Jasper A J Smits

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1018967/publications.pdf

Version: 2024-02-01

211 papers 11,661 citations

52 h-index 100 g-index

216 all docs

216 docs citations

216 times ranked

9754 citing authors

| # | Article | IF | CITATIONS |
|----|---|------|-----------|
| 1 | Cognitive-Behavioral Therapy for Adult Anxiety Disorders. Journal of Clinical Psychiatry, 2008, 69, 621-632. | 1.1 | 1,152 |
| 2 | A Meta-Analysis of the Efficacy of Acceptance and Commitment Therapy for Clinically Relevant Mental and Physical Health Problems. Psychotherapy and Psychosomatics, 2015, 84, 30-36. | 4.0 | 680 |
| 3 | Cognitive behavioral therapy for anxiety and related disorders: A metaâ€analysis of randomized placeboâ€controlled trials. Depression and Anxiety, 2018, 35, 502-514. | 2.0 | 526 |
| 4 | Augmentation of Exposure Therapy With D-Cycloserine for Social Anxiety Disorder. Archives of General Psychiatry, 2006, 63, 298. | 13.8 | 524 |
| 5 | Cognitive-behavioral therapy for obsessive-compulsive disorder: A meta-analysis of treatment outcome and moderators. Journal of Psychiatric Research, 2013, 47, 33-41. | 1.5 | 486 |
| 6 | Exercise Interventions for Mental Health: A Quantitative and Qualitative Review Clinical Psychology: Science and Practice, 2006, 13, 179-193. | 0.6 | 474 |
| 7 | LET'S GET PHYSICAL: A CONTEMPORARY REVIEW OF THE ANXIOLYTIC EFFECTS OF EXERCISE FOR ANXIETY AND ITS DISORDERS. Depression and Anxiety, 2013, 30, 362-373. | 2.0 | 262 |
| 8 | D-Cycloserine Augmentation of Exposure-Based Cognitive Behavior Therapy for Anxiety, Obsessive-Compulsive, and Posttraumatic Stress Disorders. JAMA Psychiatry, 2017, 74, 501. | 6.0 | 236 |
| 9 | Reducing anxiety sensitivity with exercise. Depression and Anxiety, 2008, 25, 689-699. | 2.0 | 227 |
| 10 | The efficacy of cognitive-behavioral interventions for reducing anxiety sensitivity: A meta-analytic review. Behaviour Research and Therapy, 2008, 46, 1047-1054. | 1.6 | 196 |
| 11 | Mechanism of Change in Cognitive-Behavioral Treatment of Panic Disorder: Evidence for the Fear of Fear Mediational Hypothesis Journal of Consulting and Clinical Psychology, 2004, 72, 646-652. | 1.6 | 191 |
| 12 | Exercise Augmentation of Exposure Therapy for PTSD: Rationale and Pilot Efficacy Data. Cognitive Behaviour Therapy, 2015, 44, 314-327. | 1.9 | 154 |
| 13 | Disentangling the Effects of Safety-Behavior Utilization and Safety-Behavior Availability During Exposure-Based Treatment: A Placebo-Controlled Trial Journal of Consulting and Clinical Psychology, 2004, 72, 448-454. | 1.6 | 152 |
| 14 | Threat reappraisal as a mediator of symptom change in cognitive-behavioral treatment of anxiety disorders: A systematic review Journal of Consulting and Clinical Psychology, 2012, 80, 624-635. | 1.6 | 152 |
| 15 | Combined Psychotherapy and Pharmacotherapy for Mood and Anxiety Disorders in Adults: Review and Analysis Clinical Psychology: Science and Practice, 2005, 12, 72-86. | 0.6 | 141 |
| 16 | Cognitive-behavioral therapy for hypochondriasis/health anxiety: A meta-analysis of treatment outcome and moderators. Behaviour Research and Therapy, 2014, 58, 65-74. | 1.6 | 141 |
| 17 | D-Cycloserine Enhancement of Fear Extinction is Specific to Successful Exposure Sessions: Evidence from the Treatment of Height Phobia. Biological Psychiatry, 2013, 73, 1054-1058. | 0.7 | 135 |
| 18 | An examination of the decline in fear and disgust during exposure-based treatment. Behaviour Research and Therapy, 2002, 40, 1243-1253. | 1.6 | 132 |

