Bruno Gualano

List of Publications by Year
in descending order

Source: https://exaly.com/author-pdf/1005569/publications.pdf

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303	8,447	50276	74163
papers	citations	46 h-index	75 g-index

326	326	326	9151
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	A cloth facemask increased ratings of perceived exertion and reduced affect, without affecting sprint or muscular performance. Research in Sports Medicine, 2023, 31, 544-549.	1.3	2
2	Leveraging macro-social marketing to achieve sustainable development goals: a city-wide intervention addressing obesity in Brazil. Journal of Social Marketing, 2022, 12, 29-48.	2.3	3
3	Betaâ€alanine did not improve highâ€intensity performance throughout simulated road cycling. European Journal of Sport Science, 2022, 22, 1240-1249.	2.7	0
4	High SARS-CoV-2 infection rate after resuming professional football in SÃ£o Paulo, Brazil. British Journal of Sports Medicine, 2022, 56, 1004-1007.	6.7	17
5	Physical and mental health impacts during COVID-19 quarantine in adolescents with preexisting chronic immunocompromised conditions. Jornal De Pediatria, 2022, 98, 350-361.	2.0	8
6	Association between physical activity and immunogenicity of an inactivated virus vaccine against SARS-CoV-2 in patients with autoimmune rheumatic diseases. Brain, Behavior, and Immunity, 2022, 101, 49-56.	4.1	18
7	Effect of a single high dose of vitamin D3 on cytokines, chemokines, and growth factor in patients with moderate to severe COVID-19. American Journal of Clinical Nutrition, 2022, 115, 790-798.	4.7	23
8	Effect of an exercise bout before the booster dose of an inactivated SARS-CoV-2 vaccine on immunogenicity in immunocompromised patients. Journal of Applied Physiology, 2022, 132, 682-688.	2.5	2
9	Lifestyle Interventions and Weight Management in Systemic Lupus Erythematosus Patients: A Systematic Literature Review and Metanalysis. Journal of Lifestyle Medicine, 2022, 12, 37-46.	0.8	4
10	Evidence-based physical activity for COVID-19: what do we know and what do we need to know?. British Journal of Sports Medicine, 2022, 56, 653-654.	6.7	10
11	Effects of Creatine Supplementation on Brain Function and Health. Nutrients, 2022, 14, 921.	4.1	30
12	Health at Every SizeÂ®-Based Interventions May Improve Cardiometabolic Risk and Quality of Life Even in the Absence of Weight Loss: An Ancillary, Exploratory Analysis of the Health and Wellness in Obesity Study. Frontiers in Nutrition, 2022, 9, 598920.	3.7	0
13	Carotid intima-media thickness and flow-mediated dilation do not predict acute in-hospital outcomes in patients hospitalized with COVID-19. American Journal of Physiology - Heart and Circulatory Physiology, 2022, 322, H906-H913.	3.2	3
14	Erratum to â€œPersistent symptoms and decreased health-related quality of life after symptomatic pediatric COVID-19: A prospective study in a Latin American tertiary hospitalâ€•[Clinics. 2021;76:e3511]. Clinics, 2022, 77, 100024.	1.5	0
15	Inâ€depth cardiovascular and pulmonary assessments in children with multisystem inflammatory syndrome after SARSâ€CoVâ€2 infection: A case series study. Physiological Reports, 2022, 10, e15201.	1.7	9
16	A home-based exercise program during COVID-19 pandemic: Perceptions and acceptability of juvenile systemic lupus erythematosus and juvenile idiopathic arthritis adolescents.. Lupus, 2022, 31, 443-456.	1.6	11
17	Nitrate Derived From Beetroot Juice Lowers Blood Pressure in Patients With Arterial Hypertension: A Systematic Review and Meta-Analysis. Frontiers in Nutrition, 2022, 9, 823039.	3.7	15
