List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effect of a Single High Dose of Vitamin D ₃ on Hospital Length of Stay in Patients With Moderate to Severe COVID-19. JAMA - Journal of the American Medical Association, 2021, 325, 1053.	7.4	378
2	Social isolation during the COVID-19 pandemic can increase physical inactivity and the global burden of cardiovascular disease. American Journal of Physiology - Heart and Circulatory Physiology, 2020, 318, H1441-H1446.	3.2	308
3	β-alanine supplementation to improve exercise capacity and performance: a systematic review and meta-analysis. British Journal of Sports Medicine, 2017, 51, 658-669.	6.7	193
4	Prevalence, Magnitude, and Methods of Rapid Weight Loss among Judo Competitors. Medicine and Science in Sports and Exercise, 2010, 42, 436-442.	0.4	191
5	Role of Î ² -Alanine Supplementation on Muscle Carnosine and Exercise Performance. Medicine and Science in Sports and Exercise, 2010, 42, 1162-1173.	0.4	162
6	Placebo in sports nutrition: a proofâ€ofâ€principle study involving caffeine supplementation. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 1240-1247.	2.9	137
7	A Statistical Framework to Interpret Individual Response to Intervention: Paving the Way for Personalized Nutrition and Exercise Prescription. Frontiers in Nutrition, 2018, 5, 41.	3.7	134
8	Dispelling the myth that habitual caffeine consumption influences the performance response to acute caffeine supplementation. Journal of Applied Physiology, 2017, 123, 213-220.	2.5	128
9	Benefits of Resistance Training with Blood Flow Restriction in Knee Osteoarthritis. Medicine and Science in Sports and Exercise, 2018, 50, 897-905.	0.4	128
10	In sickness and in health: the widespread application of creatine supplementation. Amino Acids, 2012, 43, 519-529.	2.7	126
11	Exploring the therapeutic role of creatine supplementation. Amino Acids, 2010, 38, 31-44.	2.7	117
12	Combating physical inactivity during the COVID-19 pandemic. Nature Reviews Rheumatology, 2020, 16, 347-348.	8.0	116
13	Similar Health Benefits of Endurance and High-Intensity Interval Training in Obese Children. PLoS ONE, 2012, 7, e42747.	2.5	111
14	Rapid weight loss followed by recovery time does not affect judo-related performance. Journal of Sports Sciences, 2010, 28, 21-32.	2.0	110
15	Underreporting of Energy Intake in Brazilian Women Varies According to Dietary Assessment: A Cross-Sectional Study Using Doubly Labeled Water. Journal of the American Dietetic Association, 2008, 108, 2031-2040.	1.1	106
16	Risk of Increased Physical Inactivity During <scp>COVID</scp> â€19 Outbreak in Older People: A Call for Actions. Journal of the American Geriatrics Society, 2020, 68, 1126-1128.	2.6	106
17	Beta-alanine (Carnosynâ"¢) supplementation in elderly subjects (60–80Âyears): effects on muscle carnosine content and physical capacity. Amino Acids, 2012, 43, 49-56.	2.7	103
18	Influence of Acute High-Intensity Aerobic Interval Exercise Bout on Selective Attention and Short-Term Memory Tasks. Perceptual and Motor Skills, 2014, 118, 63-72.	1.3	101

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19	Characteristics of women who frequently under report their energy intake: a doubly labelled water study. European Journal of Clinical Nutrition, 2009, 63, 1192-1199.	2.9	98
20	Carnosine: from exercise performance to health. Amino Acids, 2013, 44, 1477-1491.	2.7	90
21	Resistance Training with Vascular Occlusion in Inclusion Body Myositis. Medicine and Science in Sports and Exercise, 2010, 42, 250-254.	0.4	88
22	Additive effects of beta-alanine and sodium bicarbonate on upper-body intermittent performance. Amino Acids, 2013, 45, 309-317.	2.7	88