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| 19 | SOCIAL ANXIETY DISORDER IN DSM-5. Depression and Anxiety, 2014, 31, 472-479. | 2.0 | 116 |
| 20 | Cognitive mechanisms of social anxiety reduction: An examination of specificity and temporality Journal of Consulting and Clinical Psychology, 2006, 74, 1203-1212. | 1.6 | 115 |
| 21 | <scp>d</scp> -Cycloserine as an Augmentation Strategy With Cognitive-Behavioral Therapy for Social Anxiety Disorder. American Journal of Psychiatry, 2013, 170, 751-758. | 4.0 | 112 |
| 22 | d-cycloserine enhancement of exposure therapy for social anxiety disorder depends on the success of exposure sessions. Journal of Psychiatric Research, 2013, 47, 1455-1461. | 1.5 | 108 |
| 23 | Facilitation of fear extinction in phobic participants with a novel cognitive enhancer: A randomized placebo controlled trial of yohimbine augmentation. Journal of Anxiety Disorders, 2009, 23, 350-356. | 1.5 | 105 |
| 24 | Psychological, addictive, and health behavior implications of the COVID-19 pandemic. Behaviour Research and Therapy, 2020, 134, 103715. | 1.6 | 104 |
| 25 | Anxiety sensitivity and working memory capacity: Risk factors and targets for health behavior promotion. Clinical Psychology Review, 2016, 49, 67-78. | 6.0 | 103 |
| 26 | Behavioral Therapies for Treatment-Seeking Cannabis Users. Evaluation and the Health Professions, 2015, 38, 94-114. | 0.9 | 94 |
| 27 | Empirically Supported Treatments for Panic Disorder. Psychiatric Clinics of North America, 2009, 32, 593-610. | 0.7 | 92 |
| 28 | Is it Beneficial to Add Pharmacotherapy to Cognitive-Behavioral Therapy When Treating Anxiety Disorders? A Meta-Analytic Review. International Journal of Cognitive Therapy, 2009, 2, 160-175. | 1.3 | 92 |
| 29 | Exploring exercise as an avenue for the treatment of anxiety disorders. Expert Review of Neurotherapeutics, 2012, 12, 1011-1022. | 1.4 | 92 |
| 30 | Specificity of disgust vulnerability in the distinction and treatment of OCD. Journal of Psychiatric Research, 2011, 45, 1236-1242. | 1.5 | 90 |
| 31 | A meta-analytic review of cognitive processing therapy for adults with posttraumatic stress disorder. Cognitive Behaviour Therapy, 2019, 48, 1-14. | 1.9 | 90 |
| 32 | Does Distress Tolerance Moderate the Impact of Major Life Events on Psychosocial Variables and Behaviors Important in the Management of HIV?. Behavior Therapy, 2007, 38, 314-323. | 1.3 | 88 |
| 33 | The Efficacy of Vigorous-Intensity Exercise as an Aid to Smoking Cessation in Adults With High Anxiety Sensitivity. Psychosomatic Medicine, 2016, 78, 354-364. | 1.3 | 85 |
| 34 | Examination of the decline in fear and disgust during exposure to threat-relevant stimuli in blood–injection–injury phobia. Journal of Anxiety Disorders, 2007, 21, 445-455. | 1.5 | 80 |
| 35 | Psychological and pharmacological treatments for generalized anxiety disorder (GAD): a meta-analysis of randomized controlled trials. Cognitive Behaviour Therapy, 2020, 49, 1-21. | 1.9 | 77 |
| 36 | Augmentation of exposure therapy with post-session administration of d-cycloserine. Journal of Psychiatric Research, 2013, 47, 168-174. | 1.5 | 69 |