18	Nutritional recommendations for patients undergoing prolonged glucocorticoid therapy. Rheumatology Advances in Practice, 2022, 6, rkac029.	0.7	5

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19	Acute and post-acute COVID-19 presentations in athletes: a systematic review and meta-analysis. British Journal of Sports Medicine, 2022, 56, 941-947.	6.7	27
20	An immunometabolic signature of athletes susceptible to respiratory tract illness? Comment on: Evidence of immunometabolic dysregulation and airway dysbiosis in athletes susceptible to respiratory illness. EBioMedicine, 2022, 81, 104096.	6.1	0
21	COVID-19 quarantine in adolescents with autoimmune rheumatic diseases: mental health issues and life conditions. Clinical Rheumatology, 2022, 41, 3189-3198.	2.2	3
22	Creatine supplementation for older adults: Focus on sarcopenia, osteoporosis, frailty and Cachexia. Bone, 2022, 162, 116467.	2.9	12
23	Physical activity and antibody persistence 6 months after the second dose of <scp>CoronaVac</scp> in immunocompromised patients. Scandinavian Journal of Medicine and Science in Sports, 2022, 32, 1510-1515.	2.9	2
24	Influence of Adherence to Social Distancing Due to the COVID-19 Pandemic on Physical Activity Level in Post-bariatric Patients. Obesity Surgery, 2021, 31, 1372-1375.	2.1	8
25	Increased sympathetic and haemodynamic responses to exercise and muscle metaboreflex activation in postâ€menopausal women with rheumatoid arthritis. Journal of Physiology, 2021, 599, 927-941.	2.9	12
26	Nutritional Inadequacies Among Post-bariatric Patients During COVID-19 Quarantine in Sao Paulo, Brazil. Obesity Surgery, 2021, 31, 2330-2334.	2.1	8
27	Exercise Enhances the Effect of Bariatric Surgery in Markers of Cardiac Autonomic Function. Obesity Surgery, 2021, 31, 1381-1386.	2.1	10
28	Assistance and health care provided to adolescents with chronic and immunosuppressive conditions in a tertiary university hospital during the COVID-19 pandemic. Clinics, 2021, 76, e2688.	1.5	4
29	Increased modifiable cardiovascular risk factors in patients with Takayasu arteritis: a multicenter cross-sectional study. Advances in Rheumatology, 2021, 61, 1.	1.7	3
30	Gaps on rheumatologistsâ€™ knowledge of physical activity. Clinical Rheumatology, 2021, 40, 2907-2911.	2.2	2
31	Lessons learned from a home-based exercise program for adolescents with pre-existing chronic diseases during the COVID-19 quarantine in Brazil. Clinics, 2021, 76, e2655.	1.5	7
32	Creatine supplementation in the aging brain. , 2021, , 379-388.		0
33	Potential of Creatine in Glucose Management and Diabetes. Nutrients, 2021, 13, 570.	4.1	20
34	Common questions and misconceptions about creatine supplementation: what does the scientific evidence really show?. Journal of the International Society of Sports Nutrition, 2021, 18, 13.	3.9	62
35	Creatine Supplementation and Brain Health. Nutrients, 2021, 13, 586.	4.1	56
36	High-Protein Plant-Based Diet Versus a Protein-Matched Omnivorous Diet to Support Resistance Training Adaptations: A Comparison Between Habitual Vegans and Omnivores. Sports Medicine, 2021, 51, 1317-1330.	6.5	51

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37	Nonplacebo Controls to Determine the Magnitude of Ergogenic Interventions: A Systematic Review and Meta-analysis. Medicine and Science in Sports and Exercise, 2021, 53, 1766-1777.	0.4	12
38	PoorÂphysical activity levels and cardiorespiratory fitness among patients with childhood-onset takayasu arteritis in remission: a crossâ€sectional, multicenter study. Pediatric Rheumatology, 2021, 19, 39.	2.1	2
39	The role of chronic muscle (in)activity on carnosine homeostasis: a study with spinal cord-injured athletes. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2021, 320, R824-R832.	1.8	3