23	Immunological Implications of Physical Inactivity among Older Adults during the COVID-19 Pandemic. Gerontology, 2020, 66, 431-438.	2.8	87
24	Exercise as a therapeutic tool to counteract inflammation and clinical symptoms in autoimmune rheumatic diseases. Autoimmunity Reviews, 2012, 12, 218-224.	5.8	85
25	Does Sodium-Bicarbonate Ingestion Improve Simulated Judo Performance?. International Journal of Sport Nutrition and Exercise Metabolism, 2007, 17, 206-217.	2.1	84
26	Effects of Acute Physical Exercise on Executive Functions: A Comparison Between Aerobic and Strength Exercise. Journal of Sport and Exercise Psychology, 2012, 34, 539-549.	1.2	84
27	Safety and possible effects of low-intensity resistance training associated with partial blood flow restriction in polymyositis and dermatomyositis. Arthritis Research and Therapy, 2014, 16, 473.	3.5	83
28	Creatine supplementation and resistance training in vulnerable older women: A randomized double-blind placebo-controlled clinical trial. Experimental Gerontology, 2014, 53, 7-15.	2.8	80
29	Creatine in Type 2 Diabetes. Medicine and Science in Sports and Exercise, 2011, 43, 770-778.	0.4	79
30	Low and moderate, rather than high intensity strength exercise induces benefit regarding plasma lipid profile. Diabetology and Metabolic Syndrome, 2010, 2, 31.	2.7	77
31	Creatine supplementation in the aging population: effects on skeletal muscle, bone and brain. Amino Acids, 2016, 48, 1793-1805.	2.7	77
32	Beyond muscle: the effects of creatine supplementation on brain creatine, cognitive processing, and traumatic brain injury. European Journal of Sport Science, 2019, 19, 1-14.	2.7	75
33	Development, validity and reliability of a questionnaire designed to evaluate rapid weight loss patterns in judo players. Scandinavian Journal of Medicine and Science in Sports, 2010, 20, e177-87.	2.9	67
34	Twenty-four Weeks of Î ² -Alanine Supplementation on Carnosine Content, Related Genes, and Exercise. Medicine and Science in Sports and Exercise, 2017, 49, 896-906.	0.4	66
35	Evidence for prescribing exercise as treatment in pediatric rheumatic diseases. Autoimmunity Reviews, 2010, 9, 569-573.	5.8	64
36	Physical inactivity and sedentary behavior: Overlooked risk factors in autoimmune rheumatic diseases?. Autoimmunity Reviews, 2017, 16, 667-674.	5.8	64

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37	Common questions and misconceptions about creatine supplementation: what does the scientific evidence really show?. Journal of the International Society of Sports Nutrition, 2021, 18, 13.	3.9	62
38	Effects of creatine supplementation on renal function: a randomized, double-blind, placebo-controlled clinical trial. European Journal of Applied Physiology, 2008, 103, 33-40.	2.5	58
39	Effects of health at every size® interventions on healthâ€related outcomes of people with overweight and obesity: a systematic review. Obesity Reviews, 2018, 19, 1659-1666.	6.5	58
40	Creatine Supplementation and Brain Health. Nutrients, 2021, 13, 586.	4.1	56
41	Muscle strength and muscle mass as predictors of hospital length of stay in patients with moderate to severe COVIDâ€19: a prospective observational study. Journal of Cachexia, Sarcopenia and Muscle, 2021, 12, 1871-1878.	7.3	55
42	The effect of carbohydrate mouth rinse on maximal strength and strength endurance. European Journal of Applied Physiology, 2011, 111, 2381-2386.	2.5	54
43	Effect of Beta-Alanine With and Without Sodium Bicarbonate on 2,000-m Rowing Performance. International Journal of Sport Nutrition and Exercise Metabolism, 2013, 23, 480-487.	2.1	52