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| 37 | Behavioral versus cognitive treatment of obsessive-compulsive disorder: An examination of outcome and mediators of change Journal of Consulting and Clinical Psychology, 2013, 81, 415-428. | 1.6 | 68 |
| 38 | Yohimbine Enhancement of Exposure Therapy for Social Anxiety Disorder: A Randomized Controlled Trial. Biological Psychiatry, 2014, 75, 840-846. | 0.7 | 68 |
| 39 | Differential sensitivity of the three ASI factors in predicting panic disorder patients' subjective and behavioral response to hyperventilation challenge. Journal of Anxiety Disorders, 2003, 17, 583-591. | 1.5 | 66 |
| 40 | Attention training to reduce attention bias and social stressor reactivity: An attempt to replicate and extend previous findings. Behaviour Research and Therapy, 2012, 50, 350-358. | 1.6 | 65 |
| 41 | d-Cycloserine Augmentation of Cognitive Behavioral Therapy for Anxiety Disorders: an Update. Current Psychiatry Reports, 2015, 17, 532. | 2.1 | 65 |
| 42 | Identifying Potential Barriers to Physical Activity Adherence: Anxiety Sensitivity and Body Mass as Predictors of Fear During Exercise. Cognitive Behaviour Therapy, 2010, 39, 28-36. | 1.9 | 64 |
| 43 | Effects of Post-Session Administration of Methylene Blue on Fear Extinction and Contextual Memory in Adults With Claustrophobia. American Journal of Psychiatry, 2014, 171, 1091-1098. | 4.0 | 64 |
| 44 | The effect of attributional processes concerning medication taking on return of fear Journal of Consulting and Clinical Psychology, 2008, 76, 478-490. | 1.6 | 62 |
| 45 | Predictors of PTSD symptoms in adults admitted to a Level I trauma center: A prospective analysis. Journal of Anxiety Disorders, 2014, 28, 301-309. | 1.5 | 61 |
| 46 | Looking beyond depression: a meta-analysis of the effect of behavioral activation on depression, anxiety, and activation. Psychological Medicine, 2021, 51, 1491-1504. | 2.7 | 60 |
| 47 | The efficacy of videotape feedback for enhancing the effects of exposure-based treatment for social anxiety disorder: A controlled investigation. Behaviour Research and Therapy, 2006, 44, 1773-1785. | 1.6 | 58 |
| 48 | Anxiety sensitivity and marijuana use: an analysis from ecological momentary assessment. Depression and Anxiety, 2011, 28, 420-426. | 2.0 | 58 |
| 49 | Fear activation and distraction during the emotional processing of claustrophobic fear. Journal of Behavior Therapy and Experimental Psychiatry, 2004, 35, 219-232. | 0.6 | 57 |
| 50 | Posttraumatic stress disorder and cigarette smoking: A systematic review. Depression and Anxiety, 2018, 35, 1056-1072. | 2.0 | 57 |
| 51 | Cognitive enhancers for anxiety disorders. Pharmacology Biochemistry and Behavior, 2011, 99, 275-284. | 1.3 | 55 |
| 52 | PANIC DISORDER AND AGORAPHOBIA: AN OVERVIEW AND COMMENTARY ON DSM-5 CHANGES. Depression and Anxiety, 2014, 31, 480-486. | 2.0 | 55 |
| 53 | Enhancement of Psychosocial Treatment With D-Cycloserine: Models, Moderators, and Future Directions. Biological Psychiatry, 2016, 80, 274-283. | 0.7 | 55 |
| 54 | Effects of anxiety sensitivity reduction on smoking abstinence: An analysis from a panic prevention program Journal of Consulting and Clinical Psychology, 2018, 86, 474-485. | 1.6 | 55 |