40	Effect of a Single High Dose of Vitamin D₃ on Hospital Length of Stay in Patients With Moderate to Severe COVID-19. JAMA - Journal of the American Medical Association, 2021, 325, 1053.	7.4	378
41	Influence of vitamin D status on hospital length of stay and prognosis in hospitalized patients with moderate to severe COVID-19: a multicenter prospective cohort study. American Journal of Clinical Nutrition, 2021, 114, 598-604.	4.7	27
42	Poor Eating Habits and Selected Determinants of Food Choice Were Associated With Ultraprocessed Food Consumption in Brazilian Women During the COVID-19 Pandemic. Frontiers in Nutrition, 2021, 8, 672372.	3.7	14
43	Reply to GA Sforzo. Advances in Nutrition, 2021, 12, 1043-1044.	6.4	0
44	Constraints of Weight Loss as a Marker of Bariatric Surgery Success: An Exploratory Study. Frontiers in Physiology, 2021, 12, 640191.	2.8	4
45	Efficacy of home-based physical activity interventions in patients with autoimmune rheumatic diseases: A systematic review and meta-analysis. Seminars in Arthritis and Rheumatism, 2021, 51, 576-587.	3.4	20
46	Exercise Is Key to Sustaining Metabolic Gains After Bariatric Surgery. Exercise and Sport Sciences Reviews, 2021, 49, 197-204.	3.0	8
47	Home-Based Exercise Training in Childhood-Onset Takayasu Arteritis: A Multicenter, Randomized, Controlled Trial. Frontiers in Immunology, 2021, 12, 705250.	4.8	7
48	Influence of Body Mass Index on Eating Habits and Food Choice Determinants Among Brazilian Women During the COVID-19 Pandemic. Frontiers in Nutrition, 2021, 8, 664240.	3.7	17
49	Individual Participant Data Meta-Analysis Provides No Evidence of Intervention Response Variation in Individuals Supplementing With Beta-Alanine. International Journal of Sport Nutrition and Exercise Metabolism, 2021, 31, 305-313.	2.1	7
50	Non-placebo Controls To Determine The Magnitude Of Ergogenic Interventions: A Systematic Review And Meta-analysis. Medicine and Science in Sports and Exercise, 2021, 53, 280-281.	0.4	0
51	Absence Of Histidine Dipeptides Does Not Affect Muscle Contractile Proprieties: Study With Carns1 Knockout Rats. Medicine and Science in Sports and Exercise, 2021, 53, 102-103.	0.4	0
52	No independent associations between physical activity and clinical outcomes among hospitalized patients with moderate to severe COVID-19. Journal of Sport and Health Science, 2021, 10, 690-696.	6.5	14
53	Supplement-based nutritional strategies to tackle frailty: A multifactorial, double-blind, randomized placebo-controlled trial. Clinical Nutrition, 2021, 40, 4849-4858.	5.0	23
54	Histidine dipeptides are key regulators of excitation-contraction coupling in cardiac muscle: Evidence from a novel CARNS1 knockout rat model. Redox Biology, 2021, 44, 102016.	9.0	13

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55	Home-Based Exercise Training During COVID-19 Pandemic in Post-Bariatric Patients: a Randomized Controlled Trial. Obesity Surgery, 2021, 31, 5071-5078.	2.1	3
56	Individual Data Meta-analysis Provides No Evidence Of Individual Response Variation For Individuals Supplementing With Beta-alanine. Medicine and Science in Sports and Exercise, 2021, 53, 282-282.	0.4	0
57	Timing of Creatine Supplementation around Exercise: A Real Concern?. Nutrients, 2021, 13, 2844.	4.1	4
58	Muscle strength and muscle mass as predictors of hospital length of stay in patients with moderate to severe COVIDâ€19: a prospective observational study. Journal of Cachexia, Sarcopenia and Muscle, 2021, 12, 1871-1878.	7.3	55
