, 507-508.	0.9	8
130	Baseline eating disorder severity predicts response to an acceptance and commitment therapy-based group treatment. Journal of Contextual Behavioral Science, 2013, 2, 74-78.	2.6	8
131	From last supper to self-initiated weight loss: Pretreatment weight change may be more important than previously thought. Obesity, 2016, 24, 843-849.	3.0	8
132	Associations between change in sedentary behavior and outcome in standard behavioral weight loss treatment. Translational Behavioral Medicine, 2018, 8, 299-304.	2.4	8
133	Differential Programming Needs of College Students Preferring Web-Based Versus In-Person Physical Activity Programs. Health Communication, 2018, 33, 1509-1515.	3.1	8
134	Self-report versus clinical interview: Discordance among measures of binge eating in a weight-loss seeking sample. Eating and Weight Disorders, 2021, 26, 1259-1263.	2.5	8
135	Feasibility, Acceptability, and Preliminary Target Engagement of a Healthy Physical Activity Promotion Intervention for Bulimia Nervosa: Development and Evaluation via Case Series Design. Cognitive and Behavioral Practice, 2022, 29, 598-613.	1.5	8
136	Comparing ecological momentary assessment to sensor-based approaches in predicting dietary lapse. Translational Behavioral Medicine, 2021, 11, 2099-2109.	2.4	8
137	Evaluating the efficacy of mindfulness and acceptance-based treatment components for weight loss: Protocol for a multiphase optimization strategy trial. Contemporary Clinical Trials, 2021, 110, 106573.	1.8	8
138	Acceptance-based treatment and quality of life among patients with an eating disorder. Journal of Contextual Behavioral Science, 2015, 4, 42-47.	2.6	7
139	Developing more efficient, effective, and disseminable treatments for eating disorders: an overview of the multiphase optimization strategy. Eating and Weight Disorders, 2019, 24, 983-995.	2.5	7
140	Examination of the relationship between lapses and weight loss in a smartphone-based just-in time adaptive intervention. Translational Behavioral Medicine, 2021, 11, 993-1005.	2.4	7
141	The project <scp>COMPASS</scp> protocol: Optimizing mindfulness and acceptance-based behavioral treatment for binge-eating spectrum disorders. International Journal of Eating Disorders, 2021, 54, 451-458.	4.0	7
142	Efficacy of telehealth acceptance and commitment therapy for weight loss: a pilot randomized clinical trial. Translational Behavioral Medicine, 2021, 11, 1527-1536.	2.4	7
143	Incorporating automated digital interventions into coach-delivered weight loss treatment: A meta-analysis.. Health Psychology, 2021, 40, 534-545.	1.6	7
144	Near-infrared spectroscopic assessment of in vivo prefrontal activation in public speaking anxiety: A preliminary study.. Psychology of Consciousness: Theory Research, and Practice, 2014, 1, 271-283.	0.4	6

#	ARTICLE	IF	CITATIONS
145	Energy intake highs and lows: how much does consistency matter in weight control?. <i>Clinical Obesity</i> , 2016, 6, 193-201.	2.0	6
146	Does executive function moderate the relation between momentary affective and physical states and subsequent dietary lapse? An EMA investigation. <i>Journal of Behavioral Medicine</i> , 2019, 42, 1148-1152.	2.1	6
147	The relationship of weight suppression to treatment outcomes during behavioral weight loss. <i>Journal of Behavioral Medicine</i> , 2019, 42, 365-375.	2.1	6
148	Depressive symptoms, psychological flexibility, and binge eating in individuals seeking behavioral weight loss treatment. <i>Journal of Contextual Behavioral Science</i> , 2019, 14, 50-54.	2.6	5
149	Pragmatic recommendations to address challenges in disseminating evidenced-based treatment guidelines.. <i>Canadian Psychology</i> , 2016, 57, 160-171.	2.1	5
150	Could technology help us tackle the obesity crisis?. <i>Future Science OA</i> , 2016, 2, FSO151.	1.9	4
151	Do participants with children age 18 and under have suboptimal weight loss?. <i>Eating Behaviors</i> , 2018, 29, 68-74.	2.0	4
