Shadi Beshai

List of Publications by Year in descending order

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623734 454955 1,075 35 14 30 citations g-index h-index papers 40 40 40 1095 all docs docs citations times ranked citing authors

#	Article	IF	CITATIONS
1	Experiences of developmental unpredictability and harshnessÂpredict adult cognition: An examination of maladaptive schemas, positive schemas, and cognitive distortions. Current Psychology, 2022, 41, 7155-7165.	2.8	5
2	Resilience in the Ranks: Trait Mindfulness and Self-Compassion Buffer the Deleterious Effects of Envy on Mental Health Symptoms among Public Safety Personnel. International Journal of Environmental Research and Public Health, 2022, 19, 5926.	2.6	4
3	A Qualitative Analysis of the Mental Health Training and Educational Needs of Firefighters, Paramedics, and Public Safety Communicators in Canada. International Journal of Environmental Research and Public Health, 2022, 19, 6972.	2.6	7
4	Causal explanations of depression on perceptions of and likelihood to choose cognitive behavioural therapy and antidepressant medications as depression treatments. Psychology and Psychotherapy: Theory, Research and Practice, 2021, 94, 201-216.	2.5	6
5	Endocrine and psychosocial moderators of mindfulness-based stress reduction for the prevention of perimenopausal depressive symptoms: A randomized controlled trial. Psychoneuroendocrinology, 2021, 130, 105277.	2.7	18
6	First episode indices associated with lifetime chronicity of depression among formerly depressed participants: an exploratory study. Journal of Mental Health, 2020, 29, 677-683.	1.9	3
7	Dispositional mindfulness is associated with heart rate reactivity and recovery in response to a lab stressor. Stress and Health, 2020, 36, 3-10.	2.6	5
8	Examining the effectiveness of an online program to cultivate mindfulness and self-compassion skills (Mind-OP): Randomized controlled trial on Amazon's Mechanical Turk. Behaviour Research and Therapy, 2020, 134, 103724.	3.1	19
9	The associations of dispositional mindfulness, self-compassion, and reappraisal with symptoms of depression and anxiety among a sample of Indigenous students in Canada. Journal of American College Health, 2020, 69, 1-9.	1.5	11
10	Fatalism and Depressive Symptoms: Active and Passive Forms of Fatalism Differentially Predict Depression. Journal of Religion and Health, 2020, 59, 3211-3226.	1.7	16
11	Associations of negative cognitions, emotional regulation, and depression symptoms across four continents: InternationalÂsupport for the cognitive model of depression. BMC Psychiatry, 2020, 20, 18.	2.6	21
12	The Relative Deprivation Trap: How Feeling Deprived Relates to Symptoms of Generalized Anxiety Disorder. Journal of Social and Clinical Psychology, 2020, 39, 897-922.	0.5	10
13	Intolerance of uncertainty fuels depressive symptoms through rumination: Cross-sectional and longitudinal studies. PLoS ONE, 2019, 14, e0224865.	2.5	16
14	Risk and protective factors in problem gambling: an examination of psychological resilience. International Gambling Studies, 2019, 19, 241-264.	2.1	18
15	Perceptions of Cognitive-Behavioral Therapy and Antidepressant Medication for Depression After Brief Psychoeducation: Examining Shifts in Attitudes. Behavior Therapy, 2019, 50, 851-863.	2.4	23
16	Trait mindfulness may buffer against the deleterious effects of childhood abuse in recurrent depression: A retrospective exploratory study. Clinical Psychologist, 2019, 23, 26-36.	0.8	12
17	Building Blocks of Emotional Flexibility: Trait Mindfulness and Self-Compassion Are Associated with Positive and Negative Mood Shifts. Mindfulness, 2018, 9, 939-948.	2.8	39
18	Mental Disorder Symptoms among Public Safety Personnel in Canada. Canadian Journal of Psychiatry, 2018, 63, 54-64.	1.9	317

#	Article	IF	CITATIONS
19	Suicidal ideation, plans, and attempts among public safety personnel in Canada Canadian Psychology, 2018, 59, 220-231.	2.1	98
20	Configural and scalar invariance of the center for epidemiologic studies depression scale in Egypt and Canada: Differential symptom emphasis across cultures and genders. Psychiatry Research, 2017, 250, 244-252.	3.3	5
21	Minding the gap: Subjective relative deprivation and depressive symptoms. Social Science and Medicine, 2017, 173, 18-25.	3.8	52
22	Personal relative deprivation associated with functional disorders via stress: An examination of fibromyalgia and gastrointestinal symptoms. PLoS ONE, 2017, 12, e0189666.	2.5	17
23	Assessing Competence in Collaborative Case Conceptualization: Development and Preliminary Psychometric Properties of the Collaborative Case Conceptualization Rating Scale (CCC-RS). Behavioural and Cognitive Psychotherapy, 2016, 44, 179-192.	1.2	12
24	A Non-Randomised Feasibility Trial Assessing the Efficacy of a Mindfulness-Based Intervention for Teachers to Reduce Stress and Improve Well-Being. Mindfulness, 2016, 7, 198-208.	2.8	87
25	Reduced Contact Cognitive-Behavioral Interventions for Adult Depression: A Review. Journal of Psychology: Interdisciplinary and Applied, 2016, 150, 252-279.	1.6	6
26	A Cross-Cultural Study of the Cognitive Model of Depression: Cognitive Experiences Converge between Egypt and Canada. PLoS ONE, 2016, 11, e0150699.	2.5	20
27	The effects of the gender-culture interaction on self-reports of depressive symptoms: cross-cultural study among Egyptians and Canadians. PeerJ, 2016, 4, e2783.	2.0	7
28	The Effects of Dysphoria and Personality on Negative Self-Referent Attitudes and Perceptions of the Attitudes of Others. Journal of Psychology: Interdisciplinary and Applied, 2015, 149, 498-516.	1.6	6
29	Gender and Attention in Depression: Examining the Role of Modified Attention in Shifting Mood and Cognitions. Cognitive Therapy and Research, 2014, 38, 621-633.	1.9	9
30	The Theory-Practice Gap in Cognitive Behavioral Therapy: Reflections and a Modest Proposal to Bridge the Gap. Behavior Therapy, 2013, 44, 559-567.	2.4	26
31	Conceptual and Pragmatic Considerations in the Use of Cognitive-Behavioral Therapy with Muslim Clients. Cognitive Therapy and Research, 2013, 37, 197-206.	1.9	23
32	Psychometric properties of the Center for Epidemiologic Studies Depression Scale in an Egyptian student sample. Middle East Current Psychiatry, 2013, 20, 223-228.	1.2	9
33	Lemons Into Lemonade: Development and Validation of an Inventory to Assess Dispositional Thriving. Europe's Journal of Psychology, 2013, 9, 62-76.	1.3	4
34	Cognition and dysphoria in Egypt and Canada: An examination of the cognitive triad Canadian Journal of Behavioural Science, 2012, 44, 29-39.	0.6	22
35	Relapse and recurrence prevention in depression: Current research and future prospects. Clinical Psychology Review, 2011, 31, 1349-1360.	11.4	119