59	Skeletal muscle histidine-containing dipeptide contents are increased in freshwater turtles (C. picta) Tj ETQq1 1 0.784314 rgBT /Overlock Integrative Physiology, 2021, 262, 111071.	1.8	0
60	Novel insights on caffeine supplementation, CYP1A2 genotype, physiological responses and exercise performance. European Journal of Applied Physiology, 2021, 121, 749-769.	2.5	24
61	Daily Leucine Intake Is Positively Associated with Lower Limb Skeletal Muscle Mass and Strength in the Elderly. Nutrients, 2021, 13, 3536.	4.1	7
62	Acute cardiometabolic effects of brief active breaks in sitting for patients with rheumatoid arthritis. American Journal of Physiology - Endocrinology and Metabolism, 2021, 321, E782-E794.	3.5	7
63	A randomized clinical trial on the effects of exercise on muscle remodelling following bariatric surgery. Journal of Cachexia, Sarcopenia and Muscle, 2021, 12, 1440-1455.	7.3	13
64	Kinetics of Muscle Carnosine Decay after Î²-Alanine Supplementation: A 16-wk Washout Study. Medicine and Science in Sports and Exercise, 2021, 53, 1079-1088.	0.4	6
65	Comment on â€œCores of Reproducibility in Physiology (CORP): quantification of human skeletal muscle carnosine concentration by proton magnetic resonance spectroscopyâ€• Journal of Applied Physiology, 2021, 131, 1613-1614.	2.5	1
66	Home-based exercise program for adolescents with juvenile dermatomyositis quarantined during COVID-19 pandemic: a mixed methods study. Pediatric Rheumatology, 2021, 19, 159.	2.1	7
67	Persistent symptoms and decreased health-related quality of life after symptomatic pediatric COVID-19: A prospective study in a Latin American tertiary hospital. Clinics, 2021, 76, e3511.	1.5	34
68	Effect of a Single High-Dose Vitamin D3 on the Length of Hospital Stay of Severely 25-Hydroxyvitamin D-Deficient Patients with COVID-19. Clinics, 2021, 76, e3549.	1.5	16
69	â€œCan A Ballerina Eat Ice Cream?â€• A Mixed-Method Study on Eating Attitudes and Body Image in Female Ballet Dancers. Frontiers in Nutrition, 2021, 8, 665654.	3.7	3
70	Poor Sleep quality and health-related quality of life impact in adolescents with and without chronic immunosuppressive conditions during COVID-19 quarantine. Clinics, 2021, 76, e3501.	1.5	12
71	Benefits of Home-Based Exercise Training Following Critical SARS-CoV-2 Infection: A Case Report. Frontiers in Sports and Active Living, 2021, 3, 791703.	1.8	6
72	Changes in Eating Habits and Sedentary Behavior During the COVID-19 Pandemic in Adolescents With Chronic Conditions. Frontiers in Pediatrics, 2021, 9, 714120.	1.9	9

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73	24-Week Î²-alanine ingestion does not affect muscle taurine or clinical blood parameters in healthy males. European Journal of Nutrition, 2020, 59, 57-65.	3.9	13
74	Lowâ€Load Resistance Training With Bloodâ€Flow Restriction in Relation to Muscle Function, Mass, and Functionality in Women With Rheumatoid Arthritis. Arthritis Care and Research, 2020, 72, 787-797.	3.4	45
75	â€œDespite being an athlete, I am also a humanâ€beingâ€: Male elite gymnastsâ€™ reflections on food and body image. European Journal of Sport Science, 2020, 20, 964-972.	2.7	3
76	Infographic. A systematic review and meta-analysis of the effect of Î²-alanine supplementation on exercise capacity and performance. British Journal of Sports Medicine, 2020, 54, 925-926.	6.7	1
77	Creatine Supplementation (3 g/d) and Bone Health in Older Women: A 2-Year, Randomized, Placebo-Controlled Trial. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2020, 75, 931-938.	3.6	18