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| 55 | Panic Attack History and Anxiety Sensitivity in Relation to Cognitive-Based Smoking Processes Among Treatment-Seeking Daily Smokers. Nicotine and Tobacco Research, 2013, 15, 1-10. | 1.4 | 52 |
| 56 | The Effect of Exercise Training Modality on Serum Brain Derived Neurotrophic Factor Levels in Individuals with Type 2 Diabetes. PLoS ONE, 2012, 7, e42785. | 1.1 | 51 |
| 57 | Augmenting treatment efficiency in exposure therapy for PTSD: a randomized double-blind placebo-controlled trial of yohimbine HCl. Cognitive Behaviour Therapy, 2018, 47, 351-371. | 1.9 | 50 |
| 58 | SLEEP QUALITY PREDICTS TREATMENT OUTCOME IN CBT FOR SOCIAL ANXIETY DISORDER. Depression and Anxiety, 2013, 30, 1114-1120. | 2.0 | 47 |
| 59 | Core Mechanisms of Cognitive Behavioral Therapy for Anxiety and Depression. Psychiatric Clinics of North America, 2017, 40, 611-623. | 0.7 | 47 |
| 60 | Ensemble machine learning prediction of posttraumatic stress disorder screening status after emergency room hospitalization. Journal of Anxiety Disorders, 2018, 60, 35-42. | 1.5 | 47 |
| 61 | A meta-analytic review of the effects of psychotherapy control conditions for anxiety disorders. Psychological Medicine, 2009, 39, 229-239. | 2.7 | 46 |
| 62 | Emotional vulnerability as a function of physical activity among individuals with panic disorder. Depression and Anxiety, 2006, 23, 102-106. | 2.0 | 45 |
| 63 | The role of smoking inflexibility/avoidance in the relation between anxiety sensitivity and tobacco use and beliefs among treatment-seeking smokers Experimental and Clinical Psychopharmacology, 2014, 22, 229-237. | 1.3 | 45 |
| 64 | FIVE SESSIONS AND COUNTING: CONSIDERING ULTRA-BRIEF TREATMENT FOR PANIC DISORDER. Depression and Anxiety, 2012, 29, 465-470. | 2.0 | 44 |
| 65 | Combined Psychotherapy and Pharmacotherapy for Mood and Anxiety Disorders in Adults: Review and Analysis. Clinical Psychology: Science and Practice, 2005, 12, 72-86. | 0.6 | 43 |
| 66 | Unexpected arousal, anxiety sensitivity, and their interaction on CO2-induced panic: Further evidence for the context-sensitivity vulnerability model. Journal of Anxiety Disorders, 2011, 25, 645-653. | 1.5 | 43 |
| 67 | Urinary dopamine and turn bias in traumatized women with and without PTSD symptoms. Behavioural Brain Research, 2003, 144, 137-141. | 1.2 | 41 |
| 68 | An investigation of the relationship between fear of negative evaluation and bulimic psychopathology. Eating Behaviors, 2010, 11, 231-238. | 1.1 | 40 |
| 69 | Pretreatment Posttraumatic Stress Disorder Symptom Network Metrics Predict the Strength of the Association Between Node Change and Network Change During Treatment. Journal of Traumatic Stress, 2020, 33, 64-71. | 1.0 | 39 |
| 70 | Do conversations with virtual avatars increase feelings of social anxiety?. Journal of Anxiety Disorders, 2013, 27, 398-403. | 1.5 | 38 |
| 71 | Exercise for Mood and Anxiety Disorders: The State-of-the Science. Cognitive Behaviour Therapy, 2015, 44, 237-239. | 1.9 | 38 |
| 72 | Anxiety Sensitivity Uniquely Predicts Exercise Behaviors in Young Adults Seeking to Increase Physical Activity. Behavior Modification, 2016, 40, 178-198. | 1.1 | 38 |