44	Effects of caffeine ingestion on endurance performance in mentally fatigued individuals. European Journal of Applied Physiology, 2016, 116, 2293-2303.	2.5	52
45	Effects of creatine supplementation on glucose tolerance and insulin sensitivity in sedentary healthy males undergoing aerobic training. Amino Acids, 2008, 34, 245-50.	2.7	51
46	Creatine supplementation does not impair kidney function in type 2 diabetic patients: a randomized, double-blind, placebo-controlled, clinical trial. European Journal of Applied Physiology, 2011, 111, 749-756.	2.5	51
47	Exercise Mitigates Bone Loss in Women With Severe Obesity After Roux-en-Y Gastric Bypass: A Randomized Controlled Trial. Journal of Clinical Endocrinology and Metabolism, 2019, 104, 4639-4650.	3.6	51
48	High-Protein Plant-Based Diet Versus a Protein-Matched Omnivorous Diet to Support Resistance Training Adaptations: A Comparison Between Habitual Vegans and Omnivores. Sports Medicine, 2021, 51, 1317-1330.	6.5	51
49	Creatine Supplementation Associated or Not with Strength Training upon Emotional and Cognitive Measures in Older Women: A Randomized Double-Blind Study. PLoS ONE, 2013, 8, e76301.	2.5	50
50	The ergogenic effect of beta-alanine combined with sodium bicarbonate on high-intensity swimming performance. Applied Physiology, Nutrition and Metabolism, 2013, 38, 525-532.	1.9	49
51	The possible role of physical exercise on the treatment of idiopathic inflammatory myopathies. Autoimmunity Reviews, 2009, 8, 355-359.	5.8	48
52	Physical activity for paediatric rheumatic diseases: standing up against old paradigms. Nature Reviews Rheumatology, 2017, 13, 368-379.	8.0	48
53	Creatine Supplementation in Fibromyalgia: A Randomized, Doubleâ€Blind, Placebo ontrolled Trial. Arthritis Care and Research, 2013, 65, 1449-1459.	3.4	47
54	Beneficial Effect of Creatine Supplementation in Knee Osteoarthritis. Medicine and Science in Sports and Exercise, 2011, 43, 1538-1543.	0.4	46

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55	Exercise training in childhood-onset systemic lupus erythematosus: a controlled randomized trial. Arthritis Research and Therapy, 2013, 15, R46.	3.5	46
56	Physiological, Performance, and Nutritional Profile of the Brazilian Olympic Wushu (Kung-Fu) Team. Journal of Strength and Conditioning Research, 2009, 23, 20-25.	2.1	45
57	Exercise training in juvenile dermatomyositis. Arthritis Care and Research, 2012, 64, n/a-n/a.	3.4	45
58	Creatine but not betaine supplementation increases muscle phosphorylcreatine content and strength performance. Amino Acids, 2012, 42, 2299-2305.	2.7	45
59	Low‣oad Resistance Training With Bloodâ€Flow Restriction in Relation to Muscle Function, Mass, and Functionality in Women With Rheumatoid Arthritis. Arthritis Care and Research, 2020, 72, 787-797.	3.4	45
60	Cardiac autonomic impairment and chronotropic incompetence in fibromyalgia. Arthritis Research and Therapy, 2011, 13, R190.	3.5	44
61	Exercise training can attenuate the inflammatory milieu in women with systemic lupus erythematosus. Journal of Applied Physiology, 2014, 117, 639-647.	2.5	44
62	Creatine monohydrate supplementation on lower-limb muscle power in Brazilian elite soccer players. Journal of the International Society of Sports Nutrition, 2014, 11, 32.	3.9	44
63	Randomized clinical trial: benefits of aerobic physical activity for 24 weeks in postmenopausal women with nonalcoholic fatty liver disease. Menopause, 2016, 23, 876-883.	2.0	44
64	Liposuction Induces a Compensatory Increase of Visceral Fat Which Is Effectively Counteracted by Physical Activity: A Randomized Trial. Journal of Clinical Endocrinology and Metabolism, 2012, 97, 2388-2395.	3.6	43