78	Response to Letter to the Editor: â€œExercise Mitigates Bone Loss in Women With Severe Obesity After Roux-en-Y Gastric Bypass: A Randomized Controlled Trialâ€: Journal of Clinical Endocrinology and Metabolism, 2020, 105, e901-e902.	3.6	0
79	Ultra-processed food consumption associates with higher cardiovascular risk in rheumatoid arthritis. Clinical Rheumatology, 2020, 39, 1423-1428.	2.2	15
80	Leucine Supplementation Has No Further Effect on Training-induced Muscle Adaptations. Medicine and Science in Sports and Exercise, 2020, 52, 1809-1814.	0.4	10
81	Sex, But Not Age, Associates With Whole Muscle Carnosine Content Of Trained Men And Women. Medicine and Science in Sports and Exercise, 2020, 52, 397-398.	0.4	0
82	Outpatient Screening of Health Status Among Postbariatric Patients during the COVIDâ€19 Pandemic in Sao Paulo, Brazil. Obesity, 2020, 28, 2263-2264.	3.0	3
83	Health Coaching Strategies for Weight Loss: A Systematic Review and Meta-Analysis. Advances in Nutrition, 2020, 12, 1449-1460.	6.4	14
84	Risk of Increased Physical Inactivity During <scp>COVID</scp>â€19 Outbreak in Older People: A Call for Actions. Journal of the American Geriatrics Society, 2020, 68, 1126-1128.	2.6	106
85	Exercise-Induced Increases in Insulin Sensitivity After Bariatric Surgery Are Mediated By Muscle Extracellular Matrix Remodeling. Diabetes, 2020, 69, 1675-1691.	0.6	28
86	DNA methylation pattern changes following a short-term hypocaloric diet in women with obesity. European Journal of Clinical Nutrition, 2020, 74, 1345-1353.	2.9	16
87	Social isolation during the COVID-19 pandemic can increase physical inactivity and the global burden of cardiovascular disease. American Journal of Physiology - Heart and Circulatory Physiology, 2020, 318, H1441-H1446.	3.2	308
88	Magnetic Resonance Spectroscopy as a Non-invasive Method to Quantify Muscle Carnosine in Humans: a Comprehensive Validity Assessment. Scientific Reports, 2020, 10, 4908.	3.3	12
89	Short-Duration Beta-Alanine Supplementation Did Not Prevent the Detrimental Effects of an Intense Preparatory Period on Exercise Capacity in Top-Level Female Footballers. Frontiers in Nutrition, 2020, 7, 43.	3.7	9
90	The Muscle Carnosine Response to Beta-Alanine Supplementation: A Systematic Review With Bayesian Individual and Aggregate Data E-Max Model and Meta-Analysis. Frontiers in Physiology, 2020, 11, 913.	2.8	19

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91	Immunological Implications of Physical Inactivity among Older Adults during the COVID-19 Pandemic. Gerontology, 2020, 66, 431-438.	2.8	87
92	Insulin does not stimulate Î²-alanine transport into human skeletal muscle. American Journal of Physiology - Cell Physiology, 2020, 318, C777-C786.	4.6	8
93	A randomized controlled trial to reduce sedentary time in rheumatoid arthritis: protocol and rationale of the Take a STAND for Health study. Trials, 2020, 21, 171.	1.6	2
94	Combating physical inactivity during the COVID-19 pandemic. Nature Reviews Rheumatology, 2020, 16, 347-348.	8.0	116
95	Number of high-protein containing meals correlates with muscle mass in pre-frail and frail elderly. European Journal of Clinical Nutrition, 2020, 74, 1047-1053.	2.9	10
96	Is Open-Label Placebo a New Ergogenic Aid? A Commentary on Existing Studies and Guidelines for Future Research. Sports Medicine, 2020, 50, 1225-1229.	6.5	2
97	Low efficiency of Î²-alanine supplementation to increase muscle carnosine. Revista Brasileira De EducaÃ§Ã£o FÃsica E Esporte: RBEFE, 2020, 34, 357-364.	0.1	1
98	â€œIt is over there, next to that fat ladyâ€¦ a qualitative study of fat womenâ€™s own body perceptions and weight-related discriminations. Saude E Sociedade, 2020, 29, .	0.3	1
