

Shadi Beshai

List of Publications by Year in descending order

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Version: 2024-02-01

35
papers

1,075
citations

623734

14
h-index

454955

30
g-index

40
all docs

40
docs citations

40
times ranked

1095
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---|------|-----------|
| 1 | Mental Disorder Symptoms among Public Safety Personnel in Canada. <i>Canadian Journal of Psychiatry</i> , 2018, 63, 54-64. | 1.9 | 317 |
| 2 | Relapse and recurrence prevention in depression: Current research and future prospects. <i>Clinical Psychology Review</i> , 2011, 31, 1349-1360. | 11.4 | 119 |
| 3 | Suicidal ideation, plans, and attempts among public safety personnel in Canada.. <i>Canadian Psychology</i> , 2018, 59, 220-231. | 2.1 | 98 |
| 4 | A Non-Randomised Feasibility Trial Assessing the Efficacy of a Mindfulness-Based Intervention for Teachers to Reduce Stress and Improve Well-Being. <i>Mindfulness</i> , 2016, 7, 198-208. | 2.8 | 87 |
| 5 | Minding the gap: Subjective relative deprivation and depressive symptoms. <i>Social Science and Medicine</i> , 2017, 173, 18-25. | 3.8 | 52 |
| 6 | Building Blocks of Emotional Flexibility: Trait Mindfulness and Self-Compassion Are Associated with Positive and Negative Mood Shifts. <i>Mindfulness</i> , 2018, 9, 939-948. | 2.8 | 39 |
| 7 | The Theory-Practice Gap in Cognitive Behavioral Therapy: Reflections and a Modest Proposal to Bridge the Gap. <i>Behavior Therapy</i> , 2013, 44, 559-567. | 2.4 | 26 |
| 8 | Conceptual and Pragmatic Considerations in the Use of Cognitive-Behavioral Therapy with Muslim Clients. <i>Cognitive Therapy and Research</i> , 2013, 37, 197-206. | 1.9 | 23 |
| 9 | Perceptions of Cognitive-Behavioral Therapy and Antidepressant Medication for Depression After Brief Psychoeducation: Examining Shifts in Attitudes. <i>Behavior Therapy</i> , 2019, 50, 851-863. | 2.4 | 23 |
| 10 | Cognition and dysphoria in Egypt and Canada: An examination of the cognitive triad.. <i>Canadian Journal of Behavioural Science</i> , 2012, 44, 29-39. | 0.6 | 22 |
| 11 | Associations of negative cognitions, emotional regulation, and depression symptoms across four continents: International support for the cognitive model of depression. <i>BMC Psychiatry</i> , 2020, 20, 18. | 2.6 | 21 |
| 12 | A Cross-Cultural Study of the Cognitive Model of Depression: Cognitive Experiences Converge between Egypt and Canada. <i>PLoS ONE</i> , 2016, 11, e0150699. | 2.5 | 20 |
| 13 | Examining the effectiveness of an online program to cultivate mindfulness and self-compassion skills (Mind-OP): Randomized controlled trial on Amazon's Mechanical Turk. <i>Behaviour Research and Therapy</i> , 2020, 134, 103724. | 3.1 | 19 |
| 14 | Risk and protective factors in problem gambling: an examination of psychological resilience. <i>International Gambling Studies</i> , 2019, 19, 241-264. | 2.1 | 18 |
| 15 | Endocrine and psychosocial moderators of mindfulness-based stress reduction for the prevention of perimenopausal depressive symptoms: A randomized controlled trial. <i>Psychoneuroendocrinology</i> , 2021, 130, 105277. | 2.7 | 18 |
| 16 | Personal relative deprivation associated with functional disorders via stress: An examination of fibromyalgia and gastrointestinal symptoms. <i>PLoS ONE</i> , 2017, 12, e0189666. | 2.5 | 17 |
| 17 | Intolerance of uncertainty fuels depressive symptoms through rumination: Cross-sectional and longitudinal studies. <i>PLoS ONE</i> , 2019, 14, e0224865. | 2.5 | 16 |
| 18 | Fatalism and Depressive Symptoms: Active and Passive Forms of Fatalism Differentially Predict Depression. <i>Journal of Religion and Health</i> , 2020, 59, 3211-3226. | 1.7 | 16 |