65	Under-reporting of energy intake is more prevalent in a healthy dietary pattern cluster. British Journal of Nutrition, 2008, 100, 1060-1068.	2.3	42
66	Effects of long-term low-dose dietary creatine supplementation in older women. Experimental Gerontology, 2015, 70, 97-104.	2.8	42
67	Low dynamic muscle strength and its associations with fatigue, functional performance, and quality of life in premenopausal patients with systemic lupus erythematosus and low disease activity: a case–control study. BMC Musculoskeletal Disorders, 2013, 14, 263.	1.9	41
68	Efficacy and Safety of Concurrent Training in Systemic Sclerosis. Journal of Strength and Conditioning Research, 2011, 25, 1423-1428.	2.1	40
69	Reduced muscle carnosine content in type 2, but not in type 1 diabetic patients. Amino Acids, 2012, 43, 21-24.	2.7	40
70	Beta-alanine supplementation enhances judo-related performance in highly-trained athletes. Journal of Science and Medicine in Sport, 2017, 20, 403-408.	1.3	37
71	(In)Consistencies in Responses to Sodium Bicarbonate Supplementation: A Randomised, Repeated Measures, Counterbalanced and Double-Blind Study. PLoS ONE, 2015, 10, e0143086.	2.5	36
72	Effect of age, diet, and tissue type on PCr response to creatine supplementation. Journal of Applied Physiology, 2017, 123, 407-414.	2.5	36

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73	Reduced Aerobic Capacity and Quality of Life in Physically Inactive Patients With Systemic Lupus Erythematosus With Mild or Inactive Disease. Arthritis Care and Research, 2016, 68, 1780-1786.	3.4	35
74	Exercise and β-alanine supplementation on carnosine-acrolein adduct in skeletal muscle. Redox Biology, 2018, 18, 222-228.	9.0	35
75	Effect of Short-term High-Dose Creatine Supplementation on Measured GFR in a Young Man With a Single Kidney. American Journal of Kidney Diseases, 2010, 55, e7-e9.	1.9	34
76	Responsiveness to exercise training in juvenile dermatomyositis: a twin case study. BMC Musculoskeletal Disorders, 2010, 11, 270.	1.9	34
77	Using exercise training to counterbalance chronotropic incompetence and delayed heart rate recovery in systemic lupus erythematosus: A randomized trial. Arthritis Care and Research, 2012, 64, 1159-1166.	3.4	34
78	Does long-term creatine supplementation impair kidney function in resistance-trained individuals consuming a high-protein diet?. Journal of the International Society of Sports Nutrition, 2013, 10, 26.	3.9	34
79	Influence of training status on high-intensity intermittent performance in response to Î ² -alanine supplementation. Amino Acids, 2014, 46, 1207-1215.	2.7	34
80	Persistent symptoms and decreased health-related quality of life after symptomatic pediatric COVID-19: A prospective study in a Latin American tertiary hospital. Clinics, 2021, 76, e3511.	1.5	34
81	A Systematic Risk Assessment and Meta-Analysis on the Use of Oral β-Alanine Supplementation. Advances in Nutrition, 2019, 10, 452-463.	6.4	33
82	Effects of Beta-Alanine Supplementation on Brain Homocarnosine/Carnosine Signal and Cognitive Function: An Exploratory Study. PLoS ONE, 2015, 10, e0123857.	2.5	32
83	Creatine supplementation prevents acute strength loss induced by concurrent exercise. European Journal of Applied Physiology, 2014, 114, 1749-1755.	2.5	30
84	Muscular Atrophy and Sarcopenia in the Elderly: Is There a Role for Creatine Supplementation?. Biomolecules, 2019, 9, 642.	4.0	30
85	Effects of Creatine Supplementation on Brain Function and Health. Nutrients, 2022, 14, 921.	4.1	30