99	Exercise Training Improves Cardiac Autonomic Responses In Obese Women Undergoing Bariatric Surgery. Medicine and Science in Sports and Exercise, 2020, 52, 565-565.	0.4	0
100	Exercise Suppresses The Ubiquitin-proteasome System In The Skeletal Muscle Of Obese Women Following Bariatric Surgery. Medicine and Science in Sports and Exercise, 2020, 52, 642-642.	0.4	0
101	Beta-alanine supplementation improves isometric, but not isotonic or isokinetic strength endurance in recreationally strength-trained young men. Amino Acids, 2019, 51, 27-37.	2.7	11
102	Beyond muscle: the effects of creatine supplementation on brain creatine, cognitive processing, and traumatic brain injury. European Journal of Sport Science, 2019, 19, 1-14.	2.7	75
103	Exercise training attenuates insulin resistance and improves Î²-cell function in patients with systemic autoimmune myopathies: a pilot study. Clinical Rheumatology, 2019, 38, 3435-3442.	2.2	11
104	Effect of Î²-alanine supplementation during high-intensity interval training on repeated sprint ability performance and neuromuscular fatigue. Journal of Applied Physiology, 2019, 127, 1599-1610.	2.5	14
105	Impact of a Realâ€World Lifestyle Intervention in an Entire LatinÂAmerican City with More Than 50,000 People. Obesity, 2019, 27, 1967-1974.	3.0	4
106	Muscular Atrophy and Sarcopenia in the Elderly: Is There a Role for Creatine Supplementation?. Biomolecules, 2019, 9, 642.	4.0	30
107	Exercise Mitigates Bone Loss in Women With Severe Obesity After Roux-en-Y Gastric Bypass: A Randomized Controlled Trial. Journal of Clinical Endocrinology and Metabolism, 2019, 104, 4639-4650.	3.6	51
108	â€œI put it in my head that the supplement would help meâ€¦ Open-placebo improves exercise performance in female cyclists. PLoS ONE, 2019, 14, e0222982.	2.5	21

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109	Exercise-induced anti-inflammatory effects in overweight/obese women with polycystic ovary syndrome. Cytokine, 2019, 120, 66-70.	3.2	18
110	Comparative physiology investigations support a role for histidine-containing dipeptides in intracellular acidâ€“base regulation of skeletal muscle. Comparative Biochemistry and Physiology Part A, Molecular & Integrative Physiology, 2019, 234, 77-86.	1.8	27
111	Negligible Effects of Î²-Hydroxy-Î²-Methylbutyrate Free Acid and Calcium Salt on Strength and Hypertrophic Responses to Resistance Training: A Randomized, Placebo-Controlled Study. International Journal of Sport Nutrition and Exercise Metabolism, 2019, 29, 505-511.	2.1	7
112	Eating Pleasure in a Sample of Obese Brazilian Women: A Qualitative Report of an Interdisciplinary Intervention Based on the Health at Every Size Approach. Journal of the Academy of Nutrition and Dietetics, 2019, 119, 1470-1482.	0.8	7
113	A Systematic Risk Assessment and Meta-Analysis on the Use of Oral Î²-Alanine Supplementation. Advances in Nutrition, 2019, 10, 452-463.	6.4	33
114	Exercise Mitigates The Loss In Muscle Mass And Functionality In Obese Women Undergoing Bariatric Surgery. Medicine and Science in Sports and Exercise, 2019, 51, 418-419.	0.4	0
115	Does Exclusive Consumption of Plant-based Dietary Protein Impair Resistance Training-induced Muscle Adaptations?. Medicine and Science in Sports and Exercise, 2019, 51, 790-790.	0.4	0
116	Effects of Î²-alanine and sodium bicarbonate supplementation on the estimated energy system contribution during high-intensity intermittent exercise. Amino Acids, 2019, 51, 83-96.	2.7	22
117	Sympathetic Overactivity and Increased Cardiovascular Responses to Muscle Metaboreflex Activation in Postâ€menopausal Women with Rheumatoid Arthritis. FASEB Journal, 2019, 33, 696.13.	0.5	1