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| 73 | D-cycloserine augmentation of cognitive behavioral group therapy of social anxiety disorder: Prognostic and prescriptive variables Journal of Consulting and Clinical Psychology, 2013, 81, 1100-1112. | 1.6 | 38 |
| 74 | Active-imaginal exposure: examination of a new behavioral treatment for cynophobia (dog phobia). Behaviour Research and Therapy, 2003, 41, 1337-1353. | 1.6 | 37 |
| 75 | Attention bias dynamics and symptom severity during and following CBT for social anxiety disorder Journal of Consulting and Clinical Psychology, 2016, 84, 795-802. | 1.6 | 37 |
| 76 | Changes in anxiety sensitivity with pharmacotherapy for panic disorder. Journal of Psychiatric Research, 2004, 38, 491-495. | 1.5 | 36 |
| 77 | Changes in Dosing and Dose Timing of D-Cycloserine Explain Its Apparent Declining Efficacy for Augmenting Exposure Therapy for Anxiety-related Disorders: An Individual Participant-data Meta-analysis. Journal of Anxiety Disorders, 2019, 68, 102149. | 1.5 | 36 |
| 78 | Extinction retention predicts improvement in social anxiety symptoms following exposure therapy. Depression and Anxiety, 2009, 26, 22-27. | 2.0 | 35 |
| 79 | A meta-analysis of pharmacotherapy for social anxiety disorder: an examination of efficacy, moderators, and mediators. Expert Opinion on Pharmacotherapy, 2017, 18, 243-251. | 0.9 | 35 |
| 80 | The Speech Anxiety Thoughts Inventory: scale development and preliminary psychometric data. Behaviour Research and Therapy, 2004, 42, 13-25. | 1.6 | 34 |
| 81 | The effects of acute exercise on CO2 challenge reactivity. Journal of Psychiatric Research, 2009, 43, 446-454. | 1.5 | 34 |
| 82 | Evaluative conditioning of fear and disgust in blood-injection-injury phobia: Specificity and impact of individual differences in disgust sensitivity. Journal of Anxiety Disorders, 2009, 23, 153-159. | 1.5 | 34 |
| 83 | Effects of threat context and cardiac sensitivity on fear responding to a 35% CO2 challenge: A test of the context-sensitivity panic vulnerability model. Journal of Behavior Therapy and Experimental Psychiatry, 2010, 41, 365-372. | 0.6 | 34 |
| 84 | The efficacy of vigorous-intensity exercise as an aid to smoking cessation in adults with elevated anxiety sensitivity: study protocol for a randomized controlled trial. Trials, 2012, 13, 207. | 0.7 | 34 |
| 85 | The relative contributions of fear and disgust reductions to improvements in spider phobia following exposure-based treatment. Journal of Behavior Therapy and Experimental Psychiatry, 2011, 42, 117-121. | 0.6 | 33 |
| 86 | Emotional responding to hyperventilation as a predictor of agoraphobia status among individuals suffering from panic disorder. Journal of Behavior Therapy and Experimental Psychiatry, 2003, 34, 161-170. | 0.6 | 32 |
| 87 | Effects of <i>D</i> -Cycloserine Administration on Weekly Nonemotional Memory Tasks in Healthy Participants. Psychotherapy and Psychosomatics, 2009, 78, 49-54. | 4.0 | 32 |
| 88 | Prescriptive variables for d-cycloserine augmentation of exposure therapy for posttraumatic stress disorder. Journal of Psychiatric Research, 2014, 48, 40-46. | 1.5 | 32 |
| 89 | Heated hatha yoga to target cortisol reactivity to stress and affective eating in women at risk for obesity-related illnesses: A randomized controlled trial Journal of Consulting and Clinical Psychology, 2016, 84, 558-564. | 1.6 | 32 |
| 90 | Physical activity as a moderator of the association between anxiety sensitivity and binge eating. Eating Behaviors, 2012, 13, 194-201. | 1.1 | 31 |