86	Creatine-induced glucose uptake in type 2 diabetes: a role for AMPK-α?. Amino Acids, 2012, 43, 1803-1807.	2.7	29
87	Exercise-Induced Increases in Insulin Sensitivity After Bariatric Surgery Are Mediated By Muscle Extracellular Matrix Remodeling. Diabetes, 2020, 69, 1675-1691.	0.6	28
88	Vascular Occlusion Training for Inclusion Body Myositis: A Novel Therapeutic Approach. Journal of Visualized Experiments, 2010, , .	0.3	27
89	Creatine supplementation spares muscle glycogen during high intensity intermittent exercise in rats. Journal of the International Society of Sports Nutrition, 2010, 7, 6.	3.9	27
90	Exploratory studies of the potential anti-cancer effects of creatine. Amino Acids, 2016, 48, 1993-2001.	2.7	27

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91	Comparative physiology investigations support a role for histidine-containing dipeptides in intracellular acid–base regulation of skeletal muscle. Comparative Biochemistry and Physiology Part A, Molecular & Integrative Physiology, 2019, 234, 77-86.	1.8	27
92	Influence of vitamin D status on hospital length of stay and prognosis in hospitalized patients with moderate to severe COVID-19: a multicenter prospective cohort study. American Journal of Clinical Nutrition, 2021, 114, 598-604.	4.7	27
93	Acute and post-acute COVID-19 presentations in athletes: a systematic review and meta-analysis. British Journal of Sports Medicine, 2022, 56, 941-947.	6.7	27
94	A Comparative Study of Hummingbirds and Chickens Provides Mechanistic Insight on the Histidine Containing Dipeptide Role in Skeletal Muscle Metabolism. Scientific Reports, 2018, 8, 14788.	3.3	26
95	High-Intensity Interval Training Augments Muscle Carnosine in the Absence of Dietary Beta-alanine Intake. Medicine and Science in Sports and Exercise, 2018, 50, 2242-2252.	0.4	26
96	Effects of creatine supplementation on muscle wasting and glucose homeostasis in rats treated with dexamethasone. Amino Acids, 2012, 42, 1695-1701.	2.7	25
97	Exercise as an Adjuvant Treatment in Persistent Active Polymyositis. Journal of Clinical Rheumatology, 2014, 20, 11-15.	0.9	25
98	Brain creatine depletion in vegetarians? A cross-sectional ¹ H-magnetic resonance spectroscopy (¹ H-MRS) study. British Journal of Nutrition, 2014, 111, 1272-1274.	2.3	25
99	Increased Insulin Resistance and Glucagon Levels in Mild/Inactive Systemic Lupus Erythematosus Patients Despite Normal Glucose Tolerance. Arthritis Care and Research, 2018, 70, 114-124.	3.4	25
100	The Effects Of Rapid Weight Loss Upon High-Intensity Performance In Judo Competitors. Medicine and Science in Sports and Exercise, 2010, 42, 17.	0.4	24
101	Effect of creatine supplementation on measured glomerular filtration rate in postmenopausal women. Applied Physiology, Nutrition and Metabolism, 2011, 36, 419-422.	1.9	24
102	Influência do exercÃcio fÃsico na cognição: uma atualização sobre mecanismos fisiolÃ3gicos. Revista Brasileira De Medicina Do Esporte, 2014, 20, 237-241.	0.2	24
103	BLOOD FLOW RESTRICTED RESISTANCE TRAINING ATTENUATES MYOSTATIN GENE EXPRESSION IN A PATIENT WITH INCLUSION BODY MYOSITIS. Biology of Sport, 2014, 31, 121-124.	3.2	24
104	Effects of Aerobic Training on Cognition and Brain Glucose Metabolism in Subjects with Mild Cognitive Impairment. Journal of Alzheimer's Disease, 2015, 46, 747-760.	2.6	24
105	Novel insights on caffeine supplementation, CYP1A2 genotype, physiological responses and exercise performance. European Journal of Applied Physiology, 2021, 121, 749-769.	2.5	24
106	Supplement-based nutritional strategies to tackle frailty: A multifactorial, double-blind, randomized placebo-controlled trial. Clinical Nutrition, 2021, 40, 4849-4858.	5.0	23