118	1928-P: GDF15 Protects against Insulin Resistance in Individuals with Type 2 Diabetes. Diabetes, 2019, 68, .	0.6	0
119	Feasibility, safety and efficacy of exercise training in immune-mediated necrotising myopathies: a quasi-experimental prospective study. Clinical and Experimental Rheumatology, 2019, 37, 235-241.	0.8	8
120	Benefits of Resistance Training with Blood Flow Restriction in Knee Osteoarthritis. Medicine and Science in Sports and Exercise, 2018, 50, 897-905.	0.4	128
121	Increased Insulin Resistance and Glucagon Levels in Mild/Inactive Systemic Lupus Erythematosus Patients Despite Normal Glucose Tolerance. Arthritis Care and Research, 2018, 70, 114-124.	3.4	25
122	Effects of health at every sizeÂ® interventions on healthâ€related outcomes of people with overweight and obesity: a systematic review. Obesity Reviews, 2018, 19, 1659-1666.	6.5	58
123	A Comparative Study of Hummingbirds and Chickens Provides Mechanistic Insight on the Histidine Containing Dipeptide Role in Skeletal Muscle Metabolism. Scientific Reports, 2018, 8, 14788.	3.3	26
124	High-Intensity Interval Training Augments Muscle Carnosine in the Absence of Dietary Beta-alanine Intake. Medicine and Science in Sports and Exercise, 2018, 50, 2242-2252.	0.4	26
125	Effect of rapid weight loss and glutamine supplementation on immunosuppression of combat athletes: a double-blind, placebo-controlled study. Journal of Exercise Rehabilitation, 2018, 14, 83-92.	1.0	7
126	Tackling Youth Inactivity and Sedentary Behavior in an Entire Latin America City. Frontiers in Pediatrics, 2018, 6, 298.	1.9	5

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127	Reversal of Improved Endothelial Function After Bariatric Surgery Is Mitigated by ExerciseÂTraining. Journal of the American College of Cardiology, 2018, 72, 2278-2279.	2.8	21
128	Chronic (24 weeks) Beta-alanine Supplementation Does Not Affect Muscle Taurine Or Blood Clinical Chemistry. Medicine and Science in Sports and Exercise, 2018, 50, 590.	0.4	2
129	Prescribed Versus Preferred Intensity Resistance Exercise in Fibromyalgia Pain. Frontiers in Physiology, 2018, 9, 1097.	2.8	20
130	Omega-3 Fatty Acid Supplementation Improves Endothelial Function in Primary Antiphospholipid Syndrome: A Small-Scale Randomized Double-Blind Placebo-Controlled Trial. Frontiers in Immunology, 2018, 9, 336.	4.8	14
131	Exercise Increases Insulin Sensitivity and Skeletal Muscle AMPK Expression in Systemic Lupus Erythematosus: A Randomized Controlled Trial. Frontiers in Immunology, 2018, 9, 906.	4.8	22
132	A Statistical Framework to Interpret Individual Response to Intervention: Paving the Way for Personalized Nutrition and Exercise Prescription. Frontiers in Nutrition, 2018, 5, 41.	3.7	134
133	Effects of a new intervention based on the Health at Every Size approach for the management of obesity: The â€œHealth and Wellness in Obesityâ€•study. PLoS ONE, 2018, 13, e0198401.	2.5	19
134	Exercise and Î²-alanine supplementation on carnosine-acrolein adduct in skeletal muscle. Redox Biology, 2018, 18, 222-228.	9.0	35
135	Aerobic training modulates salience network and default mode network metabolism in subjects with mild cognitive impairment. NeuroImage: Clinical, 2018, 19, 616-624.	2.7	6
136	Chronotropic Incompetence and Reduced Heart Rate Recovery in Rheumatoid Arthritis. Journal of Clinical Rheumatology, 2018, 24, 375-380.	0.9	9
137	Effects Of Exercise Training On Strength And Functionality In Obese Subjects Undergoing Bariatric Surgery. Medicine and Science in Sports and Exercise, 2018, 50, 609.	0.4	0
138	Optimising Sodium Bicarbonate Supplementation. Medicine and Science in Sports and Exercise, 2018, 50, 595.	0.4	0