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| 91 | The Role of Anxiety Sensitivity and Eating Expectancy in Maladaptive Eating Behavior. Cognitive Therapy and Research, 2013, 37, 923-933. | 1.2 | 31 |
| 92 | Examining the moderating effect of depressive symptoms on the relation between exercise and self-efficacy during the initiation of regular exercise Health Psychology, 2015, 34, 556-565. | 1.3 | 31 |
| 93 | The effects of exercise on transdiagnostic treatment targets: A meta-analytic review. Behaviour Research and Therapy, 2019, 115, 19-37. | 1.6 | 31 |
| 94 | Efficacy of digital cognitive behavioral therapy for moderateâ€toâ€severe symptoms of generalized anxiety disorder: A randomized controlled trial. Depression and Anxiety, 2020, 37, 1168-1178. | 2.0 | 31 |
| 95 | Does exercise aid smoking cessation through reductions in anxiety sensitivity and dysphoria?. Health Psychology, 2018, 37, 647-657. | 1.3 | 29 |
| 96 | Cognitive-behavioral therapy for the treatment of anxiety disorders. Journal of Clinical Psychiatry, 2004, 65 Suppl 5, 34-41. | 1.1 | 29 |
| 97 | Translating Empirically Supported Strategies Into Accessible Interventions: The Potential Utility of Exercise for the Treatment of Panic Disorder. Cognitive and Behavioral Practice, 2007, 14, 364-374. | 0.9 | 28 |
| 98 | Psychotropic medication use mediates the relationship between mood and anxiety disorders and obesity: Findings from a nationally representative sample. Journal of Psychiatric Research, 2010, 44, 1010-1016. | 1.5 | 28 |
| 99 | Clarifying the Link Between Distress Intolerance and Exercise: Elevated Anxiety Sensitivity Predicts Less Vigorous Exercise. Cognitive Therapy and Research, 2013, 37, 476-482. | 1.2 | 28 |
| 100 | Extinction learning as a moderator of d-cycloserine efficacy for enhancing exposure therapy in posttraumatic stress disorder. Journal of Anxiety Disorders, 2015, 34, 63-67. | 1.5 | 28 |
| 101 | Integrated Treatment for Smoking Cessation, Anxiety, and Depressed Mood in People Living With HIV: A Randomized Controlled Trial. Journal of Acquired Immune Deficiency Syndromes (1999), 2018, 79, 261-268. | 0.9 | 28 |
| 102 | Cognitive therapy for depressed adults with comorbid social phobia. Journal of Affective Disorders, 2009, 114, 271-278. | 2.0 | 27 |
| 103 | Outcomes of Acute Phase Cognitive Therapy in Outpatients with Anxious versus Nonanxious Depression. Psychotherapy and Psychosomatics, 2012, 81, 153-160. | 4.0 | 27 |
| 104 | Associations Between Fear of Negative Evaluation and Eating Pathology During Intervention and 12-Month Follow-up. Cognitive Therapy and Research, 2013, 37, 941-952. | 1.2 | 27 |
| 105 | Appraisal of Social Concerns: A cognitive assessment instrument for social phobia. Depression and Anxiety, 2004, 19, 217-224. | 2.0 | 26 |
| 106 | The Effects of a Hatha Yoga Intervention on Facets of Distress Tolerance. Cognitive Behaviour Therapy, 2015, 44, 288-300. | 1.9 | 25 |
| 107 | Reducing Approach Bias to Achieve Smoking Cessation: A Pilot Randomized Placebo-Controlled Trial. Cognitive Therapy and Research, 2017, 41, 662-670. | 1.2 | 25 |
| 108 | Exercise for Mood and Anxiety Disorders. Journal of Clinical Psychiatry, 2007, 68, 669-676. | 1.1 | 25 |

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| 109 | Smoking status and exercise in relation to PTSD symptoms: A test among trauma-exposed adults. Mental Health and Physical Activity, 2013, 6, 132-138. | 0.9 | 24 |
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| 111 | Chronic cannabis use is associated with impaired fear extinction in humans Journal of Abnormal Psychology, 2017, 126, 117-124. | 2.0 | 24 |
| 112 | Exercise and coping-oriented alcohol use among a trauma-exposed sample. Addictive Behaviors, 2011, 36, 274-277. | 1.7 | 23 |
| 113 | Emotion dysregulation explains relations between sleep disturbance and smoking quit-related cognition and behavior. Addictive Behaviors, 2016, 57, 6-12. | 1.7 | 23 |
| 114 | Effects of acute exercise on fear extinction in rats and exposure therapy in humans: Null findings from five experiments. Journal of Anxiety Disorders, 2017, 50, 76-86. | 1.5 | 22 |
| 115 | Do Changes in Panic Appraisal Predict Improvement in Clinical Status Following Cognitive-Behavioral Treatment of Panic Disorder?. Cognitive Therapy and Research, 2007, 31, 695-707. | 1.2 | 21 |
| 116 | The Interplay Between Physical Activity and Anxiety Sensitivity in Fearful Responding to Carbon Dioxide Challenge. Psychosomatic Medicine, 2011, 73, 498-503. | 1.3 | 21 |
| 117 | Enhancing exposure therapy for PTSD with yohimbine HCL: Protocol for a double-blind, randomized controlled study implementing subjective and objective measures of treatment outcome. Contemporary Clinical Trials, 2013, 36, 319-326. | 0.8 | 21 |
| 118 | Dose timing of d -cycloserine to augment cognitive behavioral therapy for social anxiety: Study design and rationale. Contemporary Clinical Trials, 2015, 43, 223-230. | 0.8 | 21 |
| 119 | Anxiety and Disordered Eating. Cognitive Therapy and Research, 2013, 37, 887-889. | 1.2 | 20 |
| 120 | Cardiorespiratory fitness moderates the effect of an affect-guided physical activity prescription: a pilot randomized controlled trial. Cognitive Behaviour Therapy, 2016, 45, 445-457. | 1.9 | 20 |
| 121 | Immersive 3D exposure-based treatment for spider fear: A randomized controlled trial. Journal of Anxiety Disorders, 2018, 58, 1-7. | 1.5 | 20 |
| 122 | Immersive 3D exposure-based treatment for spider fear: A randomized controlled trial. Journal of Anxiety Disorders, 2019, 61, 37-44. | 1.5 | 20 |
| 123 | Dose Timing of <scp>D</scp> -Cycloserine to Augment Exposure Therapy for Social Anxiety Disorder. JAMA Network Open, 2020, 3, e206777. | 2.8 | 20 |
| 124 | Mediation of symptom changes during inpatient treatment for eating disorders: The role of obsessive–compulsive features. Journal of Psychiatric Research, 2010, 44, 910-916. | 1.5 | 18 |
| 125 | Emotion dysregulation and body mass index: The explanatory role of emotional eating among adult smokers. Eating Behaviors, 2019, 33, 97-101. | 1.1 | 18 |
| 126 | Evaluation of the Glycine Transporter Inhibitor Org 25935 as Augmentation to Cognitive-Behavioral Therapy for Panic Disorder. Journal of Clinical Psychiatry, 2012, 73, 647-653. | 1.1 | 18 |