107	Effect of a single high dose of vitamin D3 on cytokines, chemokines, and growth factor in patients with moderate to severe COVID-19. American Journal of Clinical Nutrition, 2022, 115, 790-798.	4.7	23
108	Efeitos terapêuticos do treinamento fÃsico em pacientes com doenças reumatolÃ3gicas pediátricas. Revista Brasileira De Reumatologia, 2011, 51, 490-496.	0.8	22

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109	The effects of exercise on lipid profile in systemic lupus erythematosus and healthy individuals: a randomized trial. Rheumatology International, 2015, 35, 61-69.	3.0	22
110	Does brain creatine content rely on exogenous creatine in healthy youth? A proof-of-principle study. Applied Physiology, Nutrition and Metabolism, 2017, 42, 128-134.	1.9	22
111	Chronic lactate supplementation does not improve blood buffering capacity and repeated highâ€intensity exercise. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 1231-1239.	2.9	22
112	Exercise Increases Insulin Sensitivity and Skeletal Muscle AMPK Expression in Systemic Lupus Erythematosus: A Randomized Controlled Trial. Frontiers in Immunology, 2018, 9, 906.	4.8	22
113	Effects of Î ² -alanine and sodium bicarbonate supplementation on the estimated energy system contribution during high-intensity intermittent exercise. Amino Acids, 2019, 51, 83-96.	2.7	22
114	Incidência e fatores de risco de lesões osteomioarticulares em corredores: um estudo de coorte prospectivo. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2010, 24, 453-462.	0.1	21
115	Reversal of Improved Endothelial Function After Bariatric Surgery Is Mitigated by ExerciseÂTraining. Journal of the American College of Cardiology, 2018, 72, 2278-2279.	2.8	21
116	"l put it in my head that the supplement would help me― Open-placebo improves exercise performance in female cyclists. PLoS ONE, 2019, 14, e0222982.	2.5	21
117	Abnormal chronotropic reserve and heart rate recovery in patients with SLE: a case–control study. Lupus, 2011, 20, 717-720.	1.6	20
118	Incidence of adverse events associated with percutaneous muscular biopsy among healthy and diseased subjects. Scandinavian Journal of Medicine and Science in Sports, 2012, 22, 175-178.	2.9	20
119	Efficacy and safety of creatine supplementation in childhood-onset systemic lupus erythematosus: a randomized, double-blind, placebo-controlled, crossover trial. Lupus, 2014, 23, 1500-1511.	1.6	20
120	Prescribed Versus Preferred Intensity Resistance Exercise in Fibromyalgia Pain. Frontiers in Physiology, 2018, 9, 1097.	2.8	20
121	Potential of Creatine in Glucose Management and Diabetes. Nutrients, 2021, 13, 570.	4.1	20
122	Efficacy of home-based physical activity interventions in patients with autoimmune rheumatic diseases: A systematic review and meta-analysis. Seminars in Arthritis and Rheumatism, 2021, 51, 576-587.	3.4	20
123	Acute exercise elicits differential expression of insulin resistance genes in the skeletal muscle of patients with polycystic ovary syndrome. Clinical Endocrinology, 2017, 86, 688-697.	2.4	19
124	Effects of a new intervention based on the Health at Every Size approach for the management of obesity: The "Health and Wellness in Obesity―study. PLoS ONE, 2018, 13, e0198401.	2.5	19
125	The Muscle Carnosine Response to Beta-Alanine Supplementation: A Systematic Review With Bayesian Individual and Aggregate Data E-Max Model and Meta-Analysis. Frontiers in Physiology, 2020, 11, 913.	2.8	19
126	Can creatine supplementation form carcinogenic heterocyclic amines in humans?. Journal of Physiology, 2015, 593, 3959-3971.	2.9	18