152	BestFIT Sequential Multiple Assignment Randomized Trial Results: A SMART Approach to Developing Individualized Weight Loss Treatment Sequences. <i>Annals of Behavioral Medicine</i> , 2022, 56, 291-304.	2.9	4
153	Identifying behavioral types of dietary lapse from a mobile weight loss program: Preliminary investigation from a secondary data analysis. <i>Appetite</i> , 2021, 166, 105440.	3.7	4
154	Real-time fluctuations in mindful awareness, willingness, and values clarity, and their associations with craving and dietary lapse among those seeking weight loss. <i>Journal of Contextual Behavioral Science</i> , 2021, 22, 87-92.	2.6	4
155	Small weight gains during obesity treatment: normative or cause for concern?. <i>Obesity Science and Practice</i> , 2016, 2, 366-375.	1.9	3
156	Physical Activity Intentions and Behavior Mediate Treatment Response in an Acceptance-Based Weight Loss Intervention. <i>Annals of Behavioral Medicine</i> , 2019, 53, 1009-1019.	2.9	3
157	Guidelines for caregivers and healthcare professionals on speaking to children about overweight and obesity: a systematic review of the gray literature. <i>Translational Behavioral Medicine</i> , 2020, 10, 1144-1154.	2.4	3
158	Subjective Experiences of Physical Activity and Forecasting Bias During Behavioral Weight Loss. <i>Obesity Science and Practice</i> , 0, , .	1.9	3
159	The Psychotherapy Dose Effect in Naturalistic Settings Revisited: Response to Gray. <i>Clinical Psychology: Science and Practice</i> , 2003, 10, 507-508.	0.9	3
160	Evaluating the Feasibility, Acceptability, and Effects of Deposit Contracts With and Without Daily Feedback to Promote Physical Activity. <i>Journal of Physical Activity and Health</i> , 2020, 17, 29-36.	2.0	3
161	Time to Peak Weight Loss During Extended Behavioral Treatment. <i>Obesity</i> , 2018, 26, 658-664.	3.0	2
162	Physical discomfort intolerance as a predictor of weight loss and physical activity in a lifestyle modification program. <i>Journal of Behavioral Medicine</i> , 2020, 43, 1041-1046.	2.1	2

#	ARTICLE	IF	CITATIONS
163	Project Step: A Randomized Controlled Trial Investigating the Effects of Frequent Feedback and Contingent Incentives on Physical Activity. <i>Journal of Physical Activity and Health</i> , 2021, 18, 247-253.	2.0	2
164	Family Instability and Young Adolescent Maladjustment: The Mediating Effects of Parenting Quality and Adolescent Appraisals of Family Security. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2003, 32, 94-105.	3.4	2
165	Session 1: Welcome. , 2016, , 1-14.		2
166	A Pilot Study to Assess Feasibility, Acceptability, and Effectiveness of a Remotely-Delivered Intervention to Address Weight Regain after Bariatric Surgery. <i>Surgery for Obesity and Related Diseases</i> , 2015, 11, S55.	1.2	1
167	Discrepancies Between Clinician and Participant Intervention Adherence Ratings Predict Percent Weight Change During a Six-Month Behavioral Weight Loss Intervention. <i>Translational Behavioral Medicine</i> , 2021, 11, 1006-1014.	2.4	1
168	Does acceptance-based treatment moderate the effect of stress on dietary lapses?. <i>Translational Behavioral Medicine</i> , 2021, 11, 2110-2115.	2.4	1
169	Validation of the food craving Acceptance and action questionnaire (FAAQ) in a weight loss-seeking sample. <i>Appetite</i> , 2021, 168, 105680.	3.7	1
170	Momentary predictors of dietary lapse from a mobile health weight loss intervention. <i>Journal of Behavioral Medicine</i> , 2021, , 1.	2.1	1
171	Remotely Delivered Behavioral Weight Loss Intervention Using an Ad Libitum Plant-Based Diet: Pilot Acceptability, Feasibility, and Preliminary Results. <i>JMIR Formative Research</i> , 2022, 6, e37414.	1.4	1
172	Optimizing an mHealth Intervention to Change Food Purchasing Behaviors for Cancer Prevention: Protocol for a Pilot Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2022, 11, e39669.	1.0	0
173	Efficacy and mechanisms of a brief adaptive goal-setting intervention for physical activity: A randomised pilot trial. <i>International Journal of Sport and Exercise Psychology</i> , 2023, 21, 894-916.	2.1	0