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| 127 | Weekly variability in outcome expectations: Examining associations with related physical activity experiences during physical activity initiation. Journal of Health Psychology, 2014, 19, 1309-1319. | 1.3 | 17 |
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| 130 | Update on the efficacy of pharmacotherapy for social anxiety disorder: a meta-analysis. Expert Opinion on Pharmacotherapy, 2014, 15, 2281-2291. | 0.9 | 16 |
| 131 | A randomized controlled study of power posing before public speaking exposure for social anxiety disorder: No evidence for augmentative effects. Journal of Anxiety Disorders, 2017, 52, 1-7. | 1.5 | 16 |
| 132 | Concurrent Associations Between Anxiety Sensitivity and Perceived Health and Health Disability among Young Adult Daily Smokers. Cognitive Behaviour Therapy, 2007, 36, 1-11. | 1.9 | 15 |
| 133 | Gender moderates the effect of exercise on anxiety sensitivity. Mental Health and Physical Activity, 2014, 7, 147-151. | 0.9 | 15 |
| 134 | The desire to belong: Social identification as a predictor of treatment outcome in social anxiety disorder. Behaviour Research and Therapy, 2016, 81, 21-34. | 1.6 | 15 |
| 135 | Communityâ€based smoking cessation treatment for adults with high anxiety sensitivity: a randomized clinical trial. Addiction, 2021, 116, 3188-3197. | 1.7 | 15 |
| 136 | The Development of a Novel Measure to Assess Motives for Compensatory Eating in Response to Exercise: The CEMQ. Behavioral Medicine, 2016, 42, 93-104. | 1.0 | 14 |
| 137 | Sustained Care Smoking Cessation Intervention for Individuals Hospitalized for Psychiatric Disorders. JAMA Psychiatry, 2021, 78, 839. | 6.0 | 14 |
| 138 | Combining Cognitive-Behavioral Therapy and Pharmacotherapy for the Treatment of Panic Disorder. Journal of Cognitive Psychotherapy, 2006, 20, 75-84. | 0.2 | 13 |
| 139 | Pitfalls of Meta-Analyses. Journal of Nervous and Mental Disease, 2008, 196, 716-717. | 0.5 | 13 |
| 140 | Smoking Behavior and Alcohol Consumption in Individuals With Panic Attacks. Journal of Cognitive Psychotherapy, 2011, 25, 61-70. | 0.2 | 13 |
| 141 | Anxiety sensitivity, health behaviors, and the prevention and treatment of medical illness Clinical Psychology: Science and Practice, 2018, 25, . | 0.6 | 13 |
| 142 | Effect of cognitive bias modification-memory on depressive symptoms and autobiographical memory bias: two independent studies in high-ruminating and dysphoric samples. Cognition and Emotion, 2019, 33, 288-304. | 1.2 | 13 |
| 143 | Examination of the decline in symptoms of anxiety and depression in generalized anxiety disorder: impact of anxiety sensitivity on response to pharmacotherapy. Depression and Anxiety, 2008, 25, 167-171. | 2.0 | 12 |
| 144 | Negative affect as a mediator of the relationship between vigorous-intensity exercise and smoking. Addictive Behaviors, 2010, 35, 580-585. | 1.7 | 12 |