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127	Poor agreement of objectively measured and self-reported physical activity in juvenile dermatomyositis and juvenile systemic lupus erythematosus. Clinical Rheumatology, 2016, 35, 1507-1514.	2.2	18
128	Efficacy and safety of creatine supplementation in juvenile dermatomyositis: A randomized, doubleâ€blind, placebo ontrolled crossover trial. Muscle and Nerve, 2016, 53, 58-66.	2.2	18
129	Physical (in)activity and its influence on disease-related features, physical capacity, and health-related quality of life in a cohort of chronic juvenile dermatomyositis patients. Seminars in Arthritis and Rheumatism, 2016, 46, 64-70.	3.4	18
130	Objectively measured physical activity and its influence on physical capacity and clinical parameters in patients with primary SjA¶gren's syndrome. Lupus, 2017, 26, 690-697.	1.6	18
131	Exercise-induced anti-inflammatory effects in overweight/obese women with polycystic ovary syndrome. Cytokine, 2019, 120, 66-70.	3.2	18
132	Creatine Supplementation (3 g/d) and Bone Health in Older Women: A 2-Year, Randomized, Placebo-Controlled Trial. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2020, 75, 931-938.	3.6	18
133	RESISTANCE TRAINING AND CO-SUPPLEMENTATION WITH CREATINE AND PROTEIN IN OLDER SUBJECTS WITH FRAILTY. Journal of Frailty & amp; Aging, the, 2016, 5, 1-9.	1.3	18
134	Association between physical activity and immunogenicity of an inactivated virus vaccine against SARS-CoV-2 in patients with autoimmune rheumatic diseases. Brain, Behavior, and Immunity, 2022, 101, 49-56.	4.1	18
135	Exercise in a Child with Systemic Lupus Erythematosus and Antiphospholipid Syndrome. Medicine and Science in Sports and Exercise, 2011, 43, 2221-2223.	0.4	17
136	Exercise in Takayasu Arteritis: Effects on Inflammatory and Angiogenic Factors and Diseaseâ€Related Symptoms. Arthritis Care and Research, 2017, 69, 892-902.	3.4	17
137	Influence of Body Mass Index on Eating Habits and Food Choice Determinants Among Brazilian Women During the COVID-19 Pandemic. Frontiers in Nutrition, 2021, 8, 664240.	3.7	17
138	High SARS-CoV-2 infection rate after resuming professional football in São Paulo, Brazil. British Journal of Sports Medicine, 2022, 56, 1004-1007.	6.7	17
139	Anthropometric, physiological, performance, and nutritional profile of the Brazil National Canoe Polo Team. Journal of Sports Sciences, 2012, 30, 305-311.	2.0	16
140	GLUT4 translocation is not impaired after acute exercise in skeletal muscle of women with obesity and polycystic ovary syndrome. Obesity, 2015, 23, 2207-2215.	3.0	16
141	Juvenile fibromyalgia syndrome: Blunted heart rate response and cardiac autonomic dysfunction at diagnosis. Seminars in Arthritis and Rheumatism, 2016, 46, 338-343.	3.4	16
142	DNA methylation pattern changes following a short-term hypocaloric diet in women with obesity. European Journal of Clinical Nutrition, 2020, 74, 1345-1353.	2.9	16
143	Effect of a Single High-Dose Vitamin D3 on the Length of Hospital Stay of Severely 25-Hydroxyvitamin D-Deficient Patients with COVID-19. Clinics, 2021, 76, e3549.	1.5	16
144	Efeitos da suplementação de creatina sobre força e hipertrofia muscular: atualizações. Revista Brasileira De Medicina Do Esporte, 2010, 16, 219-223.	0.2	15

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145	Sedentarismo, exercÃcio fÃsico e doenças crônicas. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2011, 25, 37-43.	0.1	15
146	Ultra-processed food consumption associates with higher cardiovascular risk in rheumatoid arthritis. Clinical Rheumatology, 2020, 39, 1423-1428.	2.2	15