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 19 | Assessing Competence in Collaborative Case Conceptualization: Development and Preliminary Psychometric Properties of the Collaborative Case Conceptualization Rating Scale (CCC-RS). Behavioural and Cognitive Psychotherapy, 2016, 44, 179-192. | 1.2 | 12 |
| 20 | Trait mindfulness may buffer against the deleterious effects of childhood abuse in recurrent depression: A retrospective exploratory study. Clinical Psychologist, 2019, 23, 26-36. | 0.8 | 12 |
| 21 | The associations of dispositional mindfulness, self-compassion, and reappraisal with symptoms of depression and anxiety among a sample of Indigenous students in Canada. Journal of American College Health, 2020, 69, 1-9. | 1.5 | 11 |
| 22 | The Relative Deprivation Trap: How Feeling Deprived Relates to Symptoms of Generalized Anxiety Disorder. Journal of Social and Clinical Psychology, 2020, 39, 897-922. | 0.5 | 10 |
| 23 | Psychometric properties of the Center for Epidemiologic Studies Depression Scale in an Egyptian student sample. Middle East Current Psychiatry, 2013, 20, 223-228. | 1.2 | 9 |
| 24 | Gender and Attention in Depression: Examining the Role of Modified Attention in Shifting Mood and Cognitions. Cognitive Therapy and Research, 2014, 38, 621-633. | 1.9 | 9 |
| 25 | The effects of the gender-culture interaction on self-reports of depressive symptoms: cross-cultural study among Egyptians and Canadians. PeerJ, 2016, 4, e2783. | 2.0 | 7 |
| 26 | A Qualitative Analysis of the Mental Health Training and Educational Needs of Firefighters, Paramedics, and Public Safety Communicators in Canada. International Journal of Environmental Research and Public Health, 2022, 19, 6972. | 2.6 | 7 |
| 27 | The Effects of Dysphoria and Personality on Negative Self-Referent Attitudes and Perceptions of the Attitudes of Others. Journal of Psychology: Interdisciplinary and Applied, 2015, 149, 498-516. | 1.6 | 6 |
| 28 | Reduced Contact Cognitive-Behavioral Interventions for Adult Depression: A Review. Journal of Psychology: Interdisciplinary and Applied, 2016, 150, 252-279. | 1.6 | 6 |
| 29 | Causal explanations of depression on perceptions of and likelihood to choose cognitive behavioural therapy and antidepressant medications as depression treatments. Psychology and Psychotherapy: Theory, Research and Practice, 2021, 94, 201-216. | 2.5 | 6 |
| 30 | Configural and scalar invariance of the center for epidemiologic studies depression scale in Egypt and Canada: Differential symptom emphasis across cultures and genders. Psychiatry Research, 2017, 250, 244-252. | 3.3 | 5 |
| 31 | Dispositional mindfulness is associated with heart rate reactivity and recovery in response to a lab stressor. Stress and Health, 2020, 36, 3-10. | 2.6 | 5 |
| 32 | Experiences of developmental unpredictability and harshness predict adult cognition: An examination of maladaptive schemas, positive schemas, and cognitive distortions. Current Psychology, 2022, 41, 7155-7165. | 2.8 | 5 |
| 33 | Lemons Into Lemonade: Development and Validation of an Inventory to Assess Dispositional Thriving. Europe's Journal of Psychology, 2013, 9, 62-76. | 1.3 | 4 |
| 34 | Resilience in the Ranks: Trait Mindfulness and Self-Compassion Buffer the Deleterious Effects of Envy on Mental Health Symptoms among Public Safety Personnel. International Journal of Environmental Research and Public Health, 2022, 19, 5926. | 2.6 | 4 |
| 35 | First episode indices associated with lifetime chronicity of depression among formerly depressed participants: an exploratory study. Journal of Mental Health, 2020, 29, 677-683. | 1.9 | 3 |