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| 145 | Efficacy of smoking cessation therapy alone or integrated with prolonged exposure therapy for smokers with PTSD: Study protocol for a randomized controlled trial. Contemporary Clinical Trials, 2016, 50, 213-221. | 0.8 | 12 |
| 146 | Distress Tolerance as a Predictor of Adherence to a Yoga Intervention. Behavior Modification, 2016, 40, 199-217. | 1.1 | 12 |
| 147 | Adding Cognitive-Behavioral Therapy to Pharmacotherapy for Panic Disorder: Issues and Strategies. CNS Spectrums, 2005, 10, 32-39. | 0.7 | 11 |
| 148 | Examining the efficacy of d-cycloserine to augment therapeutic learning in depression. Contemporary Clinical Trials, 2016, 48, 146-152. | 0.8 | 11 |
| 149 | Effect of d-cycloserine on fear extinction training in adults with social anxiety disorder. PLoS ONE, 2019, 14, e0223729. | 1.1 | 11 |
| 150 | A randomized controlled trial protocol for engaging distress tolerance and working memory to aid smoking cessation in low socioeconomic status (SES) adults Health Psychology, 2020, 39, 815-825. | 1.3 | 11 |
| 151 | Exercise self-efficacy moderates the relation between anxiety sensitivity and body mass index and exercise tolerance in treatment-seeking smokers. Mental Health and Physical Activity, 2016, 10, 25-32. | 0.9 | 10 |
| 152 | Do comorbid social and other anxiety disorders predict outcomes during and after cognitive therapy for depression?. Journal of Affective Disorders, 2019, 242, 150-158. | 2.0 | 10 |
| 153 | Exercise enhances: study protocol of a randomized controlled trial on aerobic exercise as depression treatment augmentation. BMC Psychiatry, 2020, 20, 585. | 1.1 | 10 |
| 154 | Anxiety sensitivity as a malleable mechanistic target for prevention interventions: A meta-analysis of the efficacy of brief treatment interventions Clinical Psychology: Science and Practice, 2021, 28, 323-337. | 0.6 | 10 |
| 155 | Singular and Combined Effects of Thought Suppression and Anxiety Induction on Frequency of Threatening Thoughts: An Experimental Investigation. Cognitive Therapy and Research, 2005, 29, 525-539. | 1.2 | 9 |
| 156 | Development of a Brief Version of the Social Phobia Inventory Using Item Response Theory: The Mini-SPIN-R. Behavior Therapy, 2013, 44, 651-661. | 1.3 | 9 |
| 157 | Anxiety Sensitivity and Smoking Variability Among Treatment Seeking Smokers. Addictive Disorders and Their Treatment, 2016, 15, 136-142. | 0.5 | 9 |
| 158 | A placebo-controlled randomized trial of D-cycloserine augmentation of cue exposure therapy for smoking cessation. Cognitive Behaviour Therapy, 2019, 48, 65-76. | 1.9 | 9 |
| 159 | Endogenous testosterone levels are predictive of symptom reduction with exposure therapy in social anxiety disorder. Psychoneuroendocrinology, 2020, 115, 104612. | 1.3 | 9 |
| 160 | Efficacy of attention bias modification training for depressed adults: a randomized clinical trial. Psychological Medicine, 2022, 52, 3865-3873. | 2.7 | 9 |
| 161 | Anxiety sensitivity class membership moderates the effects of pre-quit reduction in anxiety sensitivity on quit-day tobacco craving. Journal of Anxiety Disorders, 2016, 39, 79-87. | 1.5 | 8 |
| 162 | Demonstration of an Integrated Treatment for Smoking Cessation and Anxiety Symptoms in People With HIV: A Clinical Case Study. Cognitive and Behavioral Practice, 2017, 24, 200-214. | 0.9 | 8 |

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| 165 | Visceral sensitivity, anxiety, and smoking among treatment-seeking smokers. Addictive Behaviors, 2017, 75, 1-6. | 1.7 | 7 |
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| 167 | Efficacy of digital cognitive behavioural therapy for symptoms of generalised anxiety disorder: a study protocol for a randomised controlled trial. Trials, 2020, 21, 357. | 0.7 | 7 |
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