147	Development of a Specific Anaerobic Field Test for Aerobic Gymnastics. PLoS ONE, 2015, 10, e0123115.	2.5	15
148	Nitrate Derived From Beetroot Juice Lowers Blood Pressure in Patients With Arterial Hypertension: A Systematic Review and Meta-Analysis. Frontiers in Nutrition, 2022, 9, 823039.	3.7	15
149	Proposal for a Candidate Core Set of Fitness and Strength Tests for Patients with Childhood or Adult Idiopathic Inflammatory Myopathies. Journal of Rheumatology, 2016, 43, 169-176.	2.0	14
150	Omega-3 Fatty Acid Supplementation Improves Endothelial Function in Primary Antiphospholipid Syndrome: A Small-Scale Randomized Double-Blind Placebo-Controlled Trial. Frontiers in Immunology, 2018, 9, 336.	4.8	14
151	Effect of β-alanine supplementation during high-intensity interval training on repeated sprint ability performance and neuromuscular fatigue. Journal of Applied Physiology, 2019, 127, 1599-1610.	2.5	14
152	Health Coaching Strategies for Weight Loss: A Systematic Review and Meta-Analysis. Advances in Nutrition, 2020, 12, 1449-1460.	6.4	14
153	Poor Eating Habits and Selected Determinants of Food Choice Were Associated With Ultraprocessed Food Consumption in Brazilian Women During the COVID-19 Pandemic. Frontiers in Nutrition, 2021, 8, 672372.	3.7	14
154	No independent associations between physical activity and clinical outcomes among hospitalized patients with moderate to severe COVID-19. Journal of Sport and Health Science, 2021, 10, 690-696.	6.5	14
155	Strength capacity in young patients who are receiving maintenance therapy for acute lymphoblastic leukemia: a case-control study. Clinics, 2011, 66, 1277-1281.	1.5	14
156	Metabolic Disturbance in PCOS: Clinical and Molecular Effects on Skeletal Muscle Tissue. Scientific World Journal, The, 2013, 2013, 1-7.	2.1	13
157	The Effects of a "Health at Every Size®―Based Approach in Obese Women: A Pilot-Trial of the "Health and Wellness in Obesity―Study. Frontiers in Nutrition, 2015, 2, 34.	3.7	13
158	Pneumatic Compression, But Not Exercise, Can Avoid Intradialytic Hypotension: A Randomized Trial. American Journal of Nephrology, 2017, 45, 409-416.	3.1	13
159	24-Week β-alanine ingestion does not affect muscle taurine or clinical blood parameters in healthy males. European Journal of Nutrition, 2020, 59, 57-65.	3.9	13
160	Histidine dipeptides are key regulators of excitation-contraction coupling in cardiac muscle: Evidence from a novel CARNS1 knockout rat model. Redox Biology, 2021, 44, 102016.	9.0	13
161	A randomized clinical trial on the effects of exercise on muscle remodelling following bariatric surgery. Journal of Cachexia, Sarcopenia and Muscle, 2021, 12, 1440-1455.	7.3	13
162	Magnitude e métodos de perda rápida de peso em judocas de elite. Revista De Nutricao, 2007, 20, 307-315.	0.4	12

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163	A suplementação de creatina prejudica a função renal?. Revista Brasileira De Medicina Do Esporte, 2008, 14, 68-73.	0.2	12
164	Magnetic Resonance Spectroscopy as a Non-invasive Method to Quantify Muscle Carnosine in Humans: a Comprehensive Validity Assessment. Scientific Reports, 2020, 10, 4908.	3.3	12
165	Increased sympathetic and haemodynamic responses to exercise and muscle metaboreflex activation in postâ€menopausal women with rheumatoid arthritis. Journal of Physiology, 2021, 599, 927-941.	2.9	12
166	Nonplacebo Controls to Determine the Magnitude of Ergogenic Interventions: A Systematic Review and Meta-analysis. Medicine and Science in Sports and Exercise, 2021, 53, 1766-1777.	0.4	12
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