139	Acute exercise elicits differential expression of insulin resistance genes in the skeletal muscle of patients with polycystic ovary syndrome. Clinical Endocrinology, 2017, 86, 688-697.	2.4	19
140	Pneumatic Compression, But Not Exercise, Can Avoid Intradialytic Hypotension: A Randomized Trial. American Journal of Nephrology, 2017, 45, 409-416.	3.1	13
141	Twenty-four Weeks of Î²-Alanine Supplementation on Carnosine Content, Related Genes, and Exercise. Medicine and Science in Sports and Exercise, 2017, 49, 896-906.	0.4	66
142	Dispelling the myth that habitual caffeine consumption influences the performance response to acute caffeine supplementation. Journal of Applied Physiology, 2017, 123, 213-220.	2.5	128
143	Physical inactivity and sedentary behavior: Overlooked risk factors in autoimmune rheumatic diseases?. Autoimmunity Reviews, 2017, 16, 667-674.	5.8	64
144	Acute exercise does not impair renal function in nondialysis chronic kidney disease patients regardless of disease stage. American Journal of Physiology - Renal Physiology, 2017, 313, F547-F552.	2.7	11

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145	Physical activity for paediatric rheumatic diseases: standing up against old paradigms. Nature Reviews Rheumatology, 2017, 13, 368-379.	8.0	48
146	Effect of age, diet, and tissue type on PCr response to creatine supplementation. Journal of Applied Physiology, 2017, 123, 407-414.	2.5	36
147	Î²-alanine Supplementation To Improve Exercise Capacity And Performance. Medicine and Science in Sports and Exercise, 2017, 49, 84.	0.4	1
148	Î²-alanine supplementation to improve exercise capacity and performance: a systematic review and meta-analysis. British Journal of Sports Medicine, 2017, 51, 658-669.	6.7	193
149	The design and rationale of an interdisciplinary, non-prescriptive, and Health at Every SizeÂ®-based clinical trial: The â€œHealth and Wellness in Obesityâ€•study. Nutrition and Health, 2017, 23, 261-270.	1.5	7
150	Different protein and derivatives supplementation strategies combined with resistance training in pre-frail and frail elderly: Rationale and protocol for the â€œPro-Elderlyâ€•Study. Nutrition and Health, 2017, 23, 251-260.	1.5	7
151	Twenty-four Weeks Of Beta-alanine Supplementation Increases Muscle Carnosine Content Despite Downregulation Of Beta-alanine Transporter Expression. Medicine and Science in Sports and Exercise, 2017, 49, 85.	0.4	1
152	Objectively measured physical activity and its influence on physical capacity and clinical parameters in patients with primary SjÃ¶grenâ€™s syndrome. Lupus, 2017, 26, 690-697.	1.6	18
153	Exercise in Takayasu Arteritis: Effects on Inflammatory and Angiogenic Factors and Diseaseâ€Related Symptoms. Arthritis Care and Research, 2017, 69, 892-902.	3.4	17
154	Beta-alanine supplementation enhances judo-related performance in highly-trained athletes. Journal of Science and Medicine in Sport, 2017, 20, 403-408.	1.3	37
155	Does brain creatine content rely on exogenous creatine in healthy youth? A proof-of-principle study. Applied Physiology, Nutrition and Metabolism, 2017, 42, 128-134.	1.9	22
156	Chronic lactate supplementation does not improve blood buffering capacity and repeated highâ€intensity exercise. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 1231-1239.	2.9	22
157	Placebo in sports nutrition: a proofâ€ofâ€principle study involving caffeine supplementation. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 1240-1247.	2.9	137
158	Editorial. Nutrition and Health, 2017, 23, 213-213.	1.